

Superfluidity (in compact stars)

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Outline

● **Superfluids**

● **Compact stars**

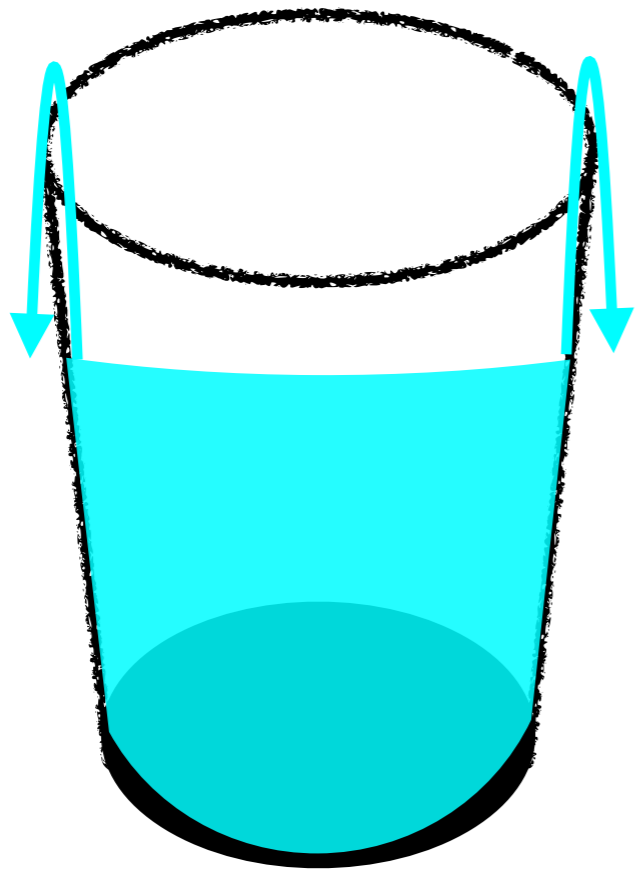
● **Emulations**

● **Glitches**

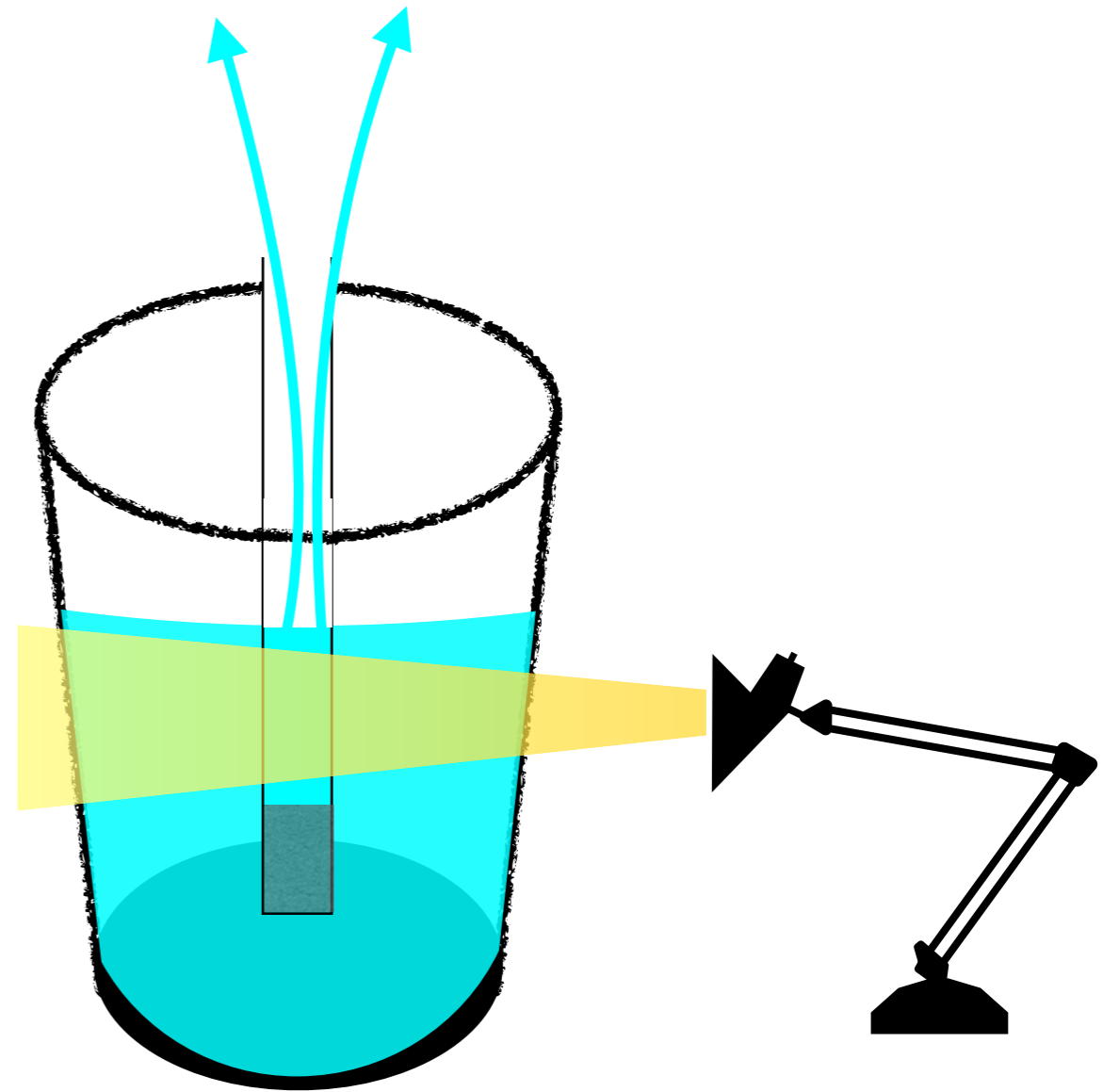
● **Conclusions**

Superfluids

A fluid with superpowers



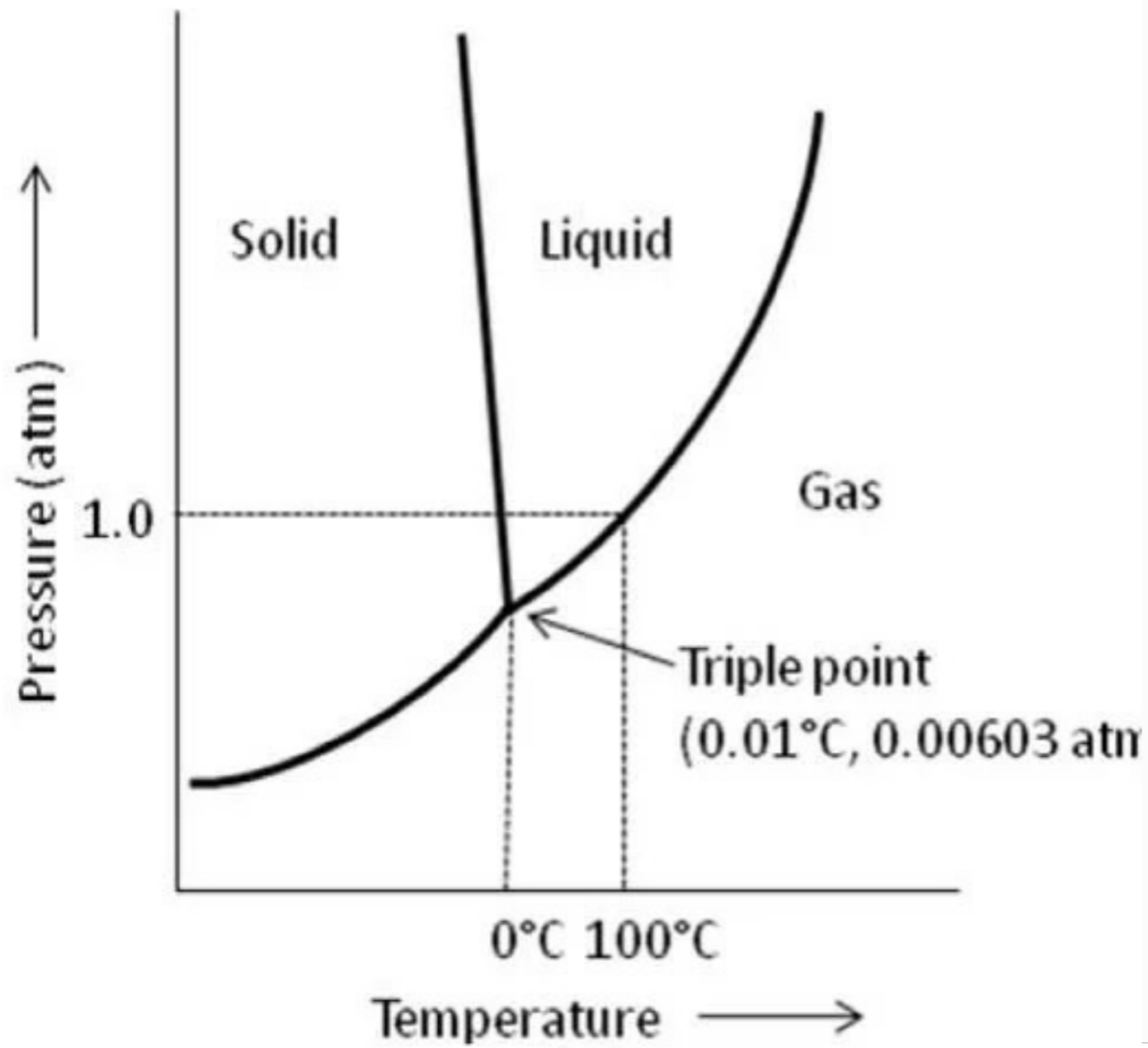
Climbing power



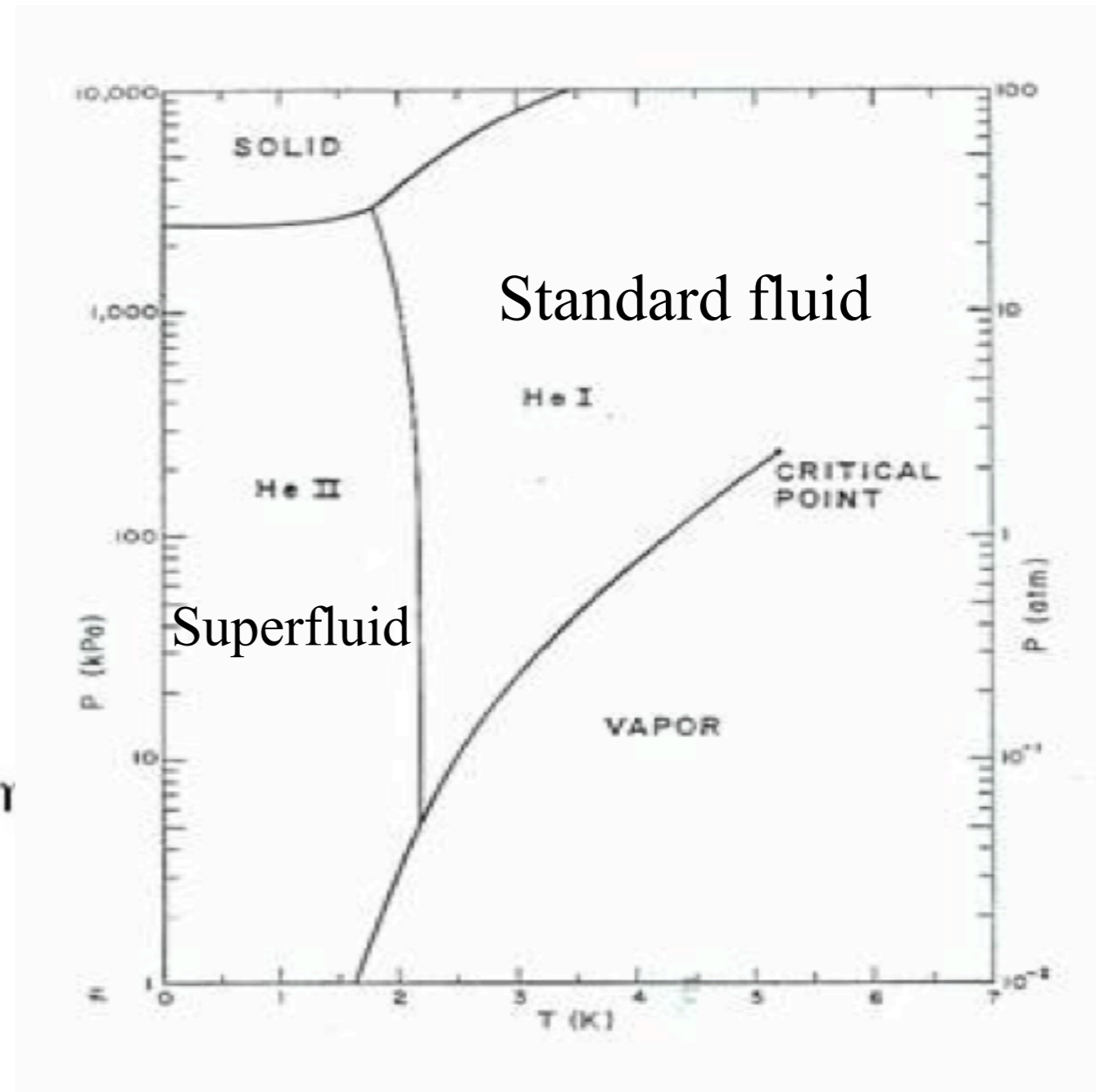
Flying power

Phase diagram

WATER



⁴He



What is a superfluid?

“A fluid that flows with no viscosity”

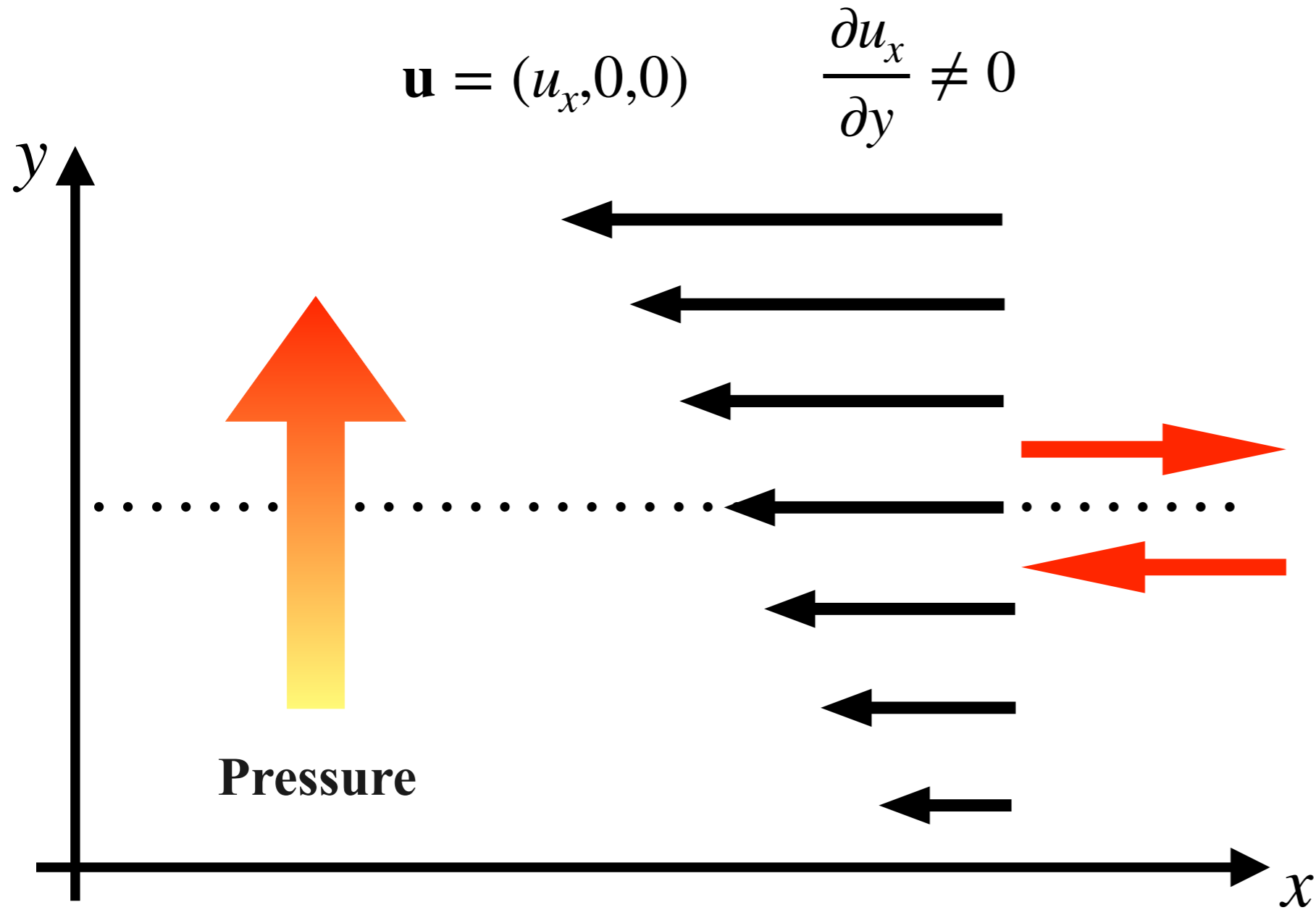
What is viscosity?

- Measures fluid's resistance to movement
- Measures how “sticky” is a fluid

A good fluid has by definition low viscosity.

However, a fluid with zero viscosity does not stick at all: it becomes dry

Shear viscosity

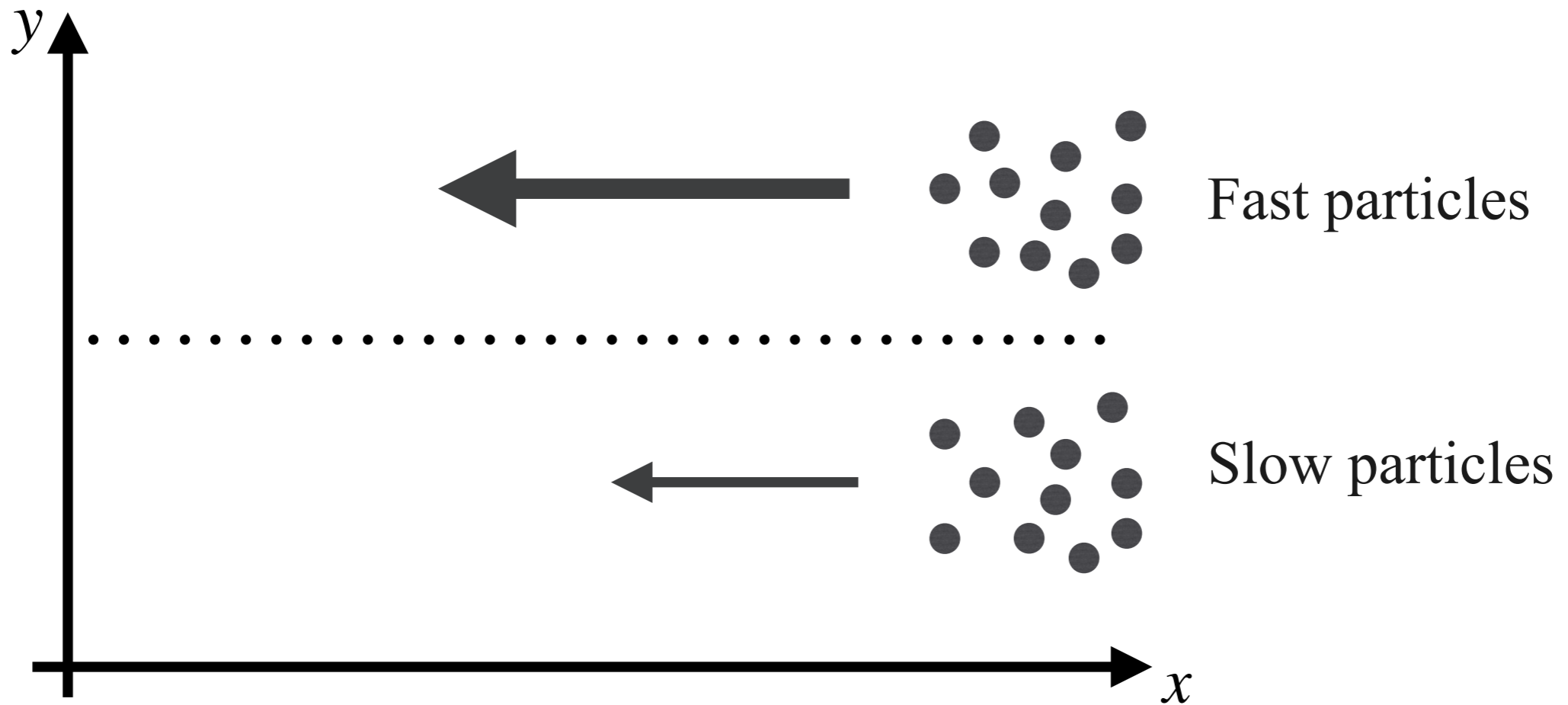


$$F = \left| \nu \frac{\partial u_x}{\partial y} \right|$$

shear viscosity coefficient

Unstable hydrodynamic configuration

Microscopic



Diffusion tends to isotropize the flow

Double role of interactions:

- **Needed to scatter particles between the two layers: produce viscosity**
- **Strong interactions reduce the mean free path: reduce viscosity**

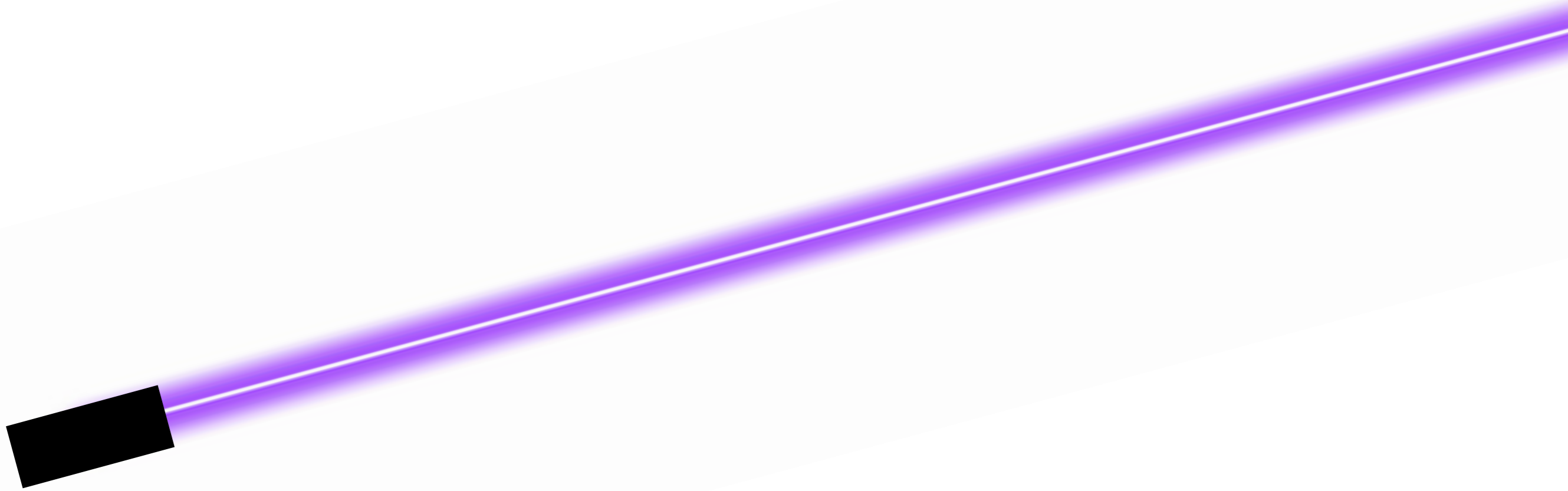
“A fluid that flows with no viscosity”

It has infinite scattering length... or zero scattering length?

In any case the fundamental role is played by excitations

In a superfluid there are very few excitations

Consider a laser beam in vacuum



Photons do not scatter: no shear viscosity

It is not a superfluid, because it actually does not flow

Superfluid property



$$E = \frac{1}{2}Mv^2$$

Energy of the fluid **no** excitations - lab frame

$$\epsilon \equiv \epsilon(p)$$

Excitation energy - comoving frame

$$E = \frac{1}{2}Mv^2 + \epsilon + \mathbf{p} \cdot \mathbf{v}$$

Energy of the fluid **with** one excitation - lab frame

Excitations appear if $\epsilon + \mathbf{p} \cdot \mathbf{v} < 0 \longrightarrow \epsilon - pv < 0$

Superfluid condition $v < v_{\text{cr}} = \text{Min} \frac{\epsilon(p)}{p}$

Landau's criterion: $\text{Min} \frac{\epsilon(p)}{p} \neq 0$

Which system has this property?

Consider a system with a global $U(1)$ symmetry

Spontaneous symmetry breaking
Nambu Goldstone boson (NGB)

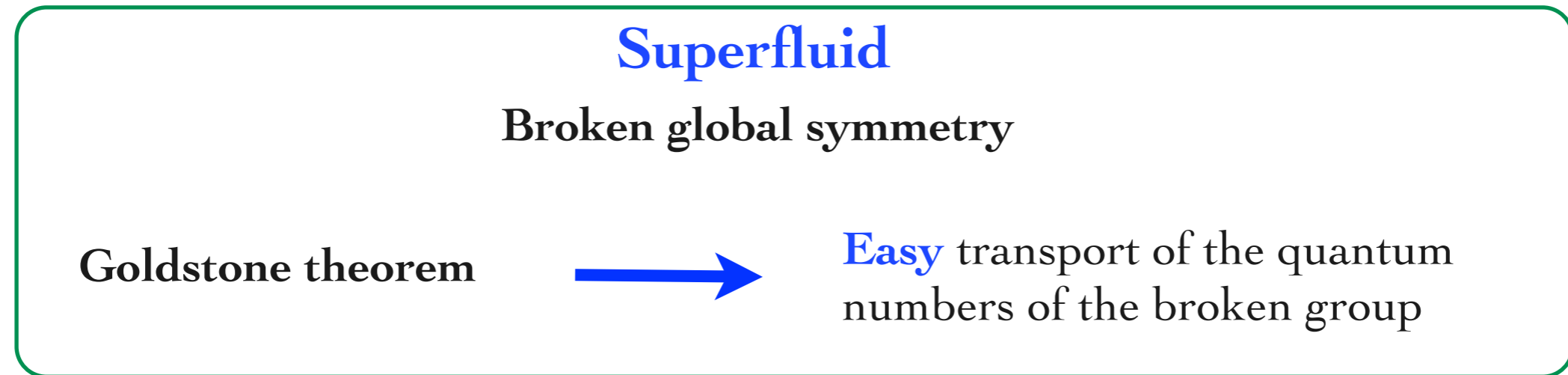
$$\epsilon = c_s p$$



$$\text{Min} \frac{\epsilon(p)}{p} = c_s$$

speed of sound!

SSB and superfluidity



At sufficiently low T a macroscopic quantum state!

Does it always work?

Does the Goldstone theorem always imply a linear dispersion law?

Counter-example: Ferromagnets

Magnons are NGBs with dispersion law $\epsilon \propto p^2$



$$\text{Min} \frac{\epsilon(p)}{p} = 0$$

They are not superfluids!

Restrictions:

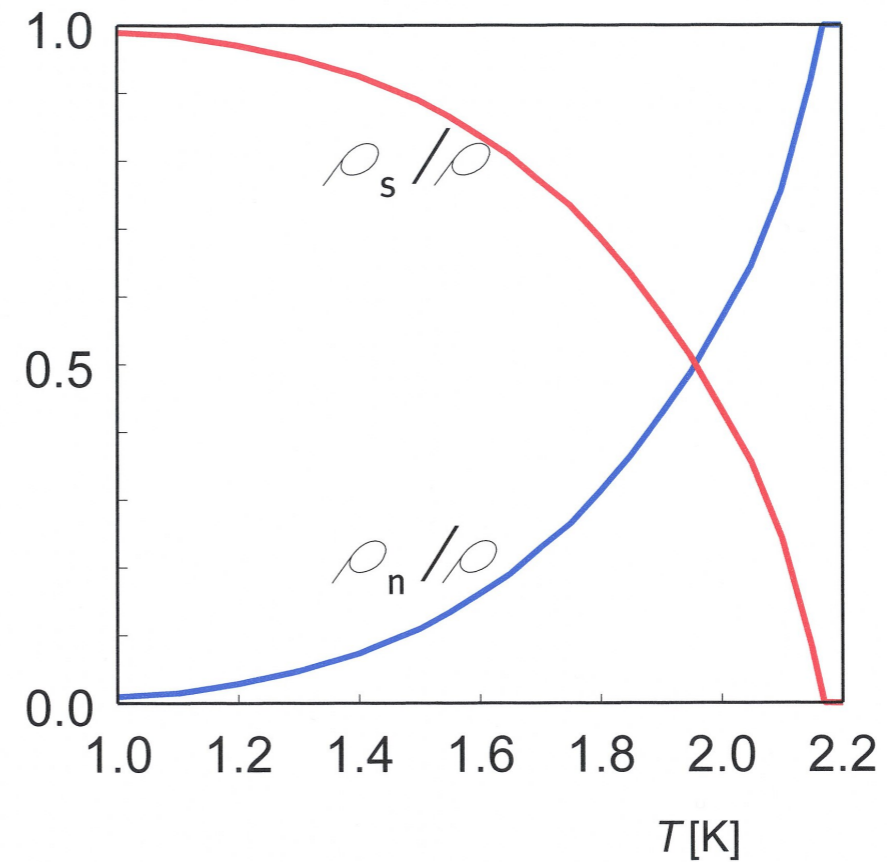
On How to Count Goldstone Bosons

H.B. Nielsen and S. Chadha

Nucl.Phys.B 105 (1976) 445-453

Landau - Tisza two fluid model

At $T \neq 0$ hydrodynamic
two components description



Superfluid component

Vanishing viscosity
Vanishing entropy

Coherent fluid

“Separable”
by a superleak

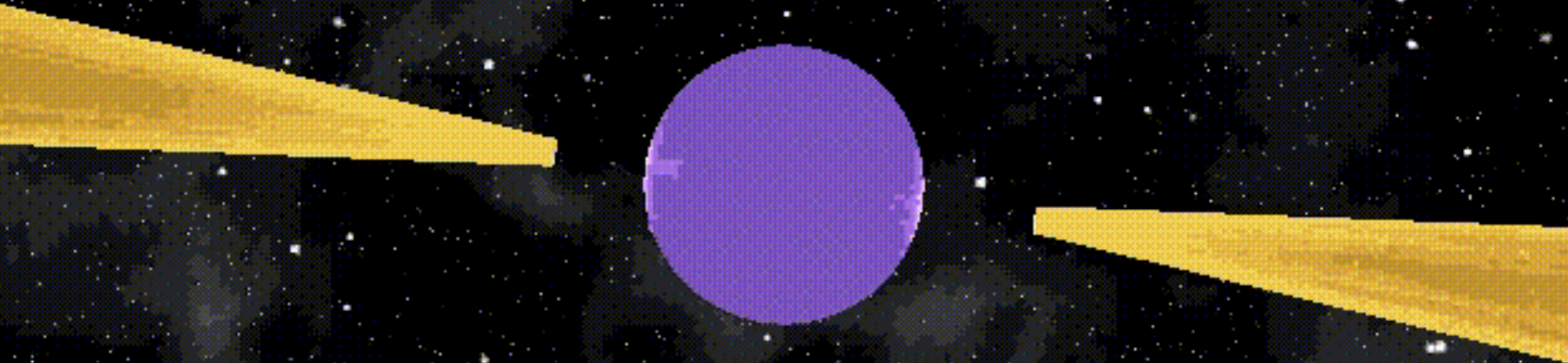
Normal component

Non-vanishing viscosity
Non-vanishing entropy

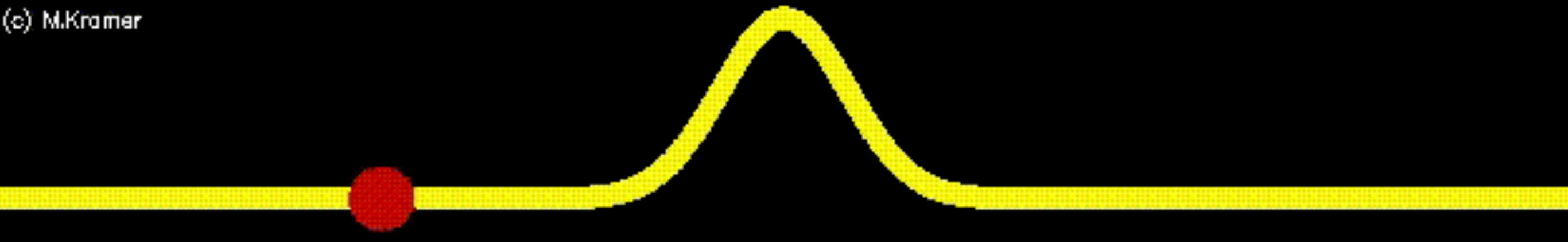
Excitations

Rotation

How we see Neutron Stars

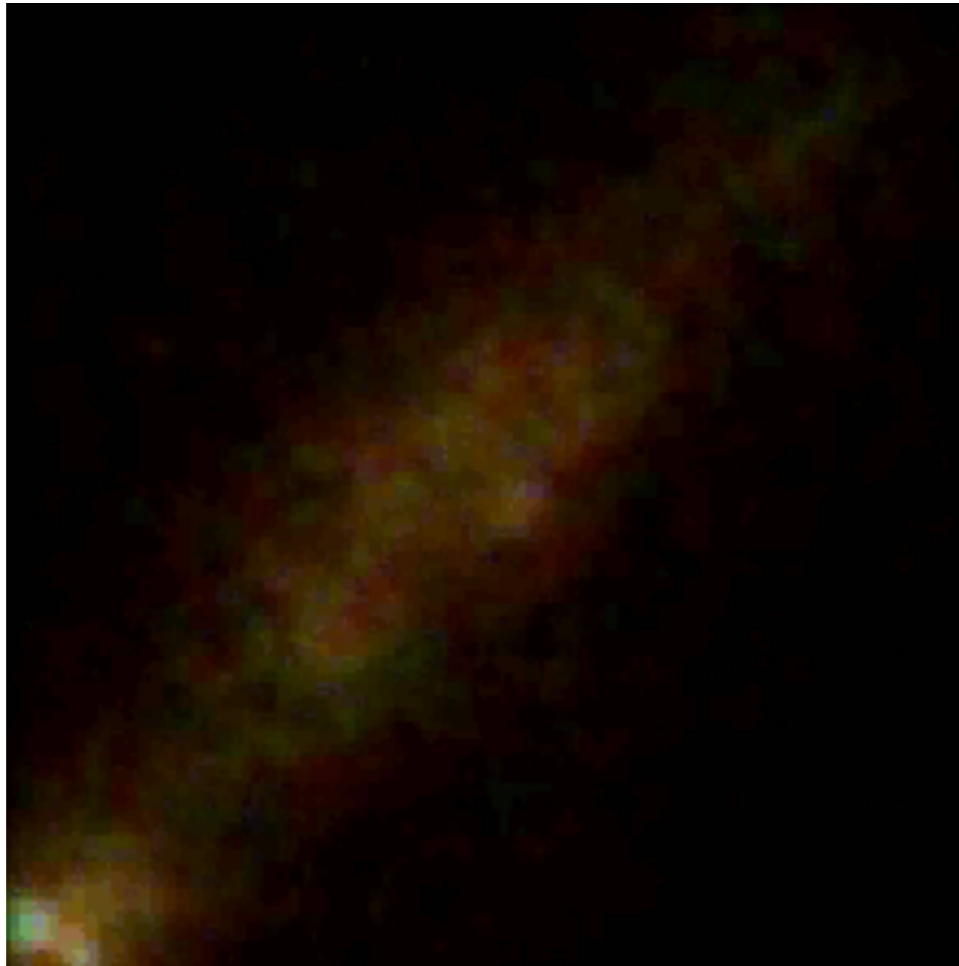


(c) M.Kramer



Pulsars

Vela



PSR B0329

P~0.7s

Vela

P~89ms

Crab

P~33ms

PSR J1748 –2446ad

P~1.4ms

[Goddard Space Flight Center](#)



Centrifuge 1600 rounds/minute ~ 30 rounds/s thus P~33 ms



Ferrari engine: P~3.16 ms

Spin down

Neutron stars lose angular momentum by photon emission

The process is **extremely** slow

$$\dot{P} \sim 10^{-22} - 10^{-9} \text{ s s}^{-1}$$

loses 10^{-13} seconds per century

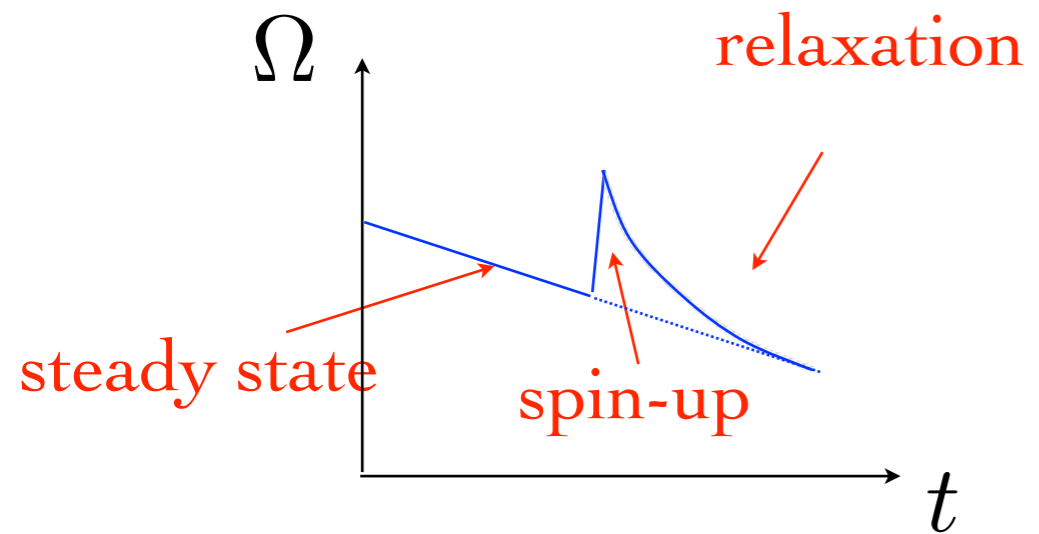
loses one second per century

One century $\sim 10^9 \text{ s}$

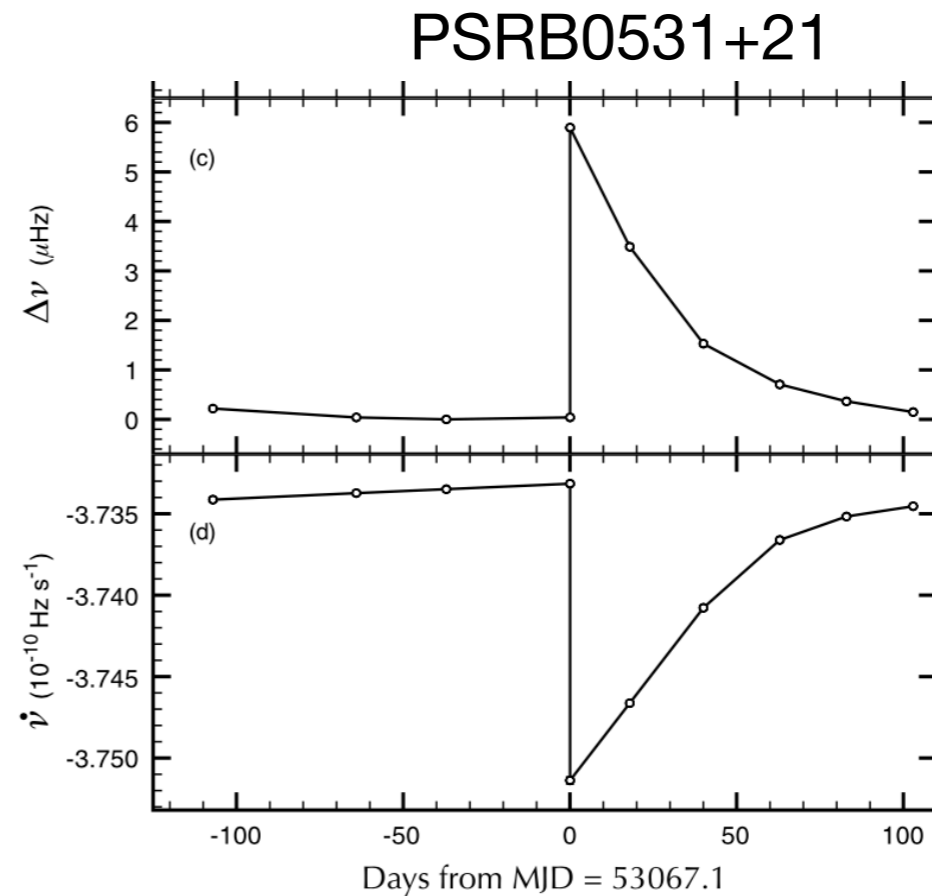
Glitches

Sudden speed-up in the rotational frequency

1. They occur without warning
2. Large variety of time scales



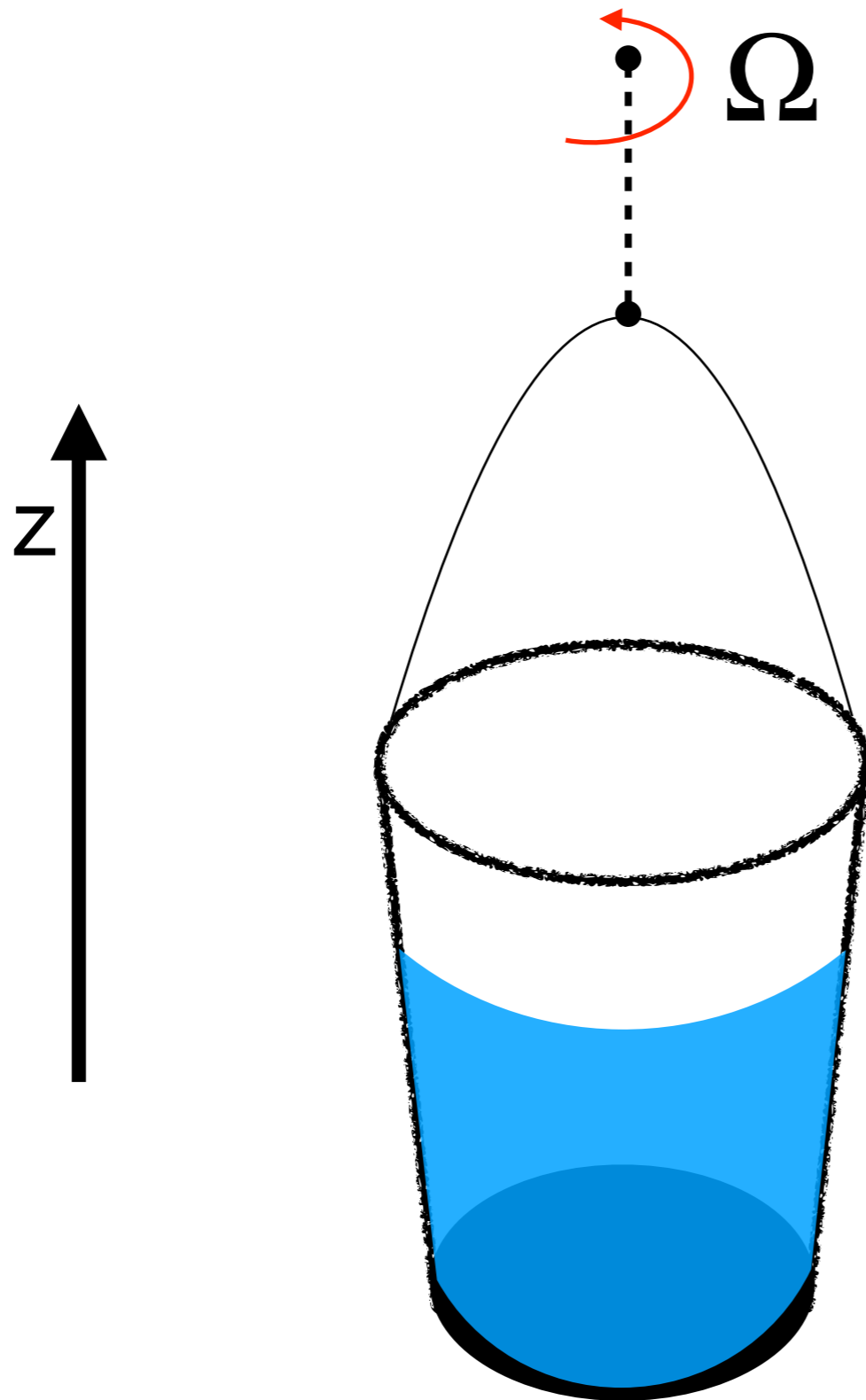
$$\Delta\Omega/\Omega \sim 10^{-12} - 10^{-3}$$



Espinoza et al., Mon. Not. R. Astron. Soc. 414, 1679–1704 (2011)

Rotating superfluid

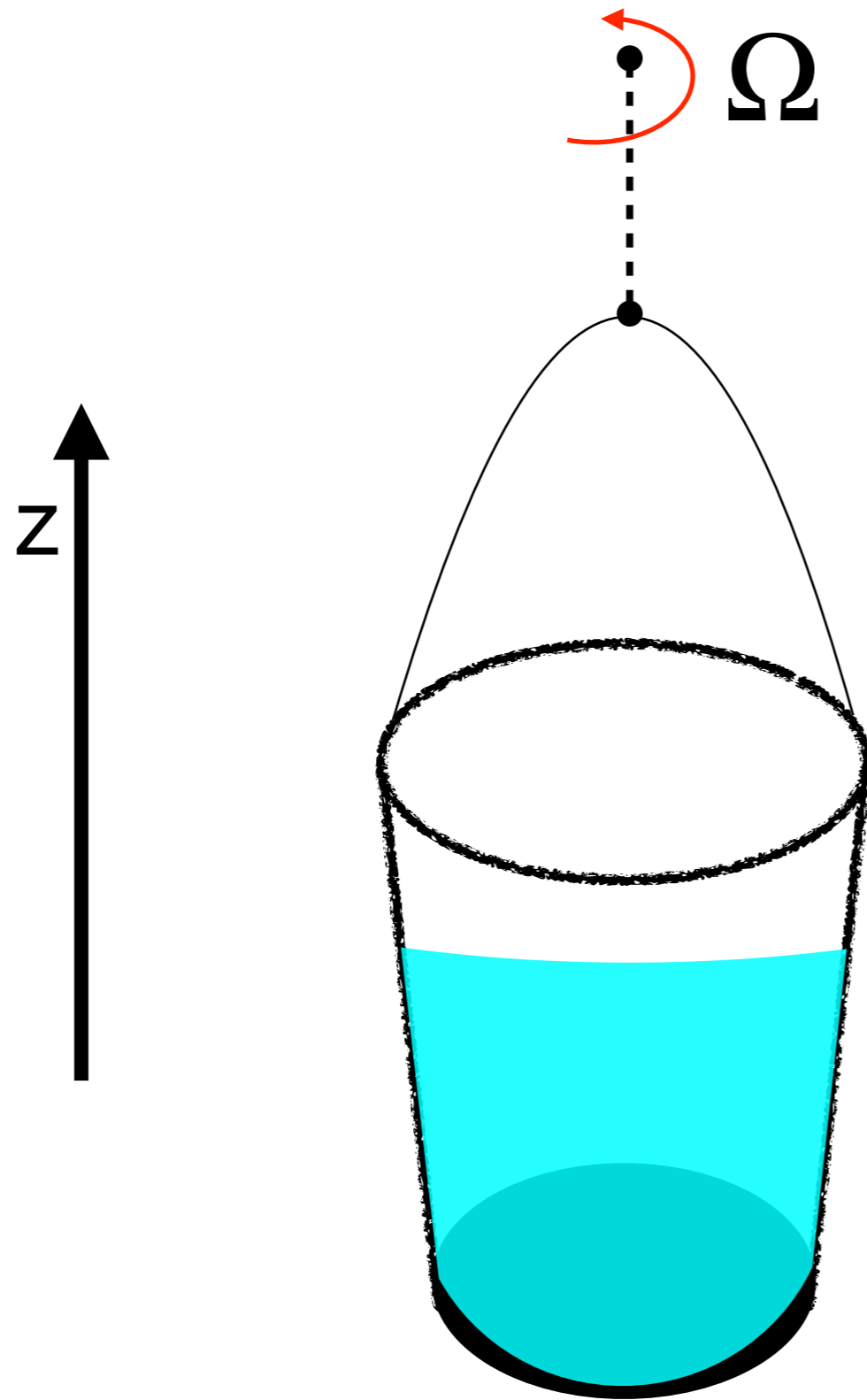
Rotating fluid



$$z_s = \frac{1}{2g} \Omega^2 r^2$$

$$L_z = I \Omega$$

Rotating superfluid

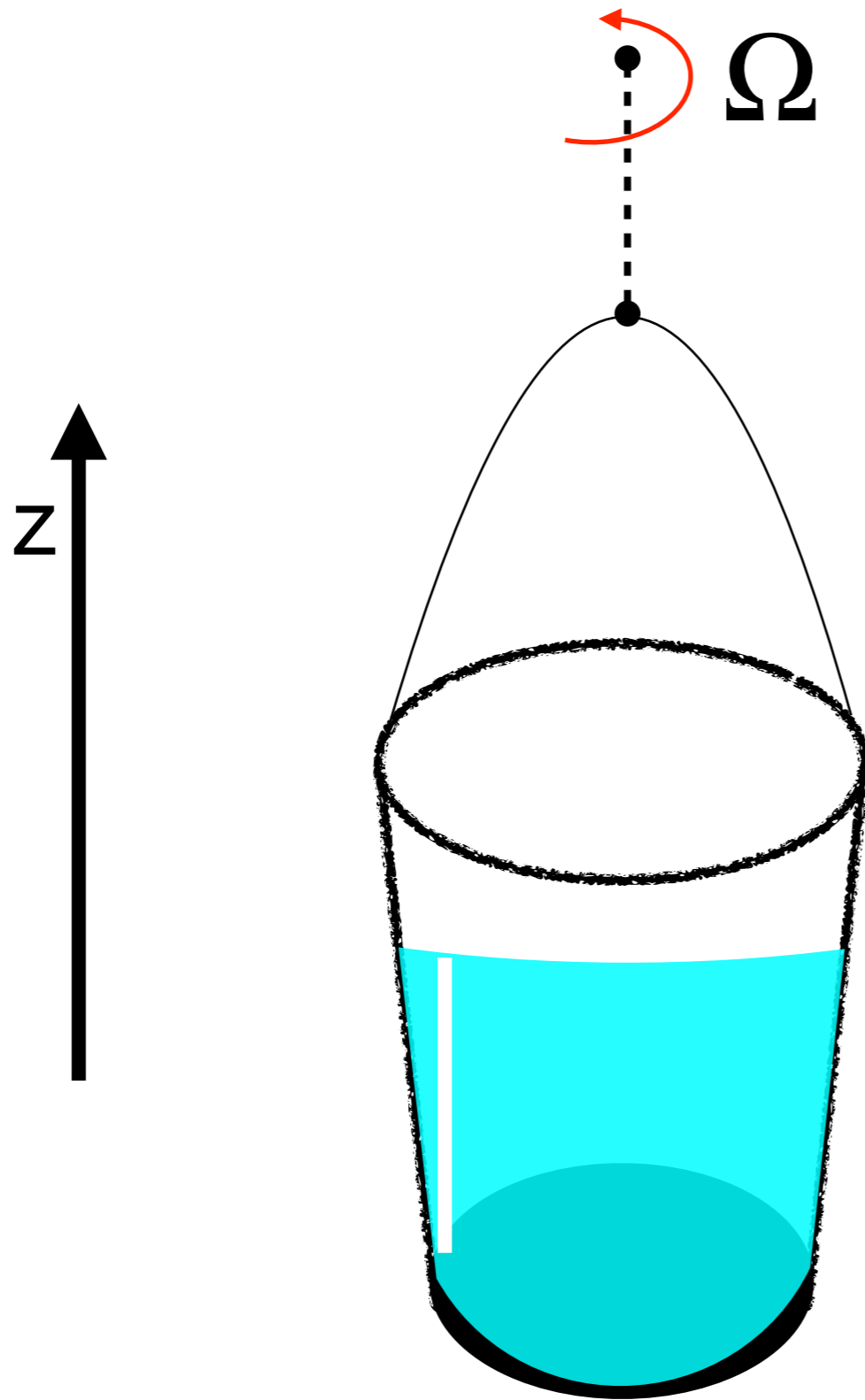


$$\Omega < \Omega_c$$

$$z_s = 0$$

$$L_z = 0$$

Rotating superfluid

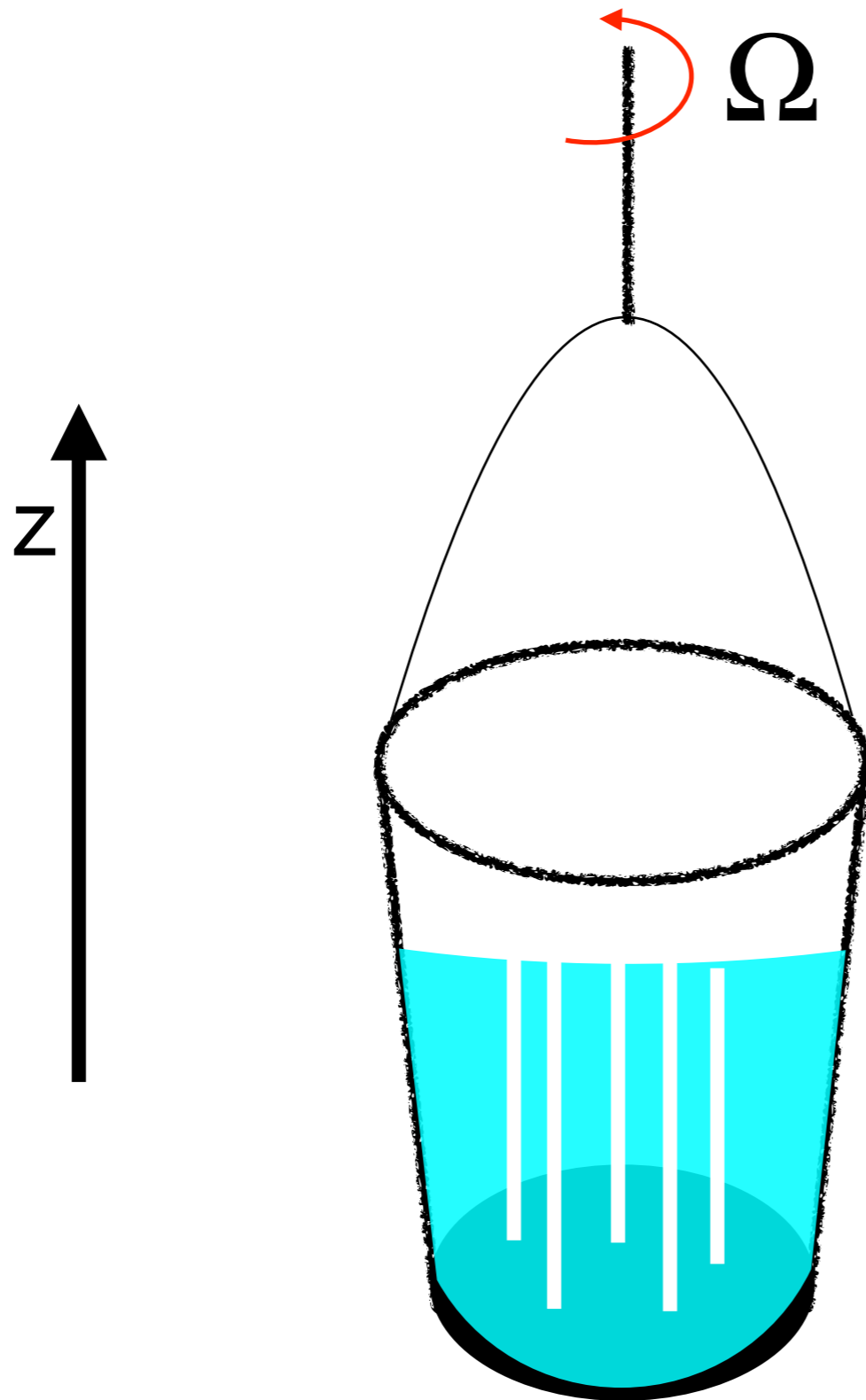


$$\Omega \gtrsim \Omega_c$$

$$z_s \approx 0$$

$$L_z \approx N\hbar$$

Rotating superfluid



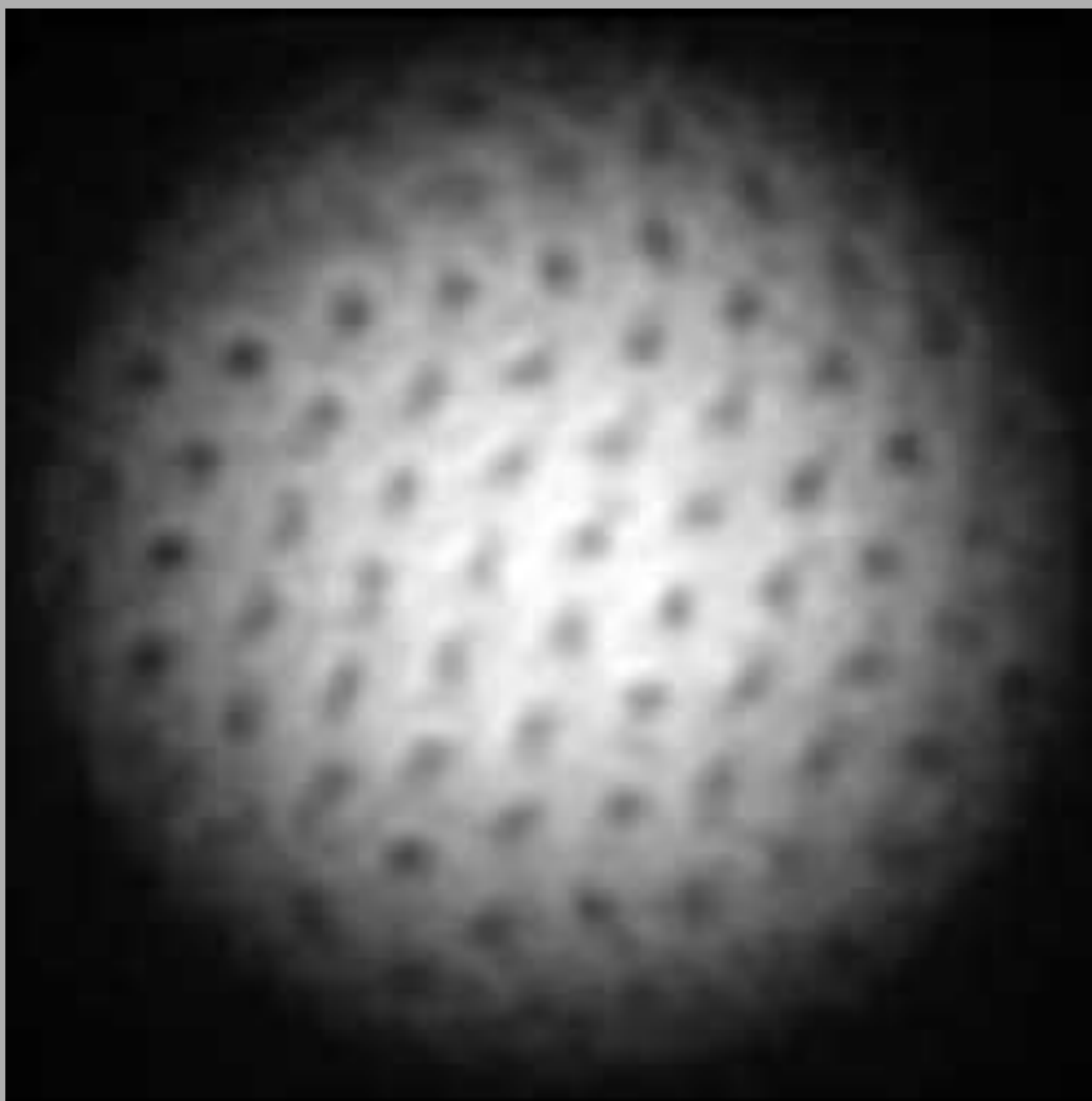
$$\Omega \gg \Omega_c$$

$$z_s \simeq 0$$

$$L_z \simeq nN\hbar$$

total winding number

vortices rotate with angular velocity Ω



Rotation to characterize superfluids

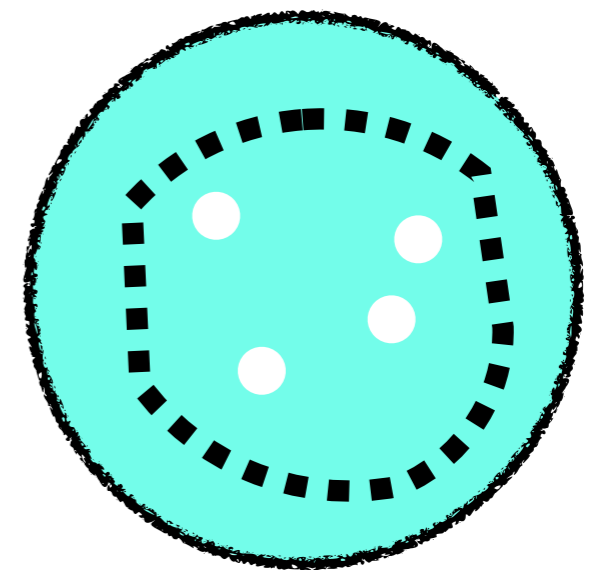
A superfluid is irrotational: $\mathbf{v} = \frac{\nabla \varphi}{m}$

Almost everywhere $\nabla \times \mathbf{v} = \mathbf{0}$

It rotates when vortex singularities appear

$$\oint \mathbf{v} \cdot d\mathbf{l} = \frac{2\pi n}{m}$$

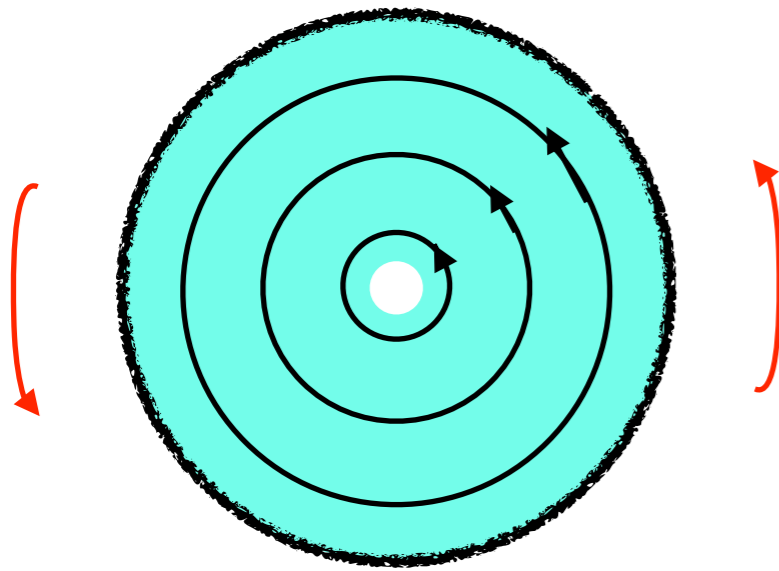
Cylinder top view



Angular momentum quantization

For simplicity: central vortex

CYLINDER TOP VIEW



Cylindrical coordinates (r, φ, z)

$$\rho \equiv \rho(r)$$

$$\mathbf{v} \equiv v \hat{\varphi}$$

Circulation quantization

$$\oint \mathbf{v} \cdot d\mathbf{l} = \frac{2\pi n}{m}$$

Continuity equation

$$\nabla \cdot (\rho \mathbf{v}) = 0$$

Angular momentum quantization

Circulation quantization

$$\oint \mathbf{v} \cdot d\mathbf{l} = \frac{2\pi n}{m}$$

Stoke's theorem

$$\oint \mathbf{v} \cdot d\mathbf{l} = \int (\nabla \times \mathbf{v}) \cdot d\mathbf{S} \qquad \int (\nabla \times \mathbf{v}) \cdot d\mathbf{S} = \frac{2\pi n}{m}$$

$$(\nabla \times \mathbf{v})_z = \frac{2\pi n}{m} \delta^2(\mathbf{r})$$

Angular momentum quantization

Continuity equation

$$\nabla \cdot (\rho \mathbf{v}) = 0$$



$$\mathbf{v} \cdot \nabla \rho + \rho \nabla \cdot \mathbf{v} = 0$$

Cylindrical coordinates. (r, φ, z)

$$\rho \equiv \rho(r)$$

$$\mathbf{v} \equiv v \hat{\varphi}$$

$$\mathbf{v} \cdot \nabla \rho = 0$$



$$\nabla \cdot \mathbf{v} = 0$$

$$\mathbf{v} = \nabla \times \mathbf{w}$$

$$\mathbf{w} = (0, 0, w)$$

$$w \equiv w(r)$$

Angular momentum quantization

$$(\nabla \times \mathbf{v})_z = \frac{2\pi n}{m} \delta^2(\mathbf{r})$$

$$\mathbf{w} = (0, 0, w)$$

$$\mathbf{v} = \nabla \times \mathbf{w}$$

$$w \equiv w(r)$$

$$\nabla \times (\nabla \times \mathbf{w}) = \nabla(\nabla \cdot \mathbf{w}) - \nabla^2 \mathbf{w}$$

$$\nabla \cdot \mathbf{w} = 0$$

$$\nabla^2 w = -\frac{2\pi n}{m} \delta^2(\mathbf{r})$$

$$w = -\frac{n}{m} \log r$$

$$\mathbf{v} = \frac{n\hbar}{mr} \hat{\phi}$$

Angular momentum quantization

$$\mathbf{v} = \frac{n\hbar}{mr} \hat{\phi} \qquad L_z = \int \rho(\mathbf{r} \times \mathbf{v})_z dV = \int \rho r v_\phi dV$$

$$L_z = \int \rho r v_\phi dV = \frac{n\hbar}{m} \int \rho dV = nN\hbar$$

The state with $n = 1$ is energetically favored $L_z = N\hbar$

Superfluid

Irrespective of its position, every particle contributes with \hbar to the total angular momentum

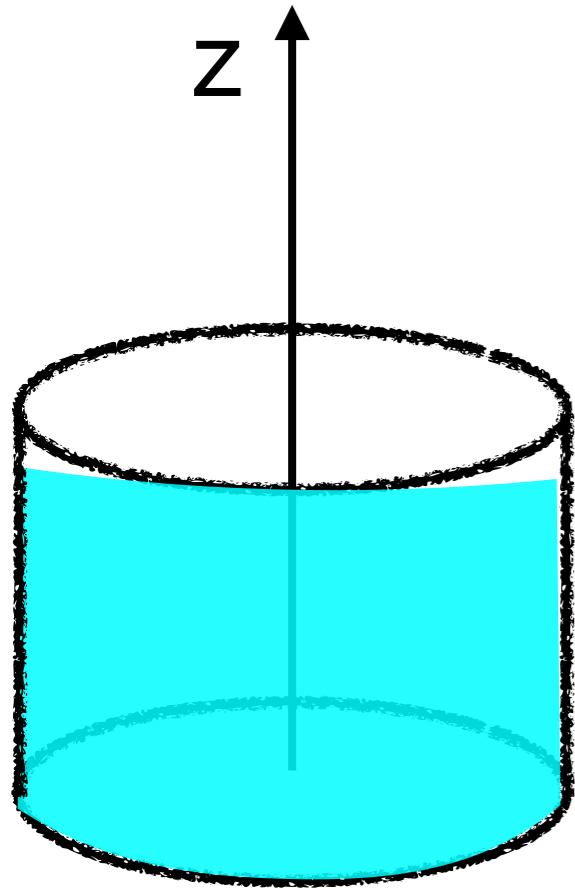
Superfluid

When stirred does not rotate, unless quantized vortices are created.

In that case each particle carries angular momentum \hbar

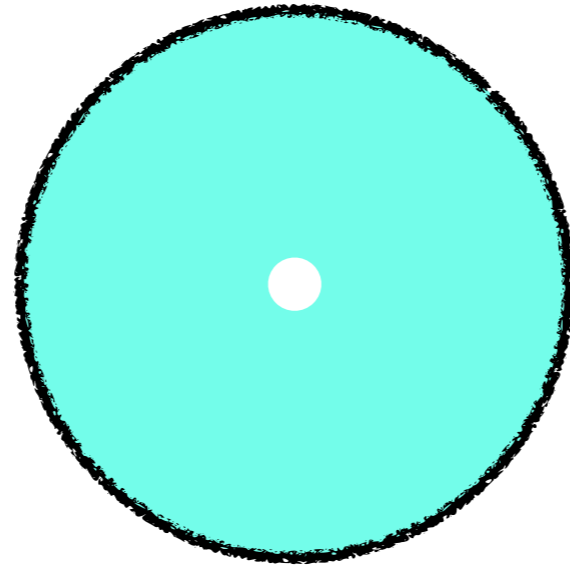
It almost works

Rotating deformed supefluid

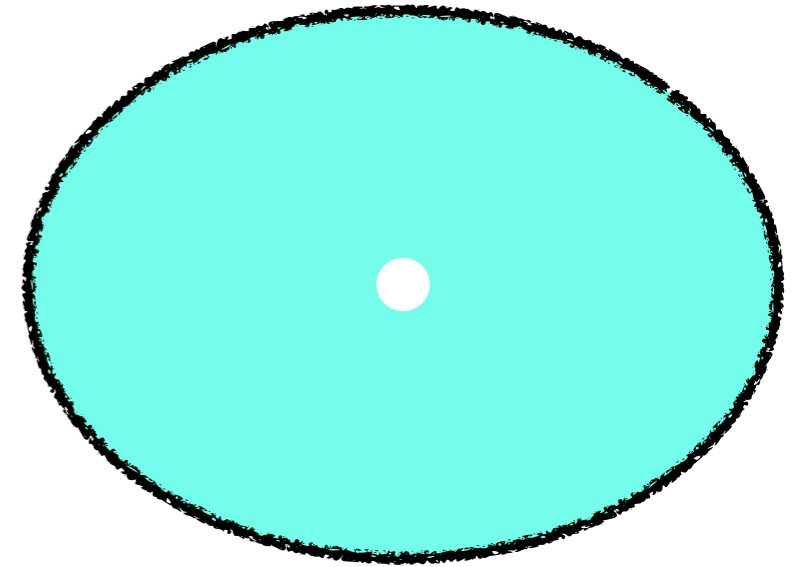


TOP VIEW

cylinder



elliptic cylinder



$$\Omega < \Omega_c$$

$$L_z = 0$$

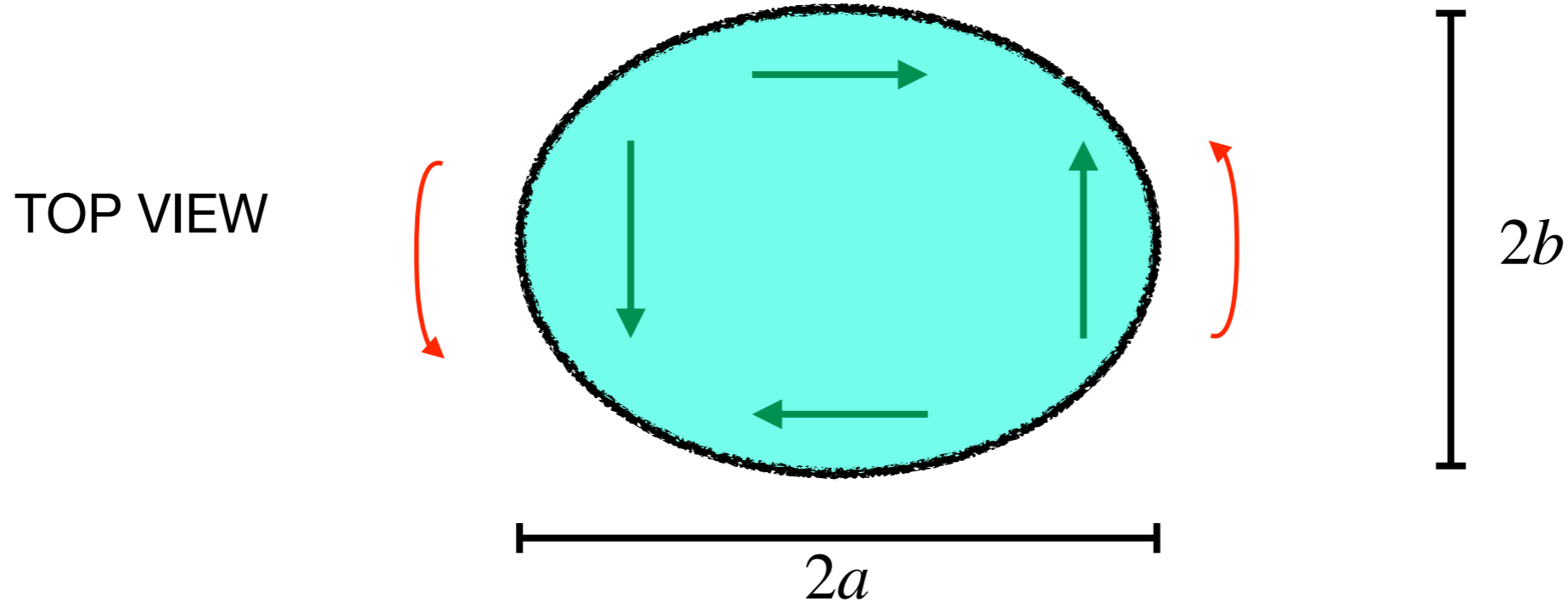
$$L_z = I_s \Omega$$

$$\Omega \gtrsim \Omega_c$$

$$L_z \simeq N\hbar$$

$$L_z \simeq I_s \Omega + N\hbar$$

Elliptic cylinder



$$\Omega < \Omega_c \quad \oint \mathbf{v} \cdot d\mathbf{l} = 0 \quad \nabla \times \mathbf{v} = \mathbf{0} \quad \text{everywhere}$$

It rotates, but it is irrotational: counterflow is present!

$$L_z \simeq I_s \Omega \quad I_s = \alpha I_{RB} \quad \alpha = \left(\frac{a^2 - b^2}{a^2 + b^2} \right)^2$$

$$\Omega \gtrsim \Omega_c \quad L_z \simeq I_s \Omega + N\hbar$$

Superfluid effective definition

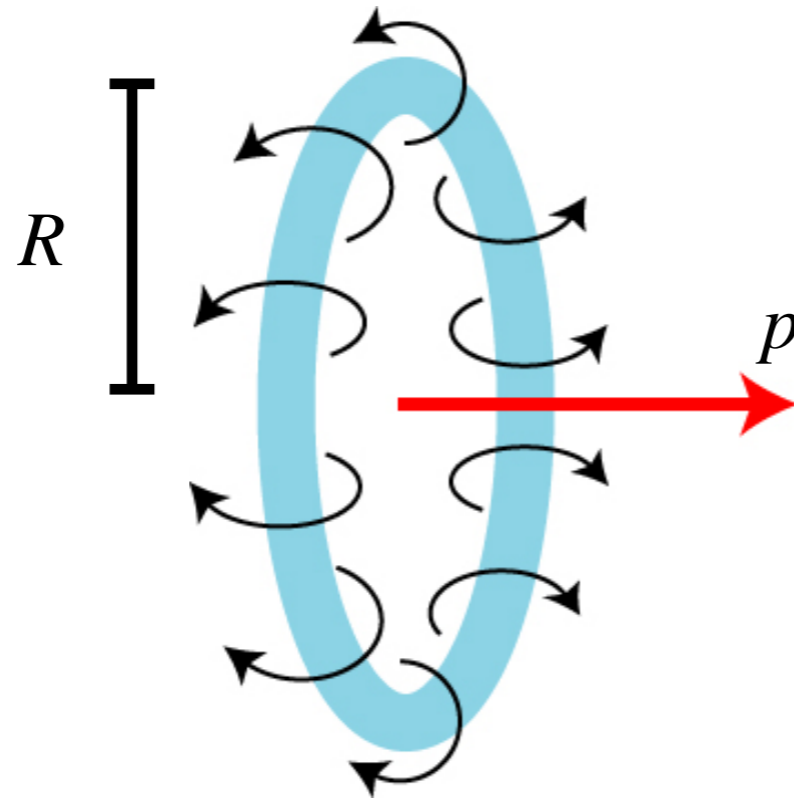
When stirred can host quantized vortices

Vortex induces $\sim \hbar$ angular momentum change per particle

Critical velocity

The estimate $v = c_s$ too optimistic: other low energy excitations may exist

Vortex rings



$$\epsilon = \frac{2\pi^2 \rho^2 R}{m^2} \log R$$

$$p = \frac{2\pi^2 \rho R^2}{m}$$

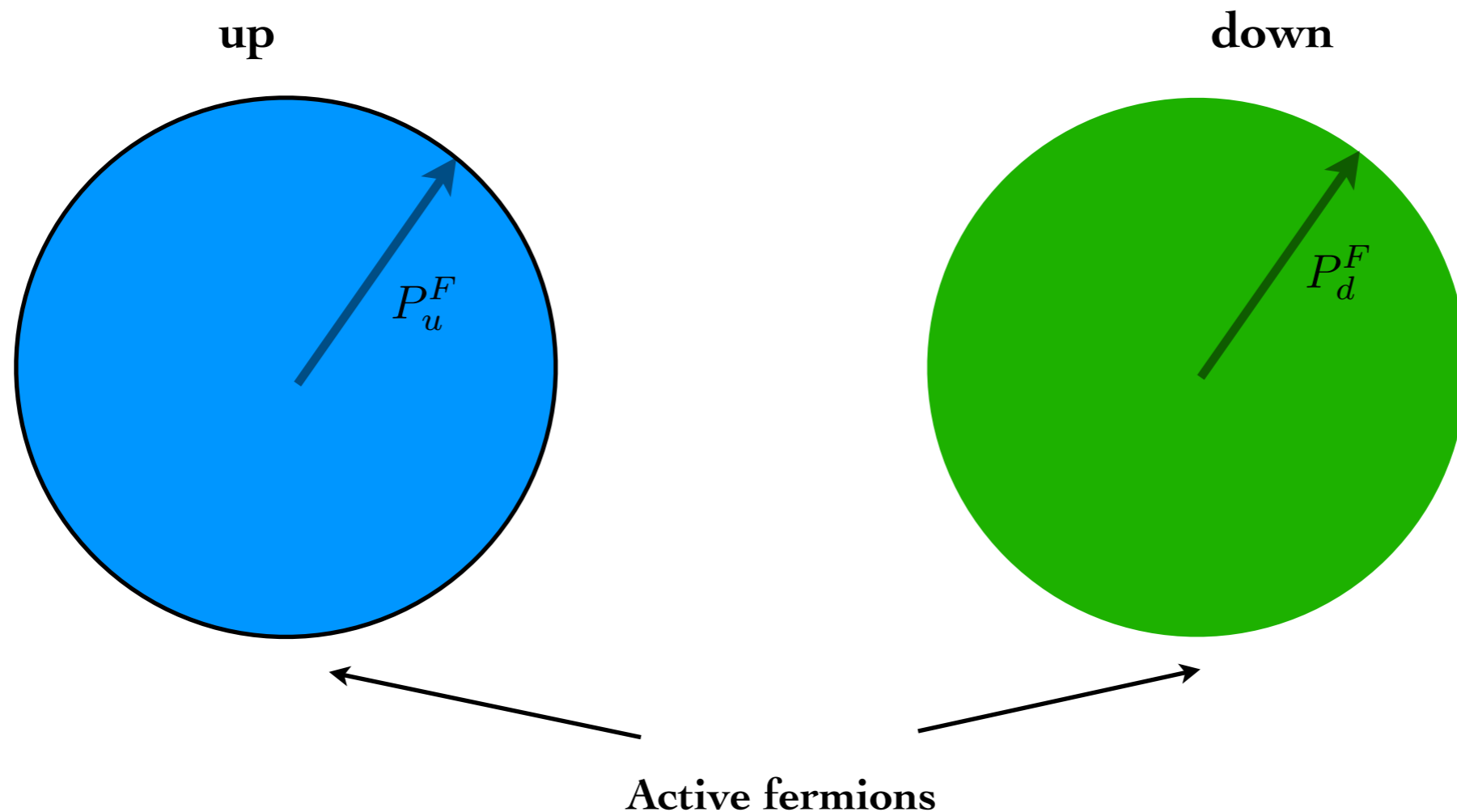
Vortex ring
critical velocity

$$v_{\text{cr}} = \frac{\epsilon}{p} = \frac{\log R}{mR}$$

Fermionic superfluids
(Neutron Stars are made of fermions)

Fermions

Spin up and spin down fermions at $T = 0$



$$\epsilon = \frac{p^2}{2m} - \mu$$

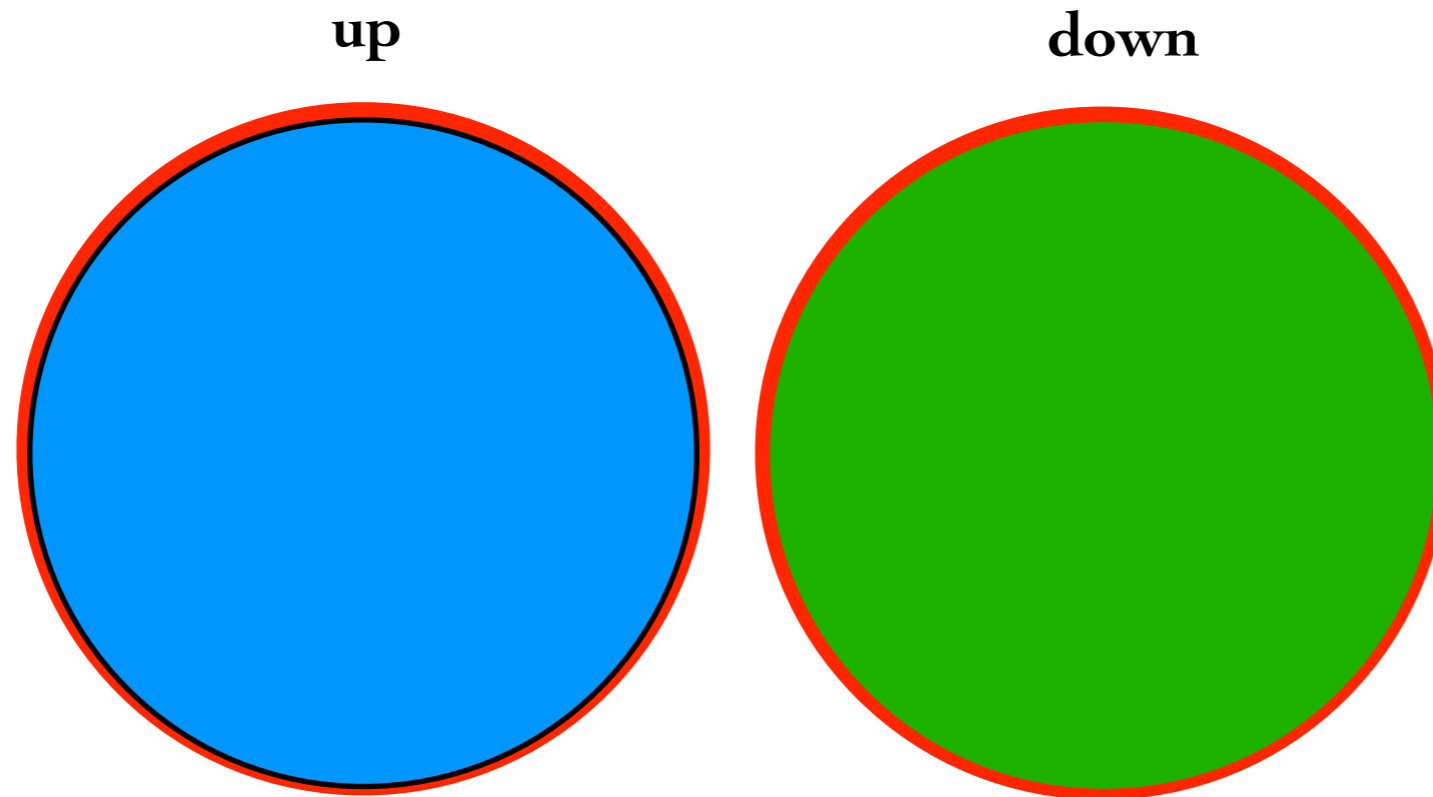


$$\text{Min} \frac{\epsilon(p)}{p} = 0$$

NOT SUPERFLUID

Need to quench excitations

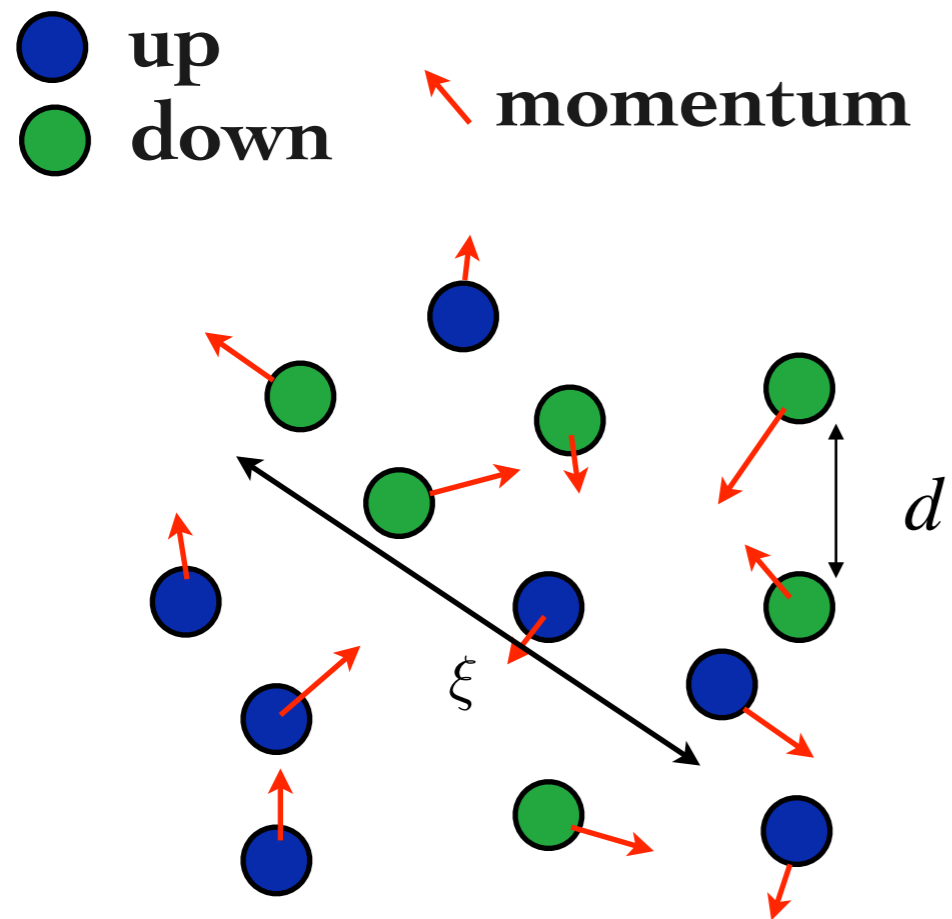
There are fermions that can be easily excited and scatter. Need to stop them!



Any attractive interaction triggers pairing

BCS qualitative description

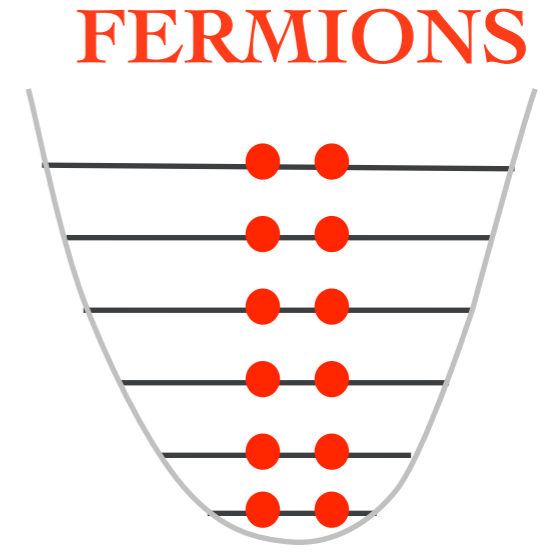
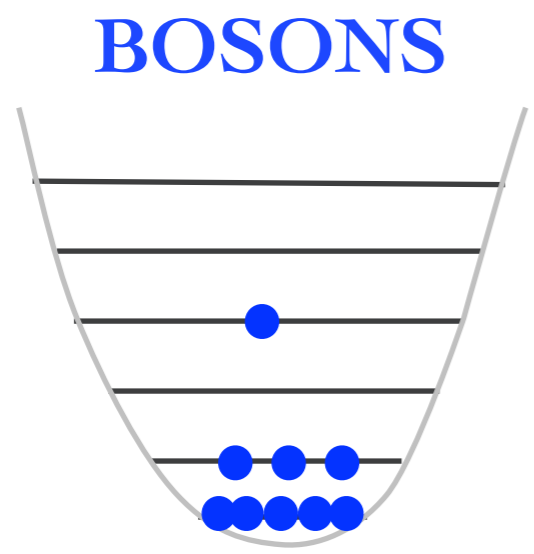
Cooper pair: “difermion” with energy gap Δ



BCS: loosely bound pairs $\xi \gg d$

BEC: tightly bound pairs $\xi \sim d$

Fermionic vs bosonic superfluids



Bosons “like” to stay together
 ^4He becomes superfluid at $T_c \approx 2.17 \text{ K}$, Kapitsa (1937)

Any weak attraction: Cooper pairing
 ^3He becomes superfluid at $T_c \approx 0.0025 \text{ K}$, Osheroff (1971)

BEC

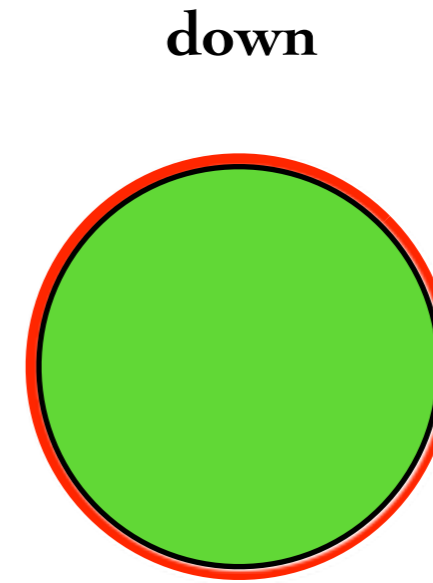
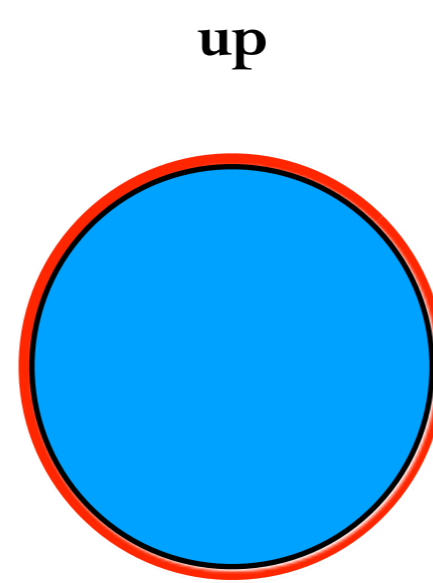
BCS



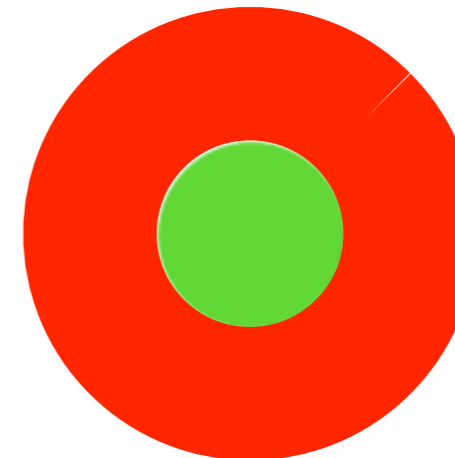
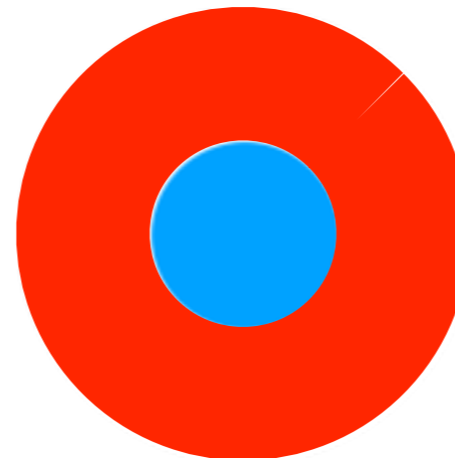
interaction strength

BCS-BEC crossover

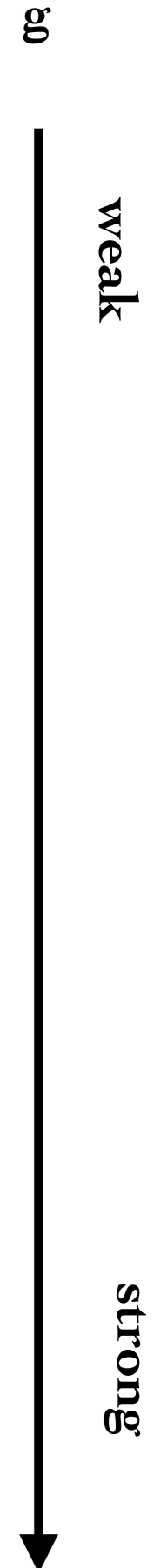
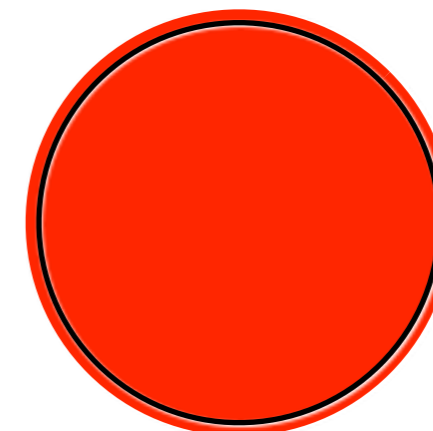
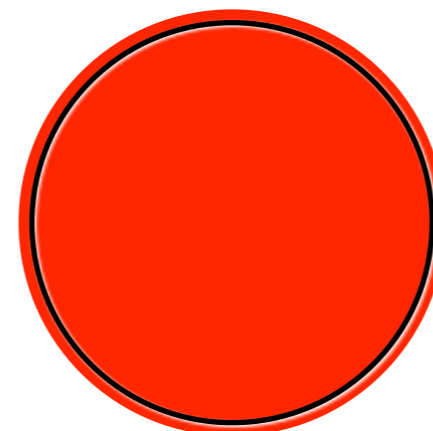
BCS
fermi surface phenomenon



BCS-BEC crossover
bound pairs



BEC
tightly bound pairs



Neutron superfluid

We note that the superfluidity of nuclear matter can lead to interesting macroscopic phenomena if stars with neutron cores exist. Such a star would be in a superfluid state with a transition temperature corresponding to 1 MeV.

A. B. Migdal, SOVIET PHYSICS JETP VOLUME 37 (10) **1960**

BCS-like pairing in Stars?

Critical temperature

$${}^4\text{He} \quad 1\text{K} \sim 10^{-4} \text{ eV}$$

$${}^3\text{He} \quad 10^{-3}\text{K} \sim 10^{-7} \text{ eV}$$

$$\text{nucleons} \quad 10^{10}\text{K} \sim 1 \text{ MeV}$$

Star (surface) temperature

$$10^5\text{K} \sim 10 \text{ eV} \quad \text{Sun}$$

$$10^6\text{K} \sim 0.1 \text{ keV} \quad \text{Neutron Star}$$

Nucleons in a NS can be superfluid!

Which pairing channel ?

We have spin, isospin and angular momentum to accommodate $I + L + S$ odd

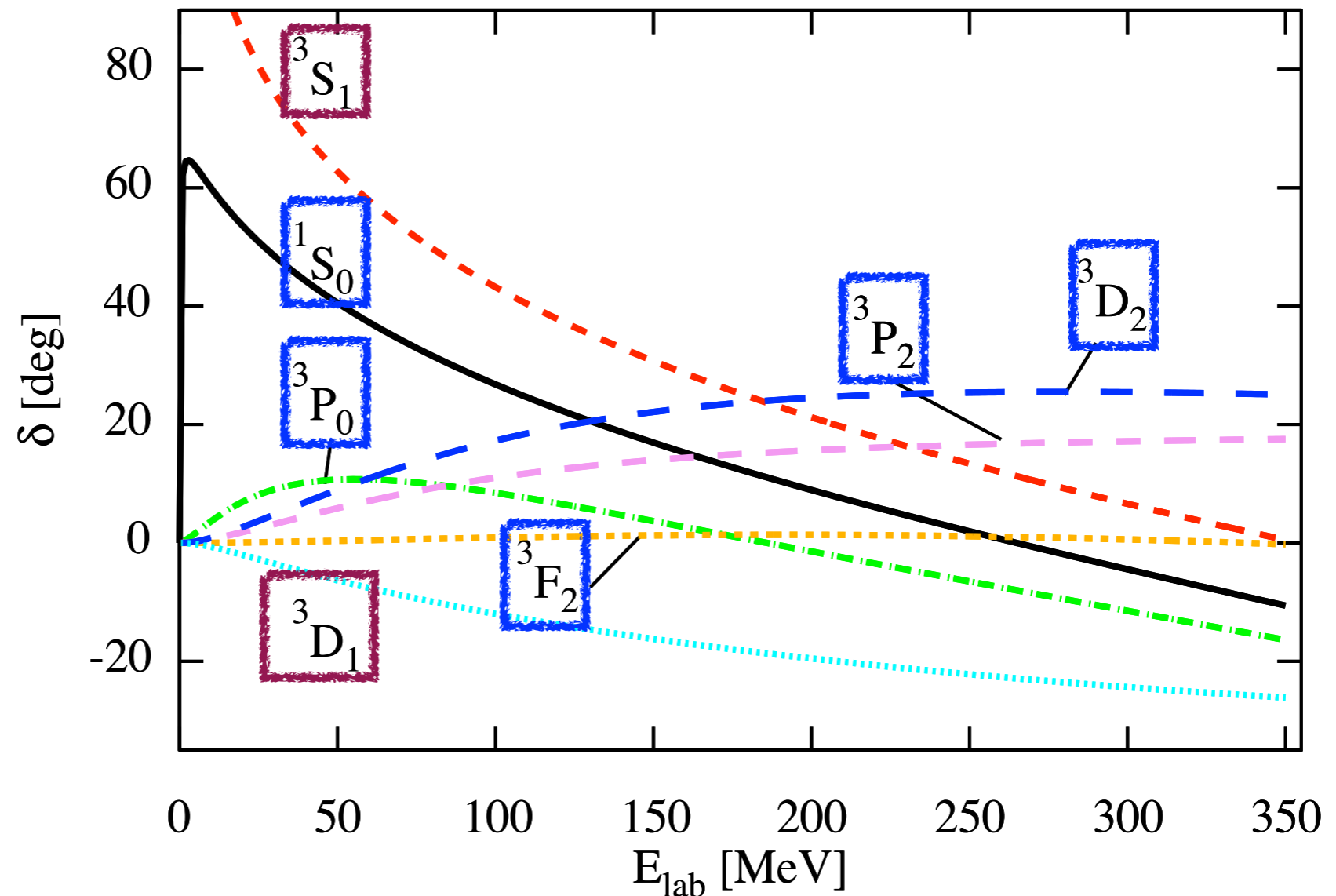
Notation: $^{2S+1}L_J$

$$I + \underbrace{L + S}_{J} \text{ odd}$$

Information from phase shifts

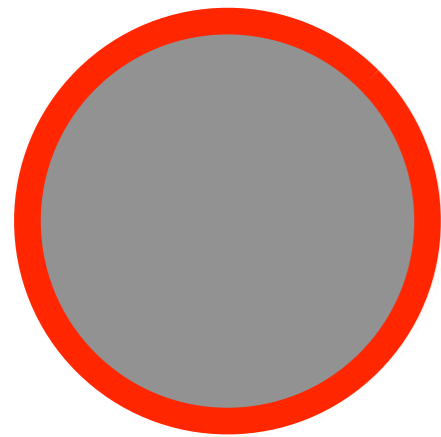
$I = 0$

$I = 1$

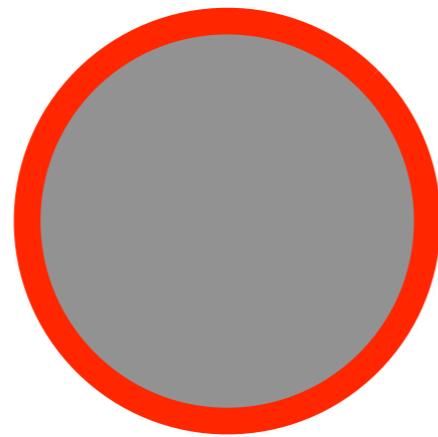


Which pairing channel ?

Symmetric nuclear matter



neutrons

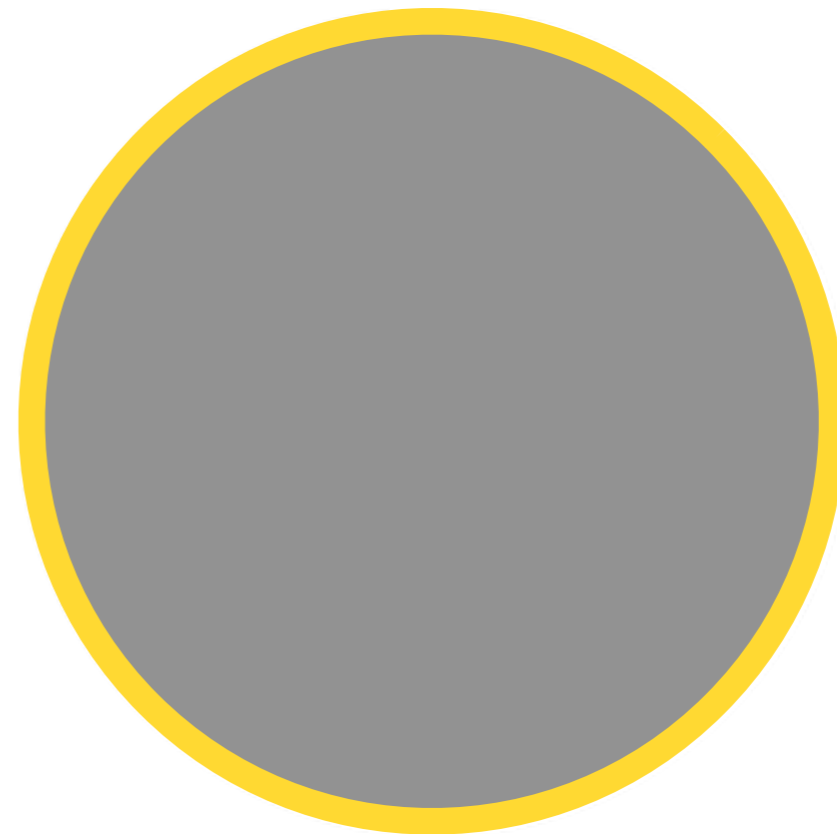


protons

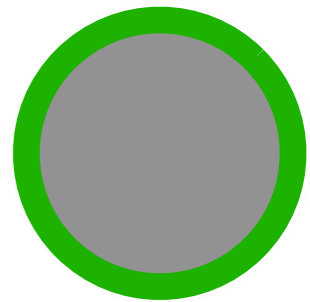
$I = 0$

Dominant

Asymmetric nuclear matter



neutrons



protons

$I = 1$

Dominant

Which pairing channel ?

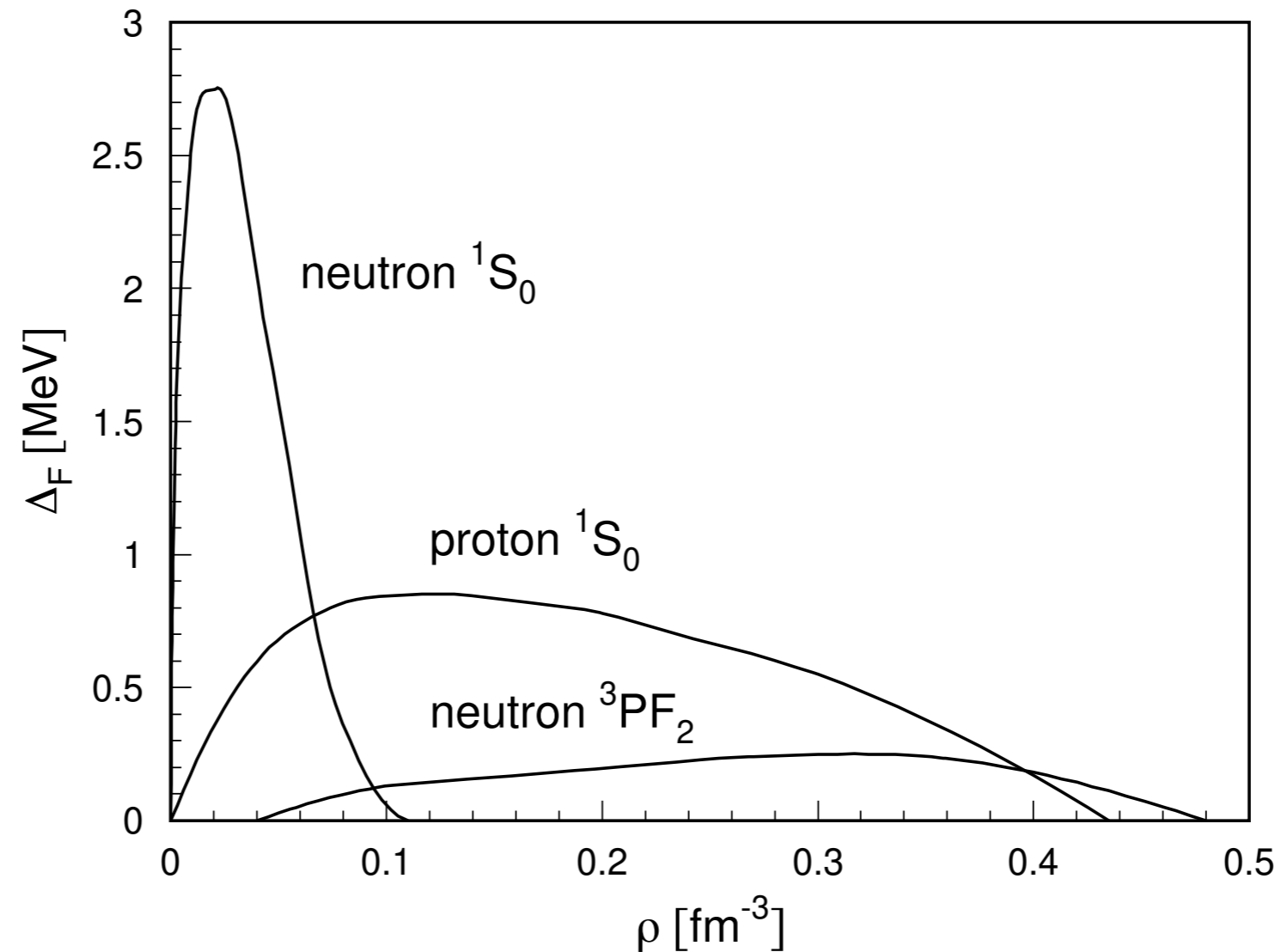
${}^3S_1 - {}^3D_1$ deuteron $I = 0$

Interaction channels can be **coupled**

${}^3P_2 - {}^3F_2$ di-neutron $I = 1$

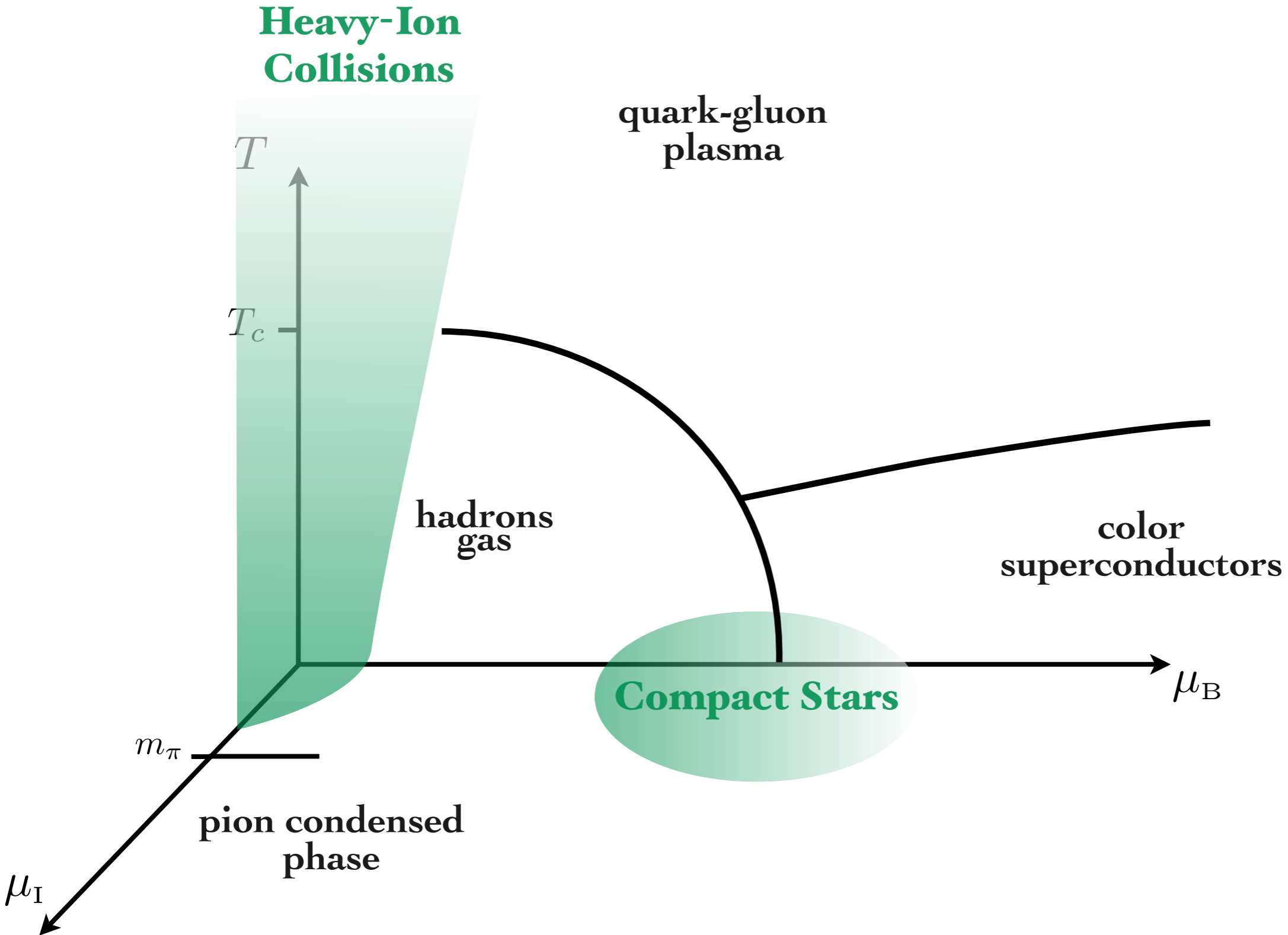
$I = 1$

Density dependence

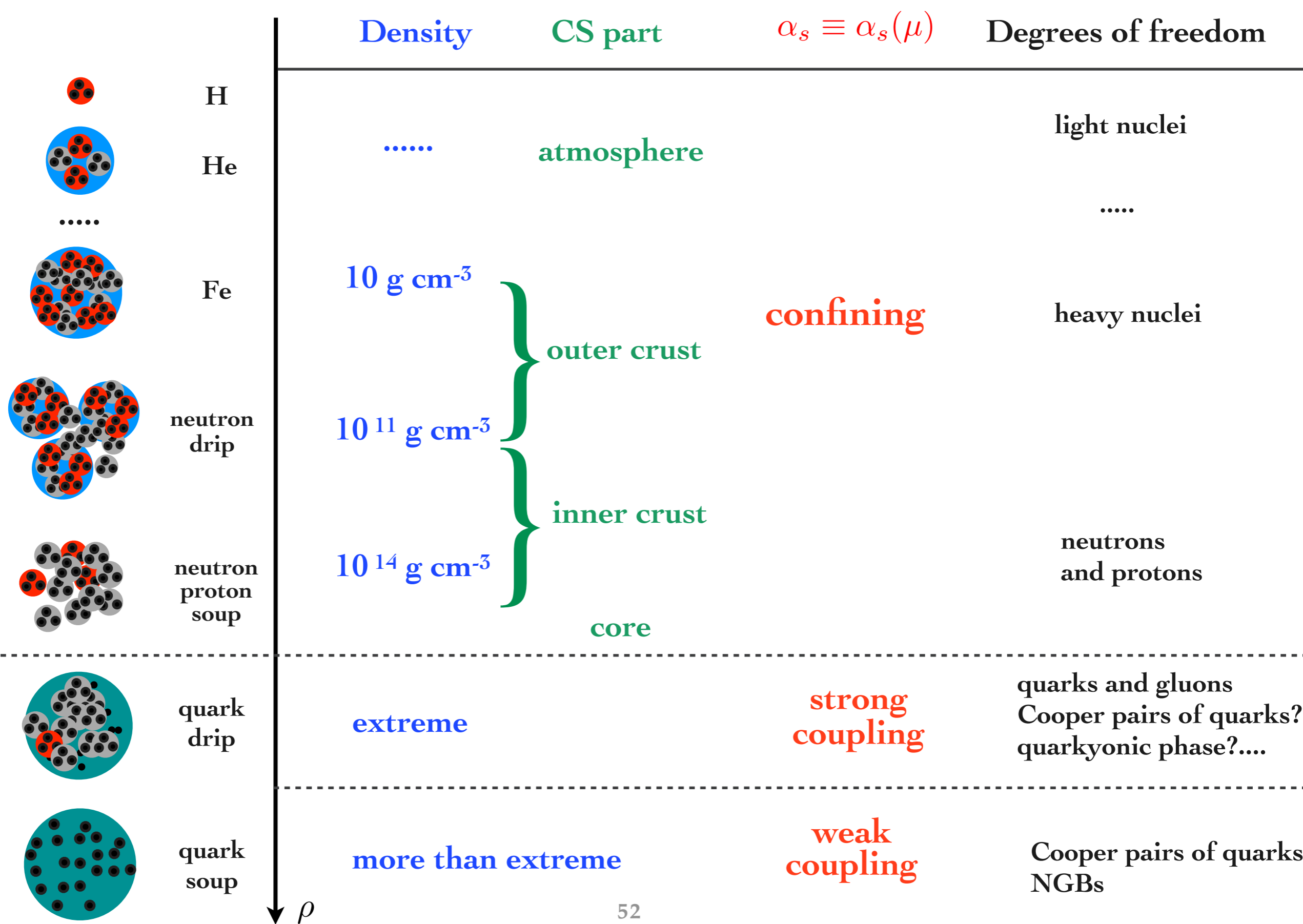


Phases of quark matter

Phases of hadronic matter

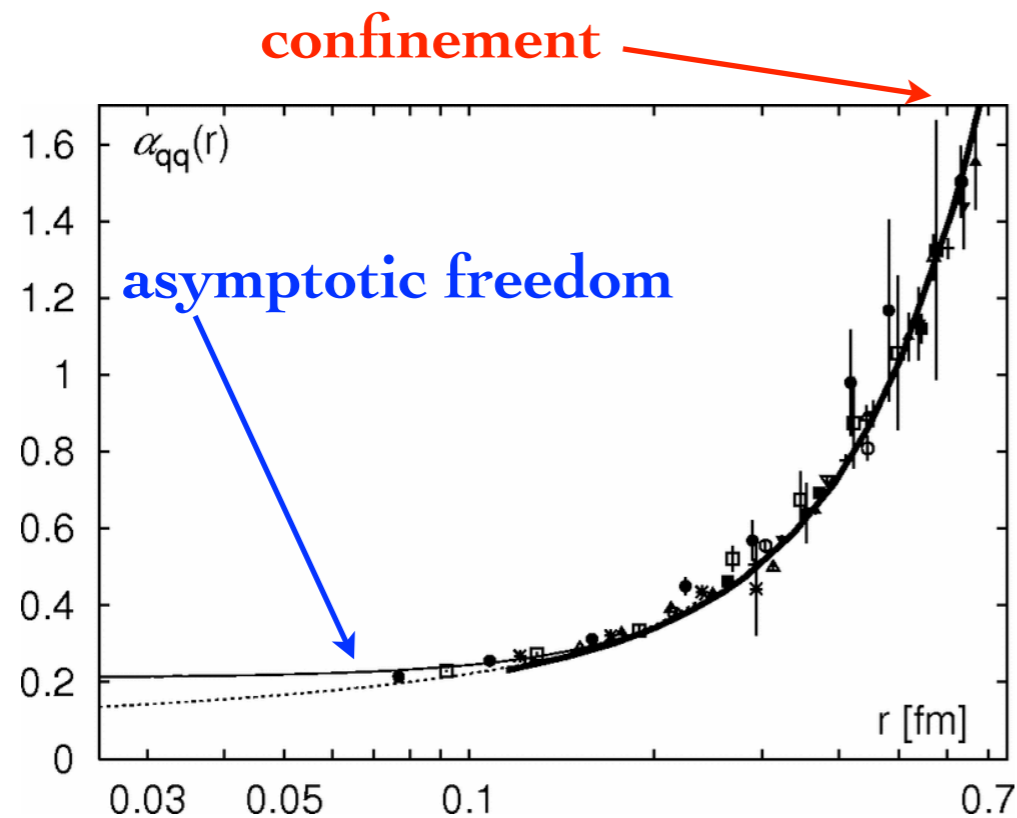


Increasing baryonic density



The dawn of color superconductors

QCD is an asymptotic free theory: in the UV interactions are perturbative



“Running” of the QCD interaction strength

Kaczmarek and Zantow
Physical Review D 71(11):114510 (2005)

Also we might except [sic]

superfluidity and superconductivity, since the interquark forces are attractive
in at least some channels.

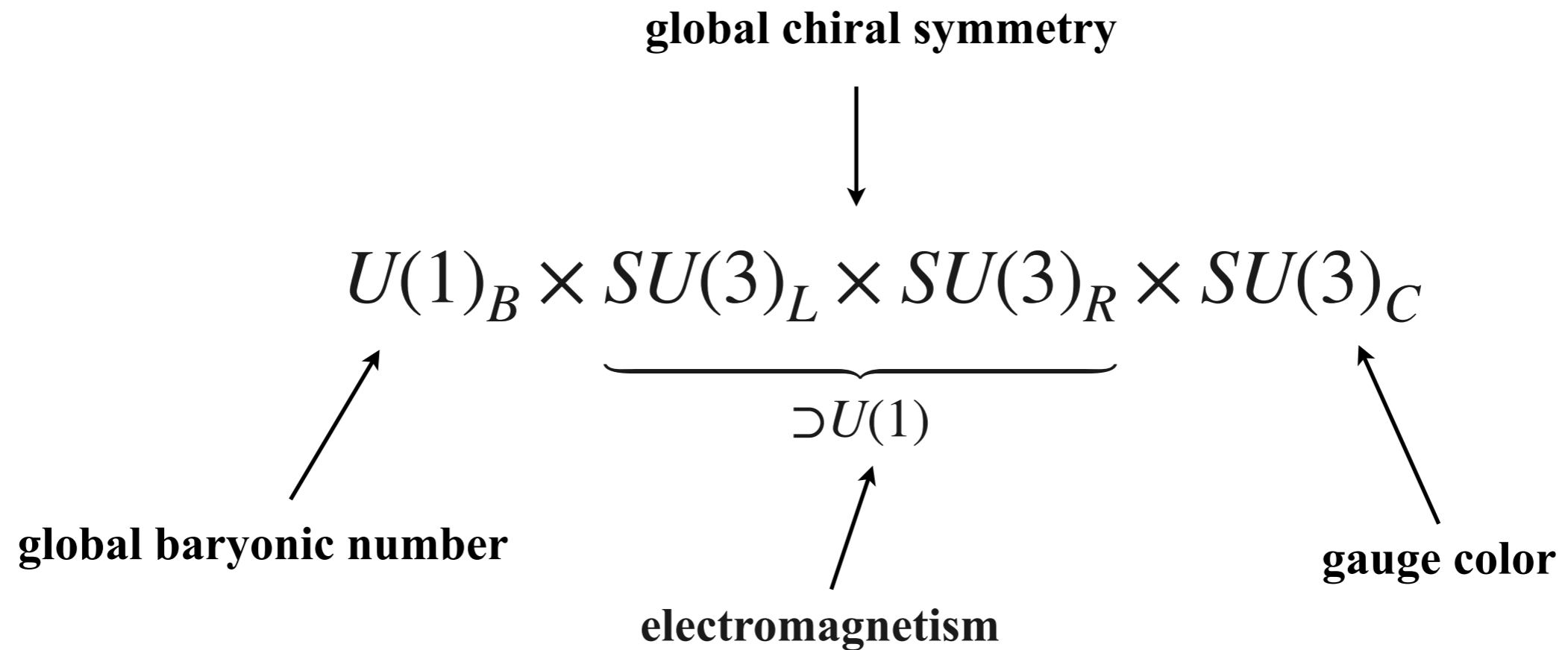
J. C. Collins and M.J. Perry Phys.Rev.Lett. 34 (1975) 1353

Symmetries

Three flavor QCD

$$\mathcal{L} = \sum_{i=1,2,3} \bar{\psi}_i (i\gamma^\mu D_\mu - m)_{ij} \psi_j - \frac{1}{4} G_{\mu\nu} G^{\mu\nu}$$

Neglecting u, d and s quark masses



A large symmetry group can be broken in a zoo of possible phases

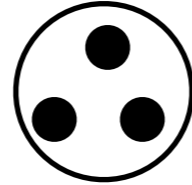
Pairing

quark



point-like

baryon



~1 fm

diquark



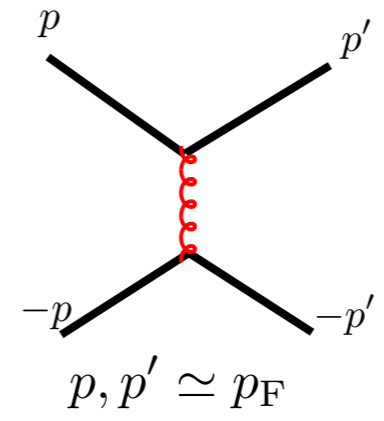
~10 fm

← Cooper pair

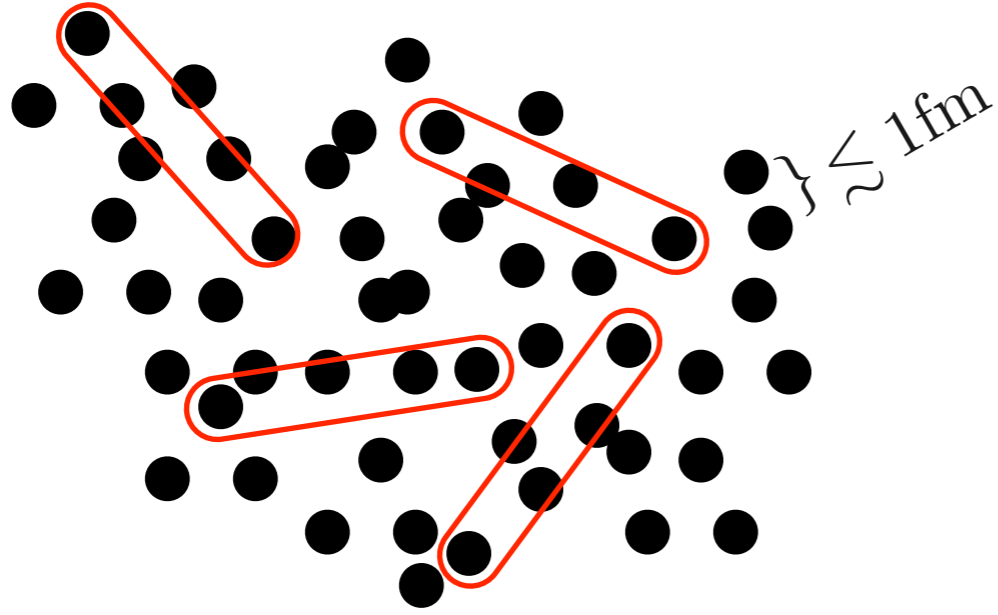
Attractive interaction (perturbative)

$$3 \times 3 = \bar{3}_A + 6_S$$

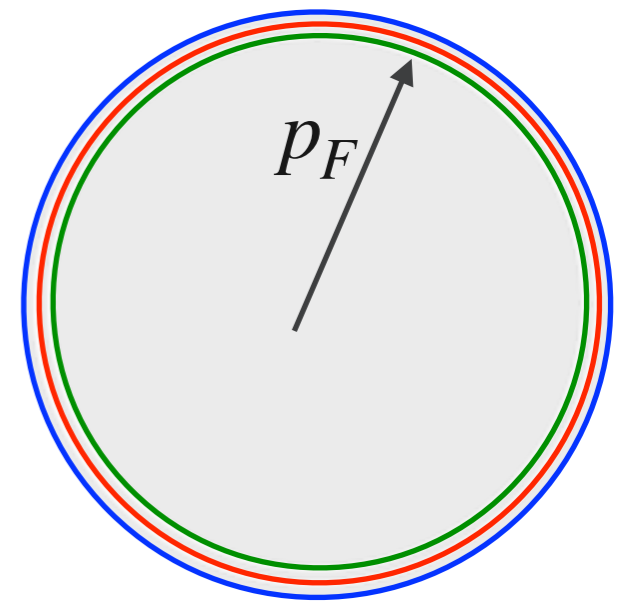
↑
attractive channel



Very high density (Compact Star inner core)



Liquid of quarks with correlated diquarks



Fermi spheres of u, d, s quarks

Superfluid vs Superconductor

Superfluid

Broken global symmetry

Goldstone theorem



Transport of the quantum numbers of the broken group with almost no dissipation

Superconductor

“Broken gauge symmetry”

Higgs mechanism



Gauge fields with mass, M penetrate for a length $\lambda \propto 1/M$

Color Flavor Locked phase

Pairing of quarks of all flavors and colors

Alford, Rajagopal, Wilczek Nucl.Phys. B537 (1999) 443

Symmetry breaking

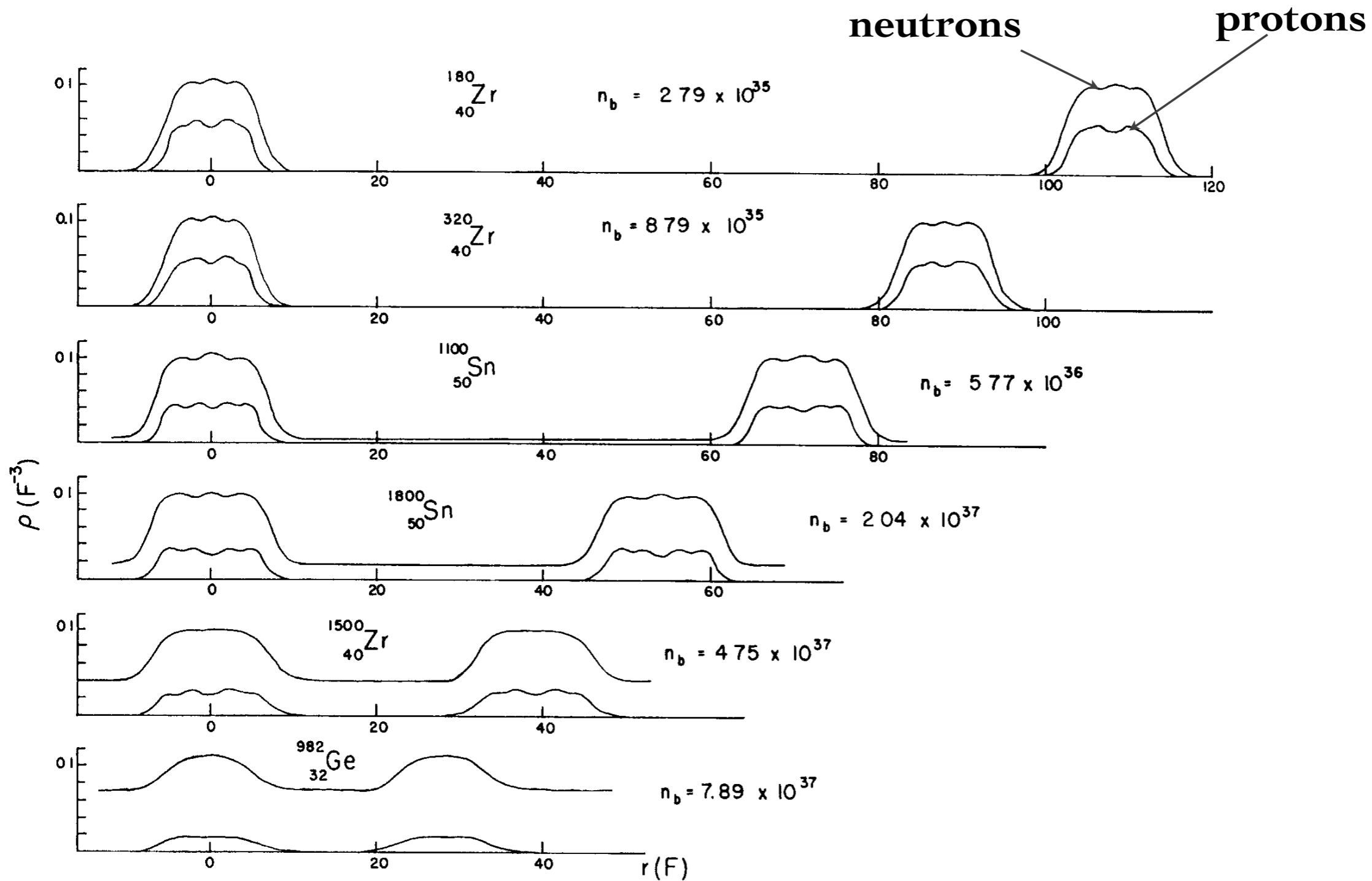
$$SU(3)_c \times \underbrace{SU(3)_L \times SU(3)_R}_{\supset U(1)_Q} \times U(1)_B \rightarrow \underbrace{SU(3)_{c+L+R}}_{\supset U(1)_{\tilde{Q}}} \times Z_2$$

- Breaking of $SU(3)_c$: 8 gauge bosons become massive
- χ SB: 8 (pseudo) Nambu-Goldstone bosons (NGBs)
- $U(1)_B$ breaking: 1 NGB. A genuine superfluid mode

The system is at the same time a (color) superconductor and a (baryonic) superfluid

Emulations

Superfluid and inhomogeneous



Supersolids

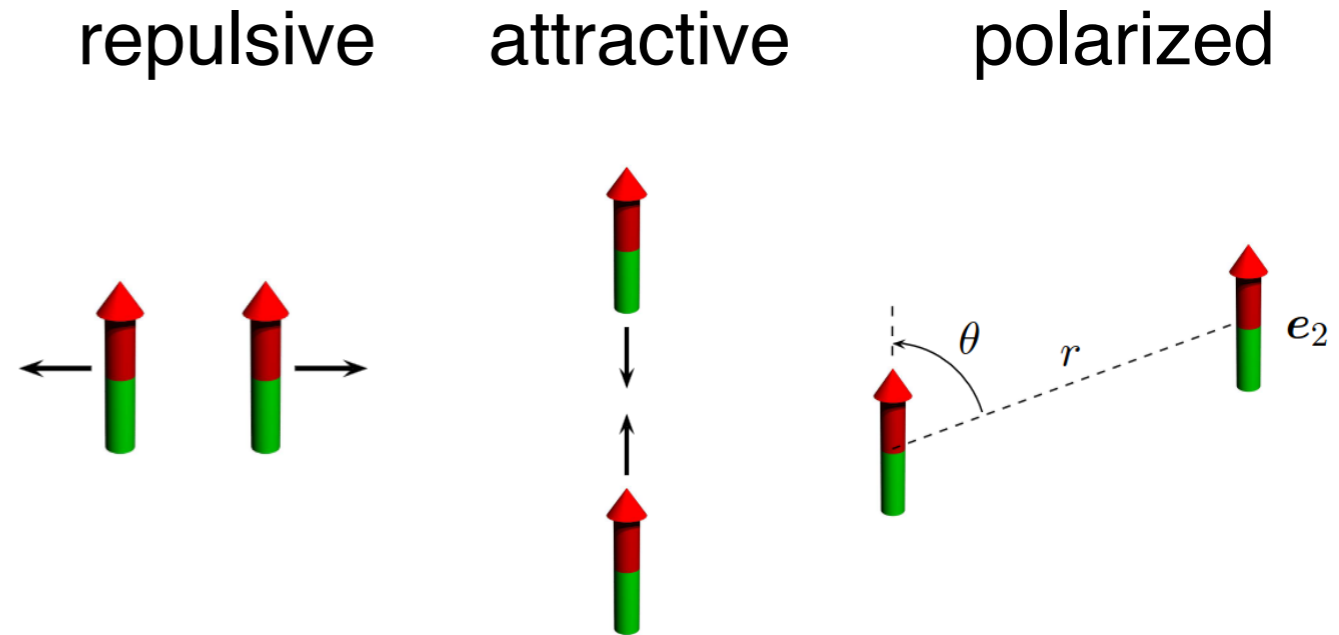
Superfluid

Rigid

M. Boninsegni and N. V. Prokof'ev, *Rev. Mod. Phys.* 84, 759 (2012)

Ultracold dipolar atoms

1	2											13	14	15	16	17	18	
1	H															He		
2	Li	Be											B	C	N	O	F	Ne
3	Na	Mg	3	4	5	6	7	8	9	10	11	12	Al	Si	P	S	Cl	Ar
4	K	Ca	Sc	Ti	V	Cr	Mn	Fe	Co	Ni	Cu	Zn	Ga	Ge	As	Se	Br	Kr
5	Rb	Sr	Y	Zr	Nb	Mo	Tc	Ru	Rh	Pd	Ag	Cd	In	Sn	Sb	Te	I	Xe
6	Cs	Ba	*	Hf	Ta	W	Re	Os	Ir	Pt	Au	Hg	Tl	Pb	Bi	Po	At	Rn
7	Fr	Ra	**	Rf	Db	Sg	Bh	Hs	Mt	Ds	Rg	Cn	Nh	Fl	Mc	Lv	Ts	Og
Lanthanides*		57	58	59	60	61	62	63	64	65		66	67	68	69	70	71	
Actinides**		89	90	91	92	93	94	95	96	97		98	99	100	101	102	103	



“Long-range” dipolar interaction

$$U_{dd}(\mathbf{r}) = \frac{3\hbar^2 a_{dd}}{m} \frac{1 - 3 \cos^2 \theta}{r^3}$$

$$a_{dd} = \frac{\mu_0 \mu_m^2 m}{12\pi\hbar^2}$$

$$^{165}\text{Dy}, a_{dd} \simeq 131a_0$$

Short-range repulsion (Feshbach resonance)

$$U_c(\mathbf{r}) = \frac{4\pi\hbar^2 a_s}{m} \delta(\mathbf{r})$$

a_s tunable

Relevant parameters

Relative interaction strength

$$\epsilon_{dd} = \frac{a_{dd}}{a_s}$$

← fixed

← tunable

Number density

$$n = \frac{N}{V}$$

tunable

Tuning the relative interaction strength

The Fano-Feshbach resonance allows to change a_s and thus ϵ_{dd}

Superfluid

Contact interaction dominates

$$\epsilon_{dd} \ll 1$$

Supersolid or Superglass

Competition between
interactions

Inhomogeneous Superfluid

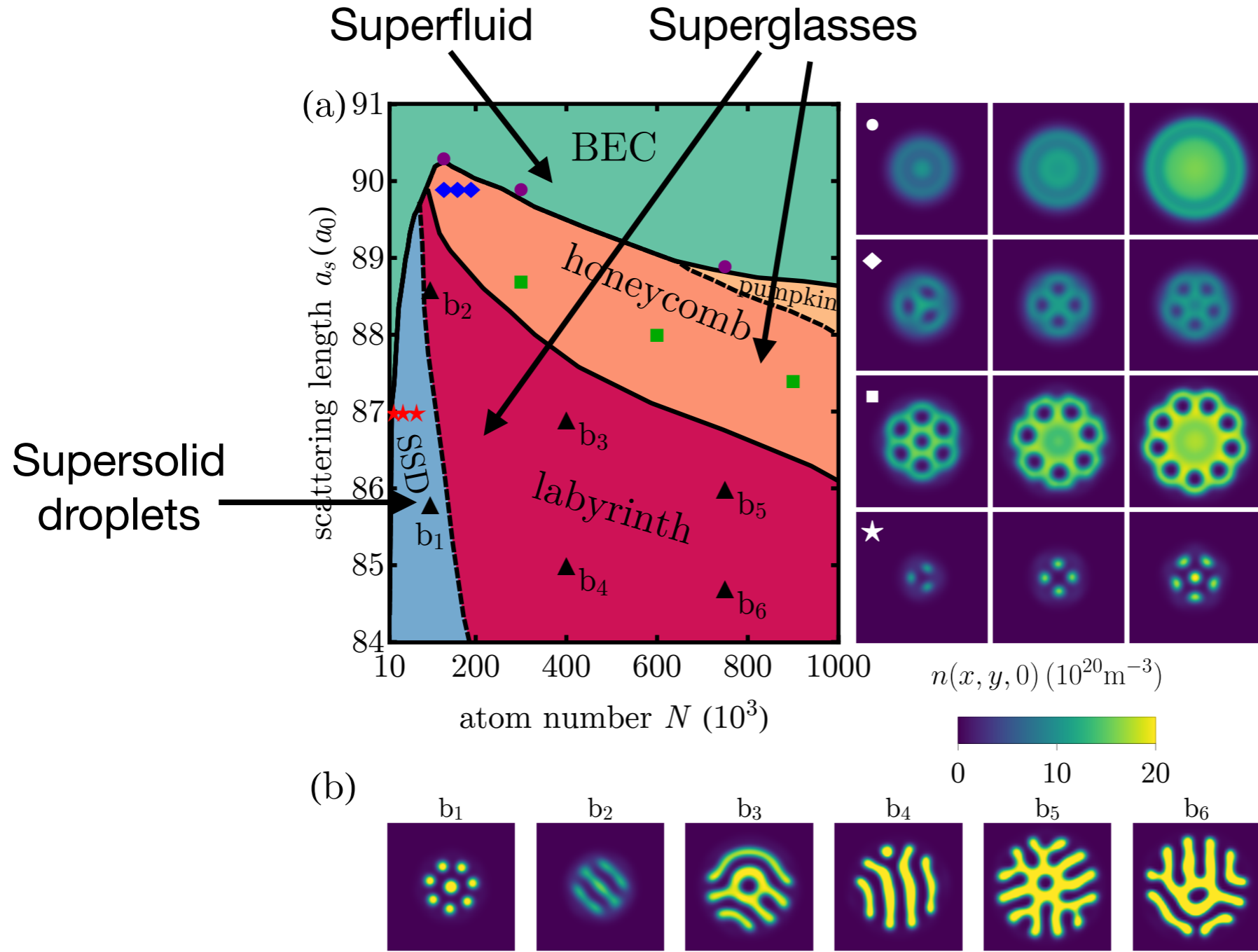
$$\epsilon_{dd} \sim 1$$

Crystal or glass

Dipolar interaction dominates
Solid

$$\epsilon_{dd} \gg 1$$

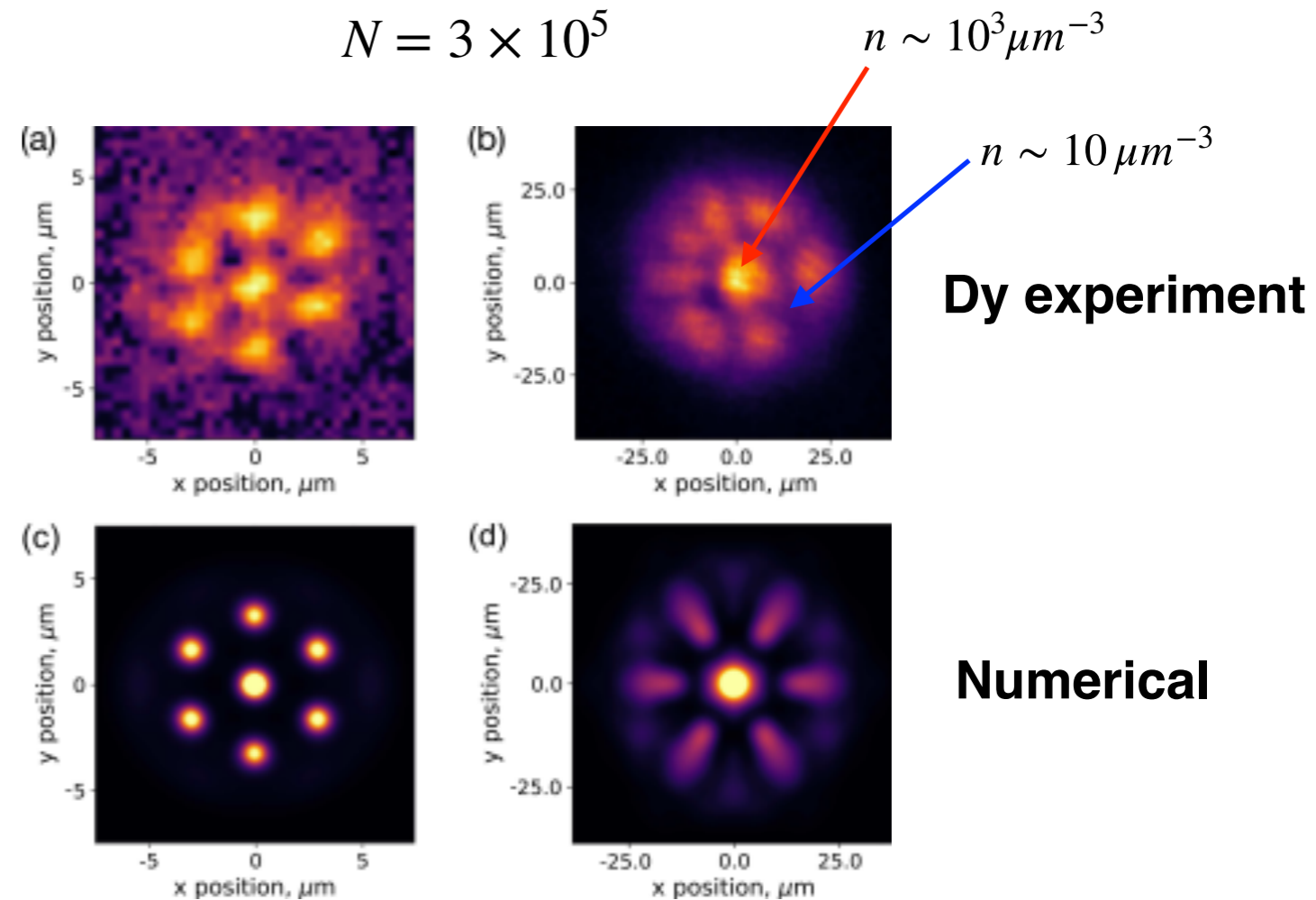
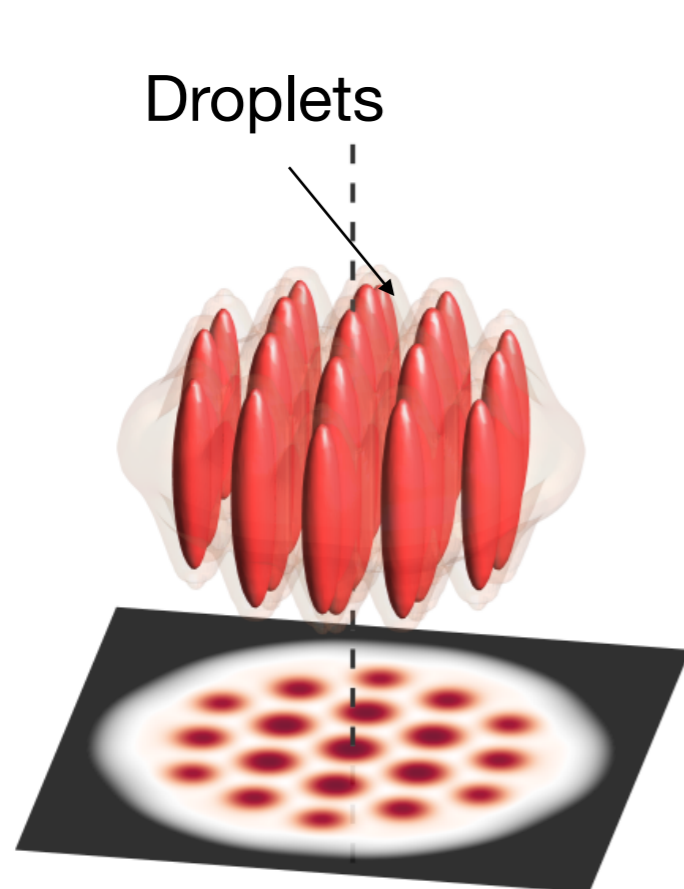
Phase diagram



J. Hertkorn et al.,
 Phys. Rev. Research 3, 033125 (2021)

Supersolid droplets

Observations of supersolids@ MIT, Pisa/LENS, Stuttgart, Innsbruck



Bland *et al* *PRL* 128, 195302 (2022)

Compact stars vs Supersolids

Nuclear matter

Supersolids

Fermions

Bosons
(fermions can in principle be used)

Long range attraction
Short range repulsion

Long range attraction
Short range repulsion

Scalar, vector and tensor forces

Dipole-dipole + s-wave scattering

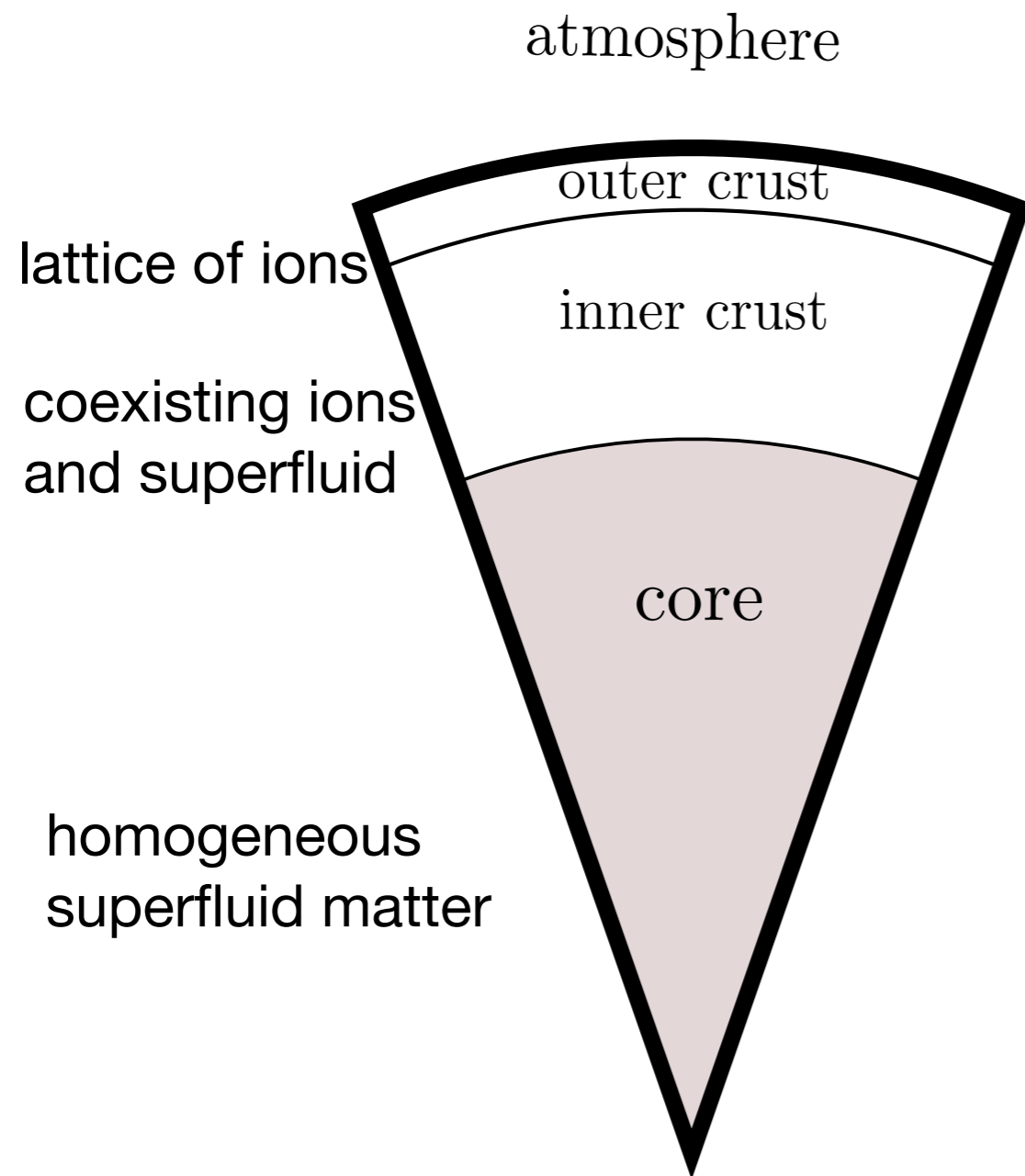
High density
 $\rho \sim 10^{14} \text{g/cm}^3$

Diluted
 $\rho \sim 10^{-5} \text{g/cm}^3$

Density and interactions given by nature

Density and interactions tunable

Neutron star vs dipolar superfluids



$$\epsilon_{dd} = \frac{a_{dd}}{a_s}$$

dipolar superfluids

$$\epsilon_{dd} \gg 1$$

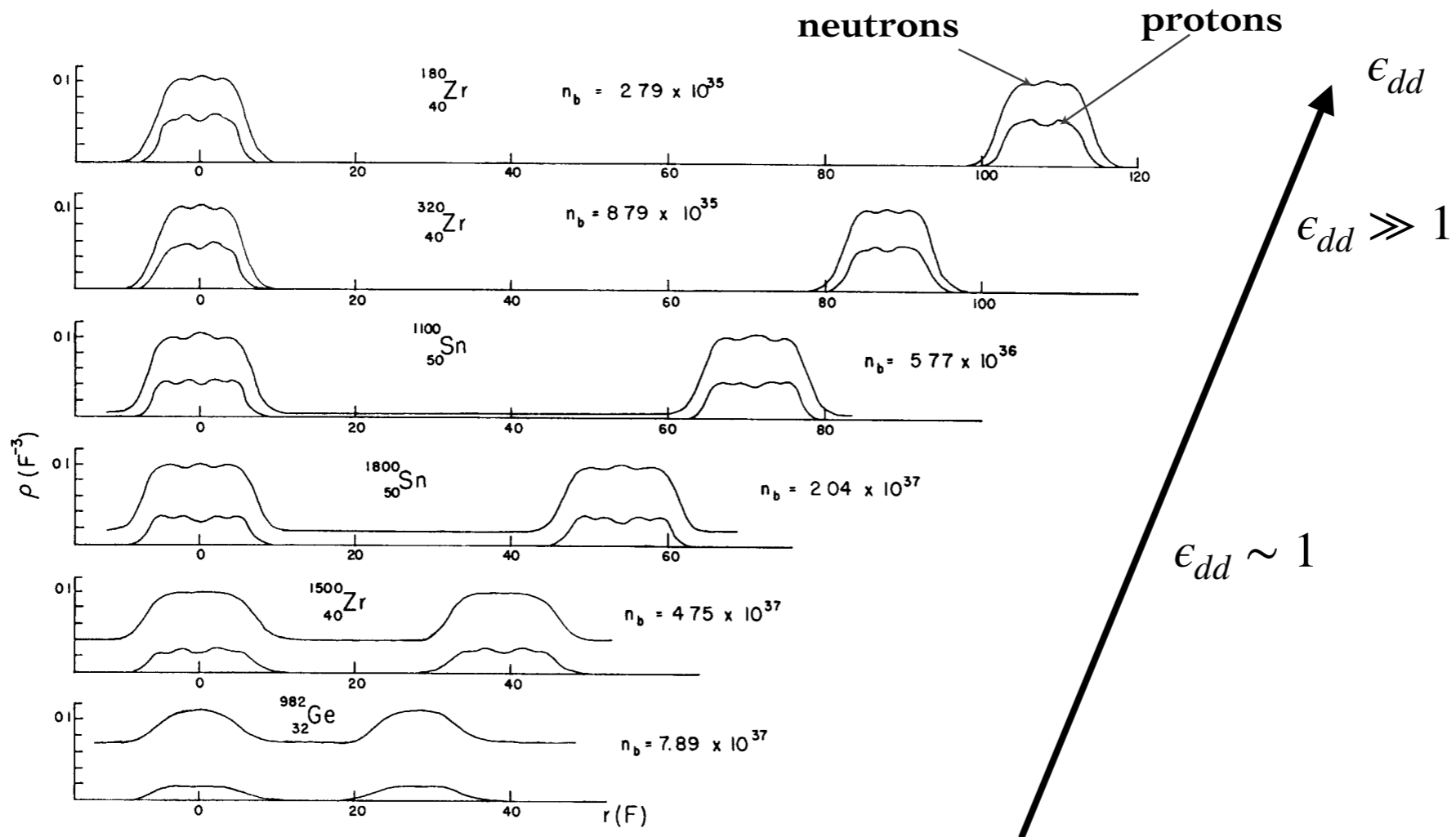
$$\epsilon_{dd} \sim 1$$

$$\epsilon_{dd} \ll 1$$

**In principle
all layers could be emulated !**

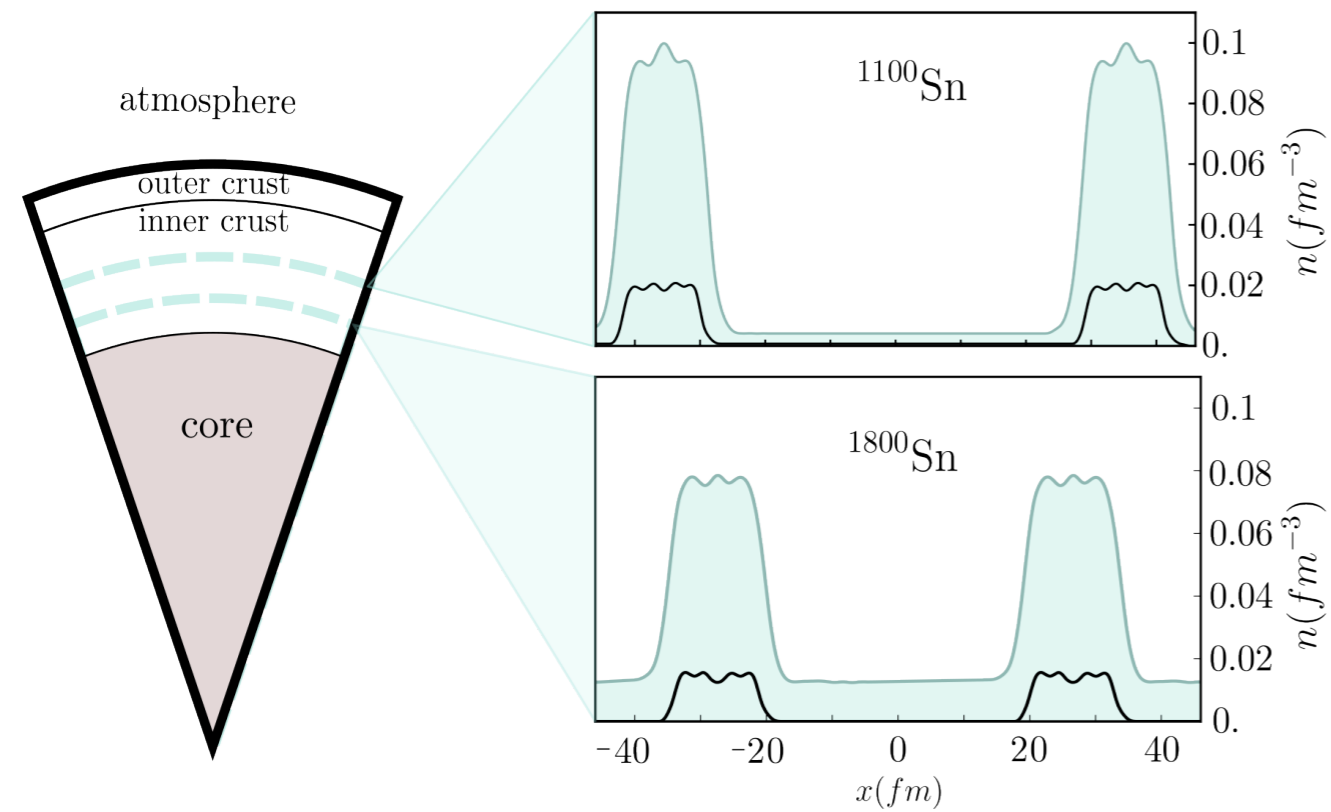
Inner crust

Particularly relevant for glitches: inner crust provides the pinning of superfluid vortices

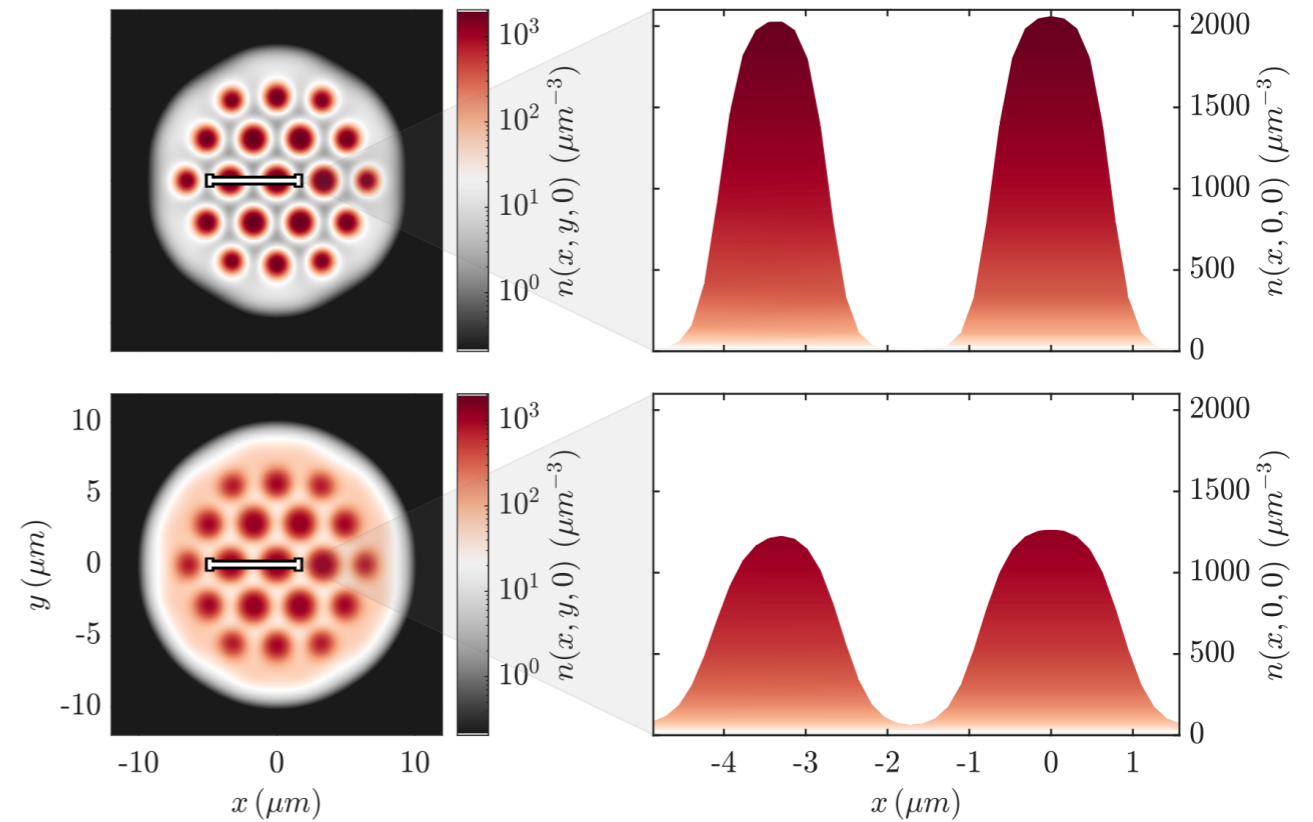


J. W. Negele and D. Vautherin, *Nucl. Phys. A207*, 298 (1973)

Neutron Star inner crust



Dipolar Supersolid

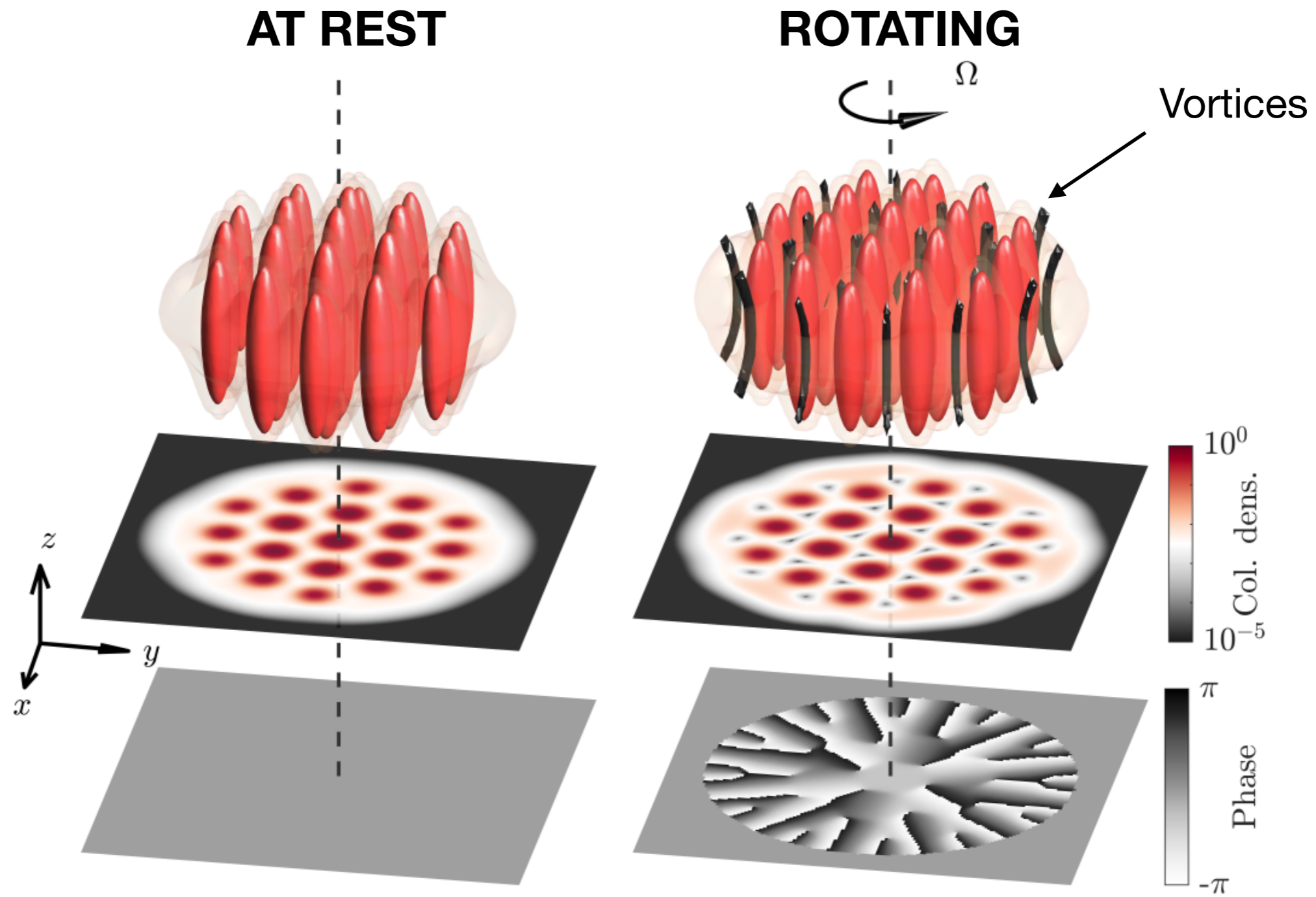


$$\epsilon_{dd} \sim 1$$

Poli, Bland, White, Mark, Ferlaino, Trabucco, MM
Phys.Rev.Lett. 131 (2023) 22, 223401

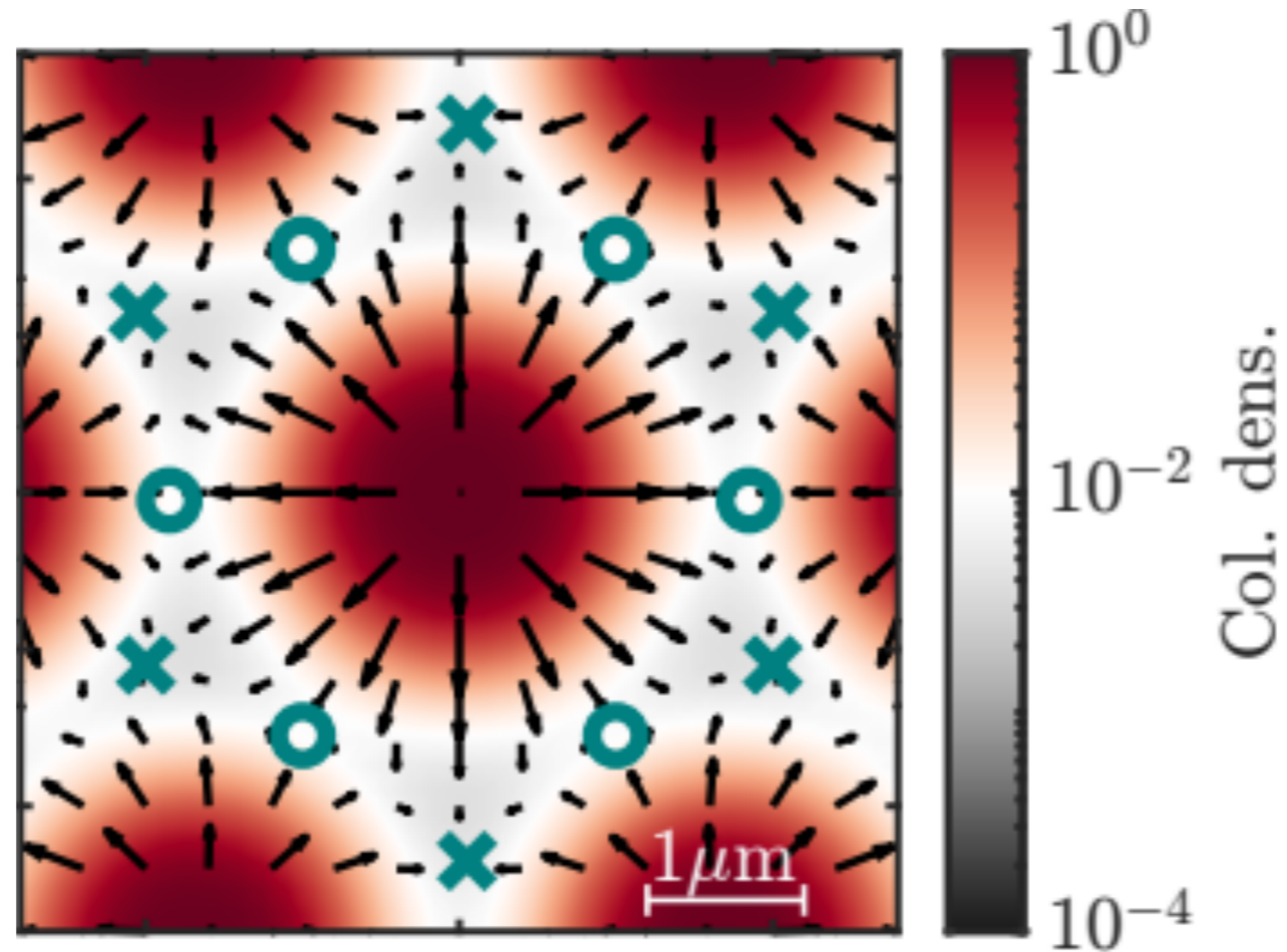
Emulating neutron star glitches

Supersolids



Vortex pinning

X = stable
O = metastable



$$a_s = 90a_0, \quad \omega_{\text{trap}} = 2\pi \times (50, 130)\text{Hz}$$

Angular momentum

As in oblate superfluids

$$L_z \simeq I_s \Omega + n N \hbar$$

total winding number

number of particles

$$0 \leq \alpha \leq 1$$

$$I_s = \alpha I_{RB}$$

$\alpha = 1$ completely solid

$\alpha = 0$ completely superfluid

} Depends on
 ϵ_{dd} and N

Generalization

$$L_z \simeq I_s \Omega + L_{\text{vort}}$$

Takes into account that noncentral vortices contribute less than $N\hbar$

Evolution

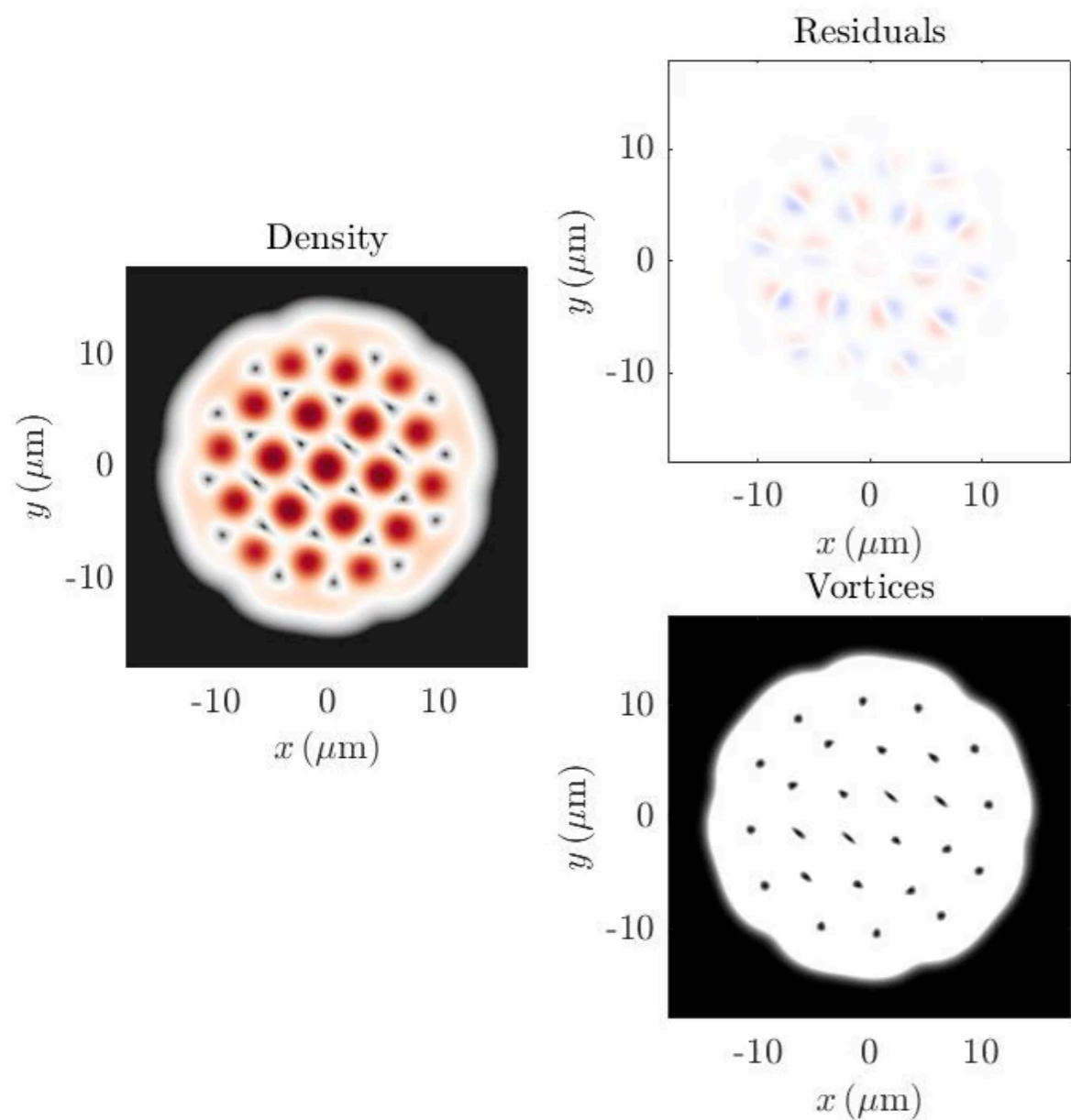


To emulate the NS spin down, we put a “break”

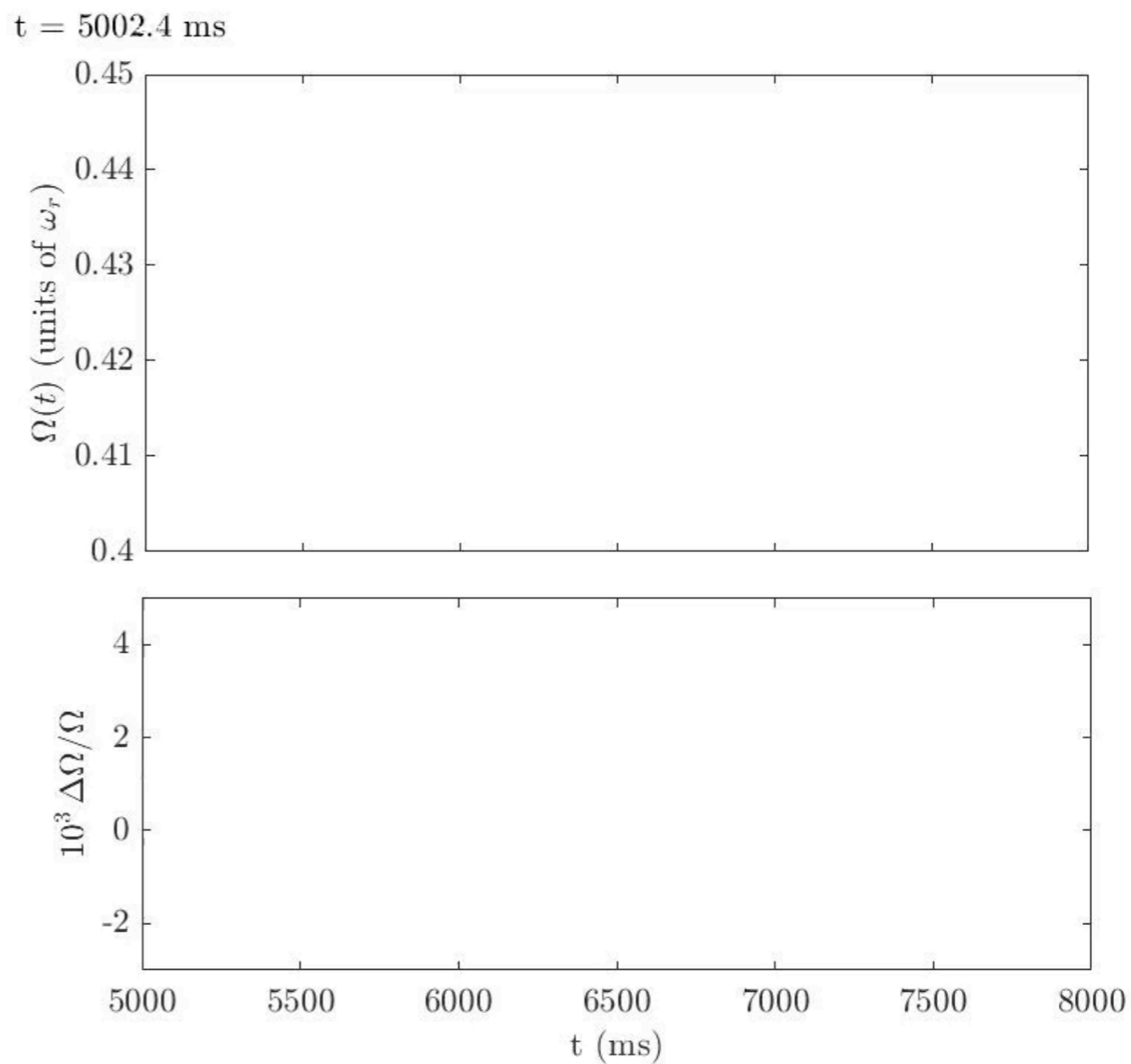
$$\dot{L}_{total} = -N_{em}$$

Supersolid glitches

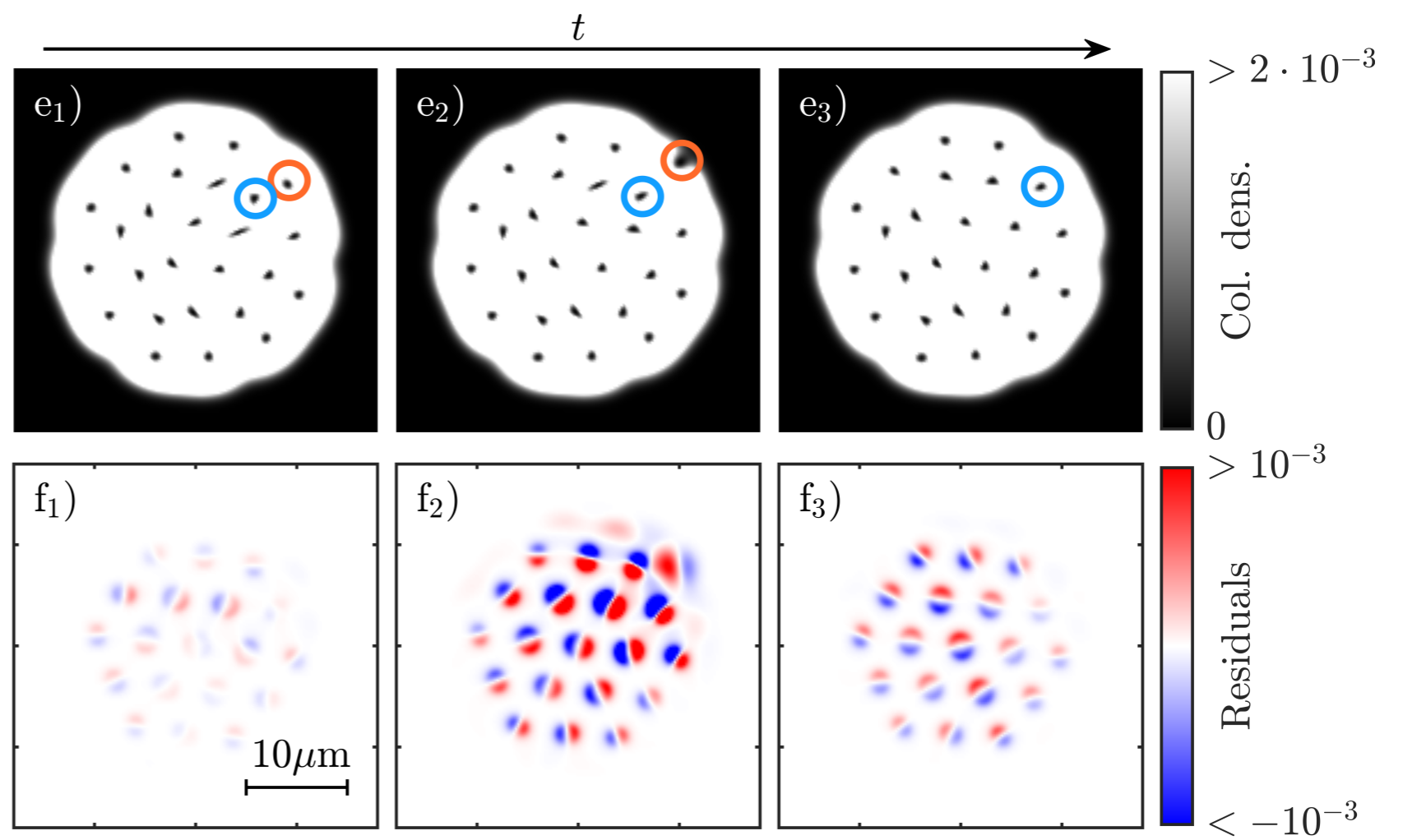
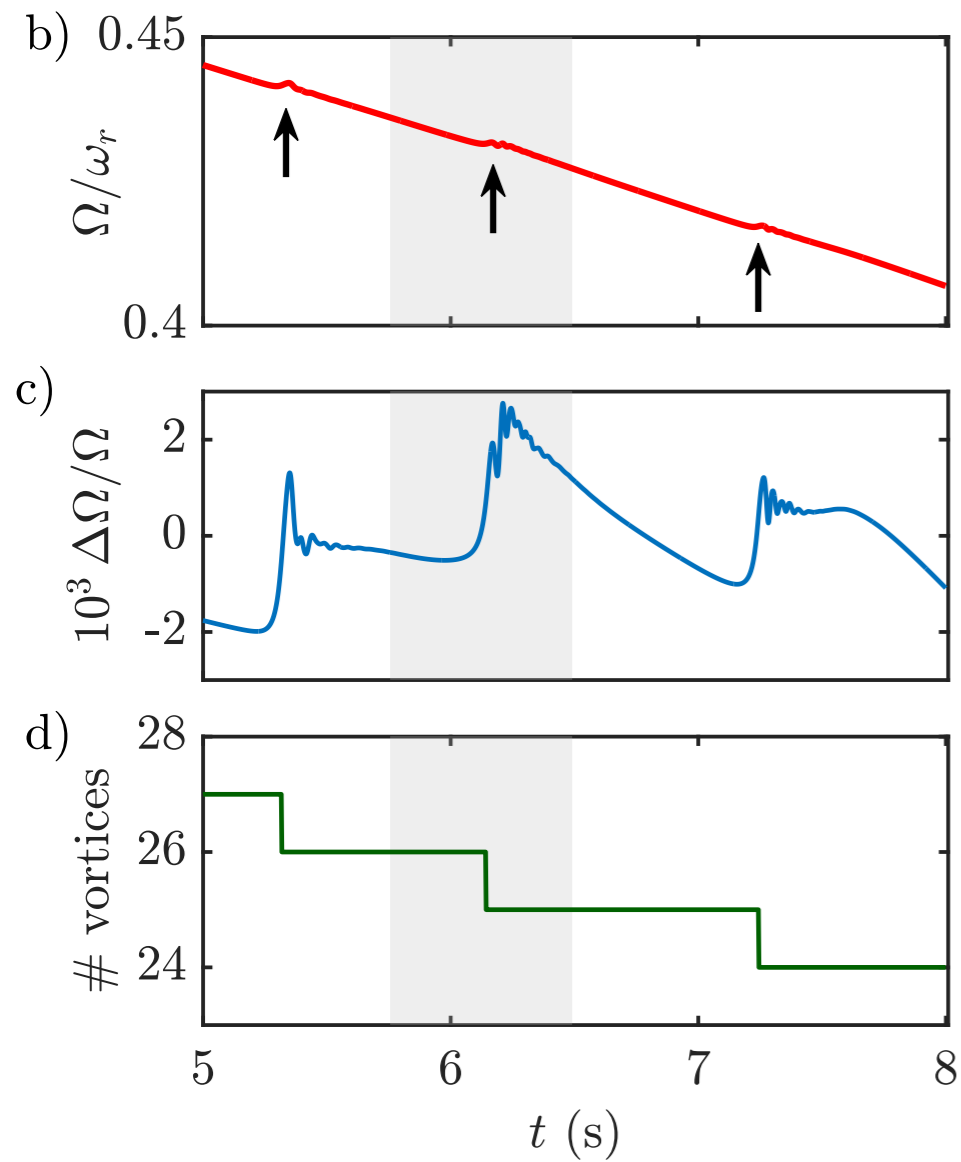
Corotating frame



Time evolution



Supersolid glitches



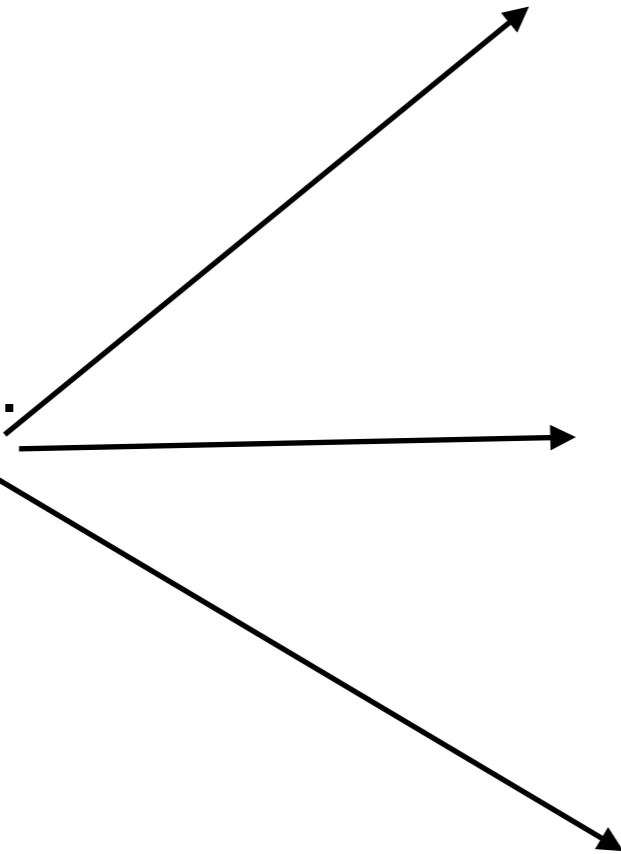
More hadronic matter phases

Supersolids are **versatile**.
Possible applications

Crystalline color superconductors

Pion crystals

Other inhomogeneous superfluids



Conclusion

- Superfluids are intriguing **macroscopic quantum states**
- Hadronic matter in compact stars can be **superfluid**
- Ultracold atoms could be used to **emulate** some aspects of NSs

Thank you!

Backup

Numerical simulation

Evolution of the macroscopic wavefunction

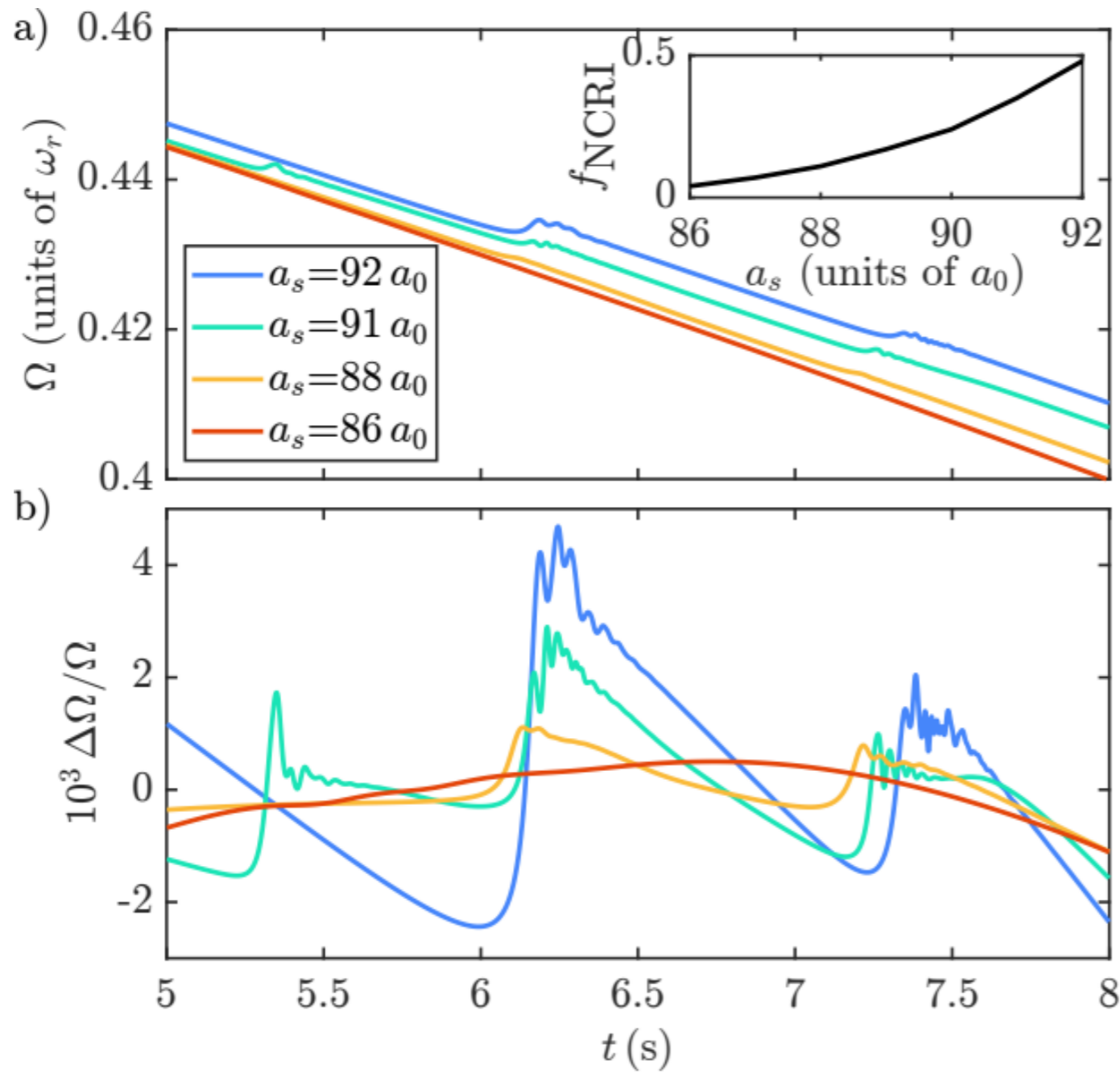
Dissipation Angular rotation of the trap

$$i\hbar \frac{\partial \Psi}{\partial t} = (1 - i\gamma) \left[\mathcal{H}[\Psi; a_s, a_{\text{dd}}, \omega] - \Omega(t) \hat{L}_z \right] \Psi$$

Hamiltonian

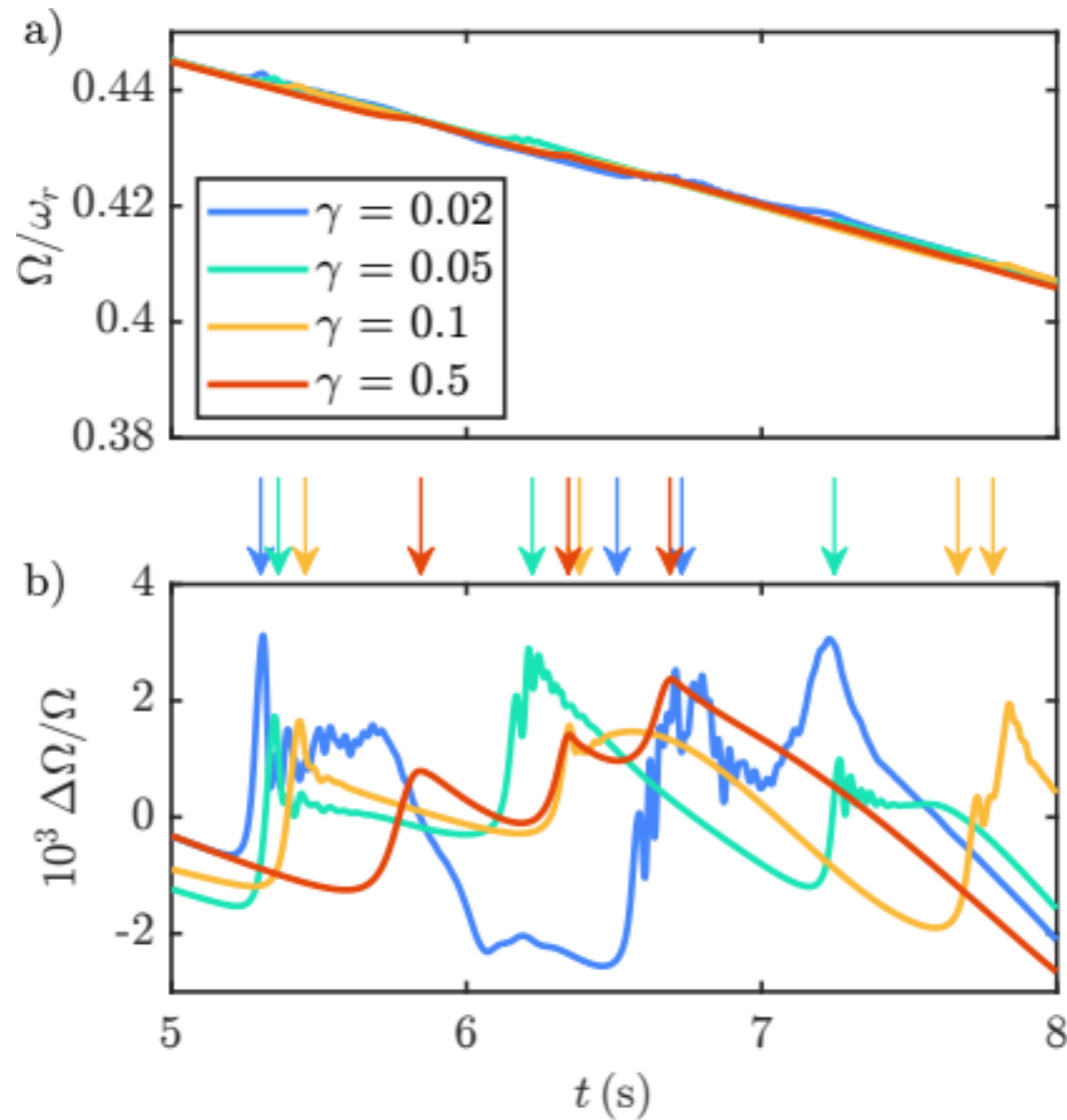
$$\mathcal{H}[\Psi; a_s, a_{\text{dd}}, \omega] = -\frac{\hbar^2 \nabla^2}{2m} + \frac{1}{2} m [\omega_r^2 (x^2 + y^2) + \omega_z^2 z^2] + \int d^3 \mathbf{r}' U(\mathbf{r} - \mathbf{r}') |\Psi(\mathbf{r}', t)|^2 + \gamma_{\text{QF}} |\Psi(\mathbf{r}, t)|^3 - \mu$$

Trapping potential (pancake-like) Self-interaction LHY correction



$$\alpha = 1 - f_{\text{NCRI}}$$

- Parameters $N_{\text{em}} = 4.3 \times 10^{-35} \text{kg m}^2/\text{s}^2$, $\gamma = 0.05$, $\Omega_{\text{init}} = 0.5\omega_r$.

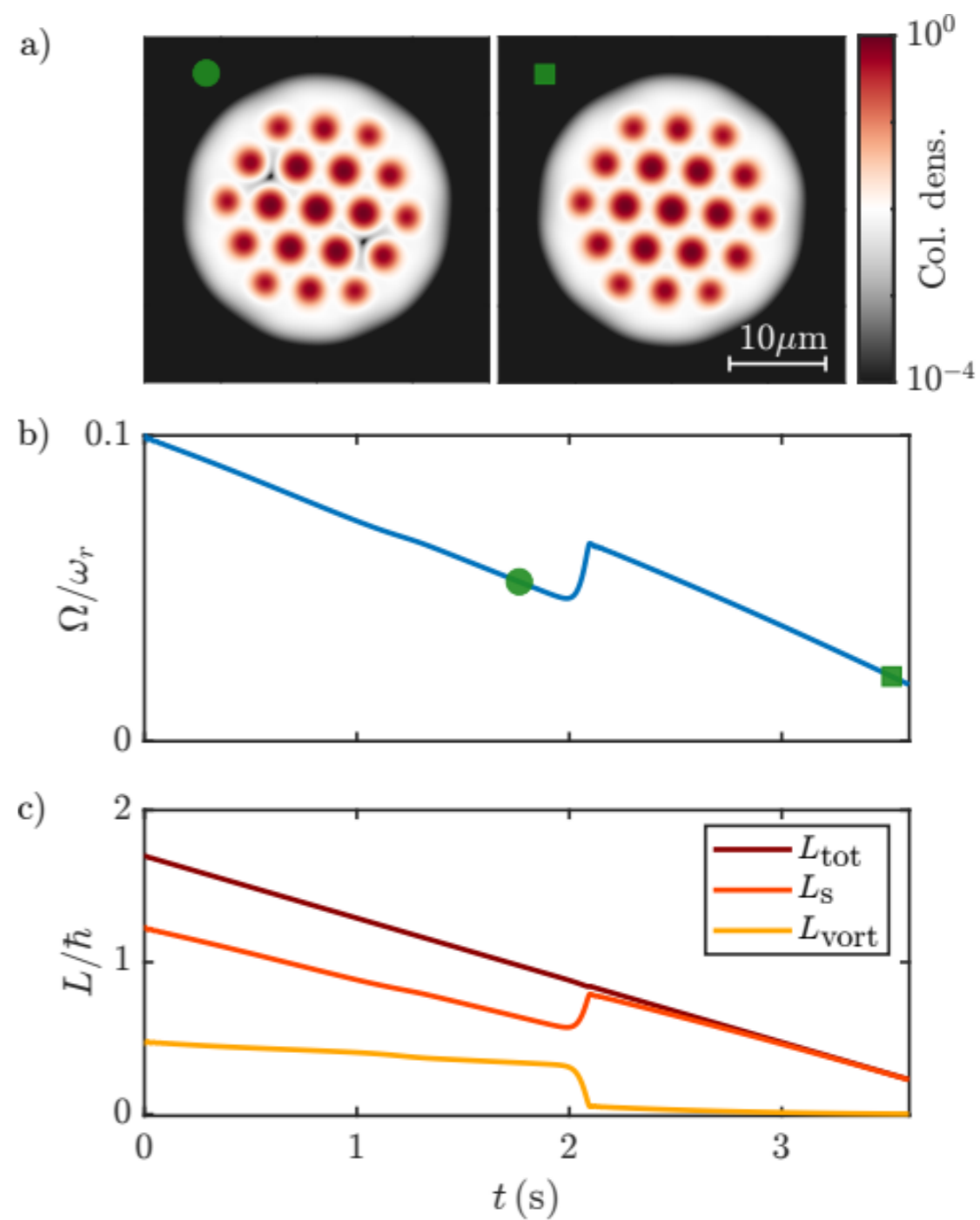
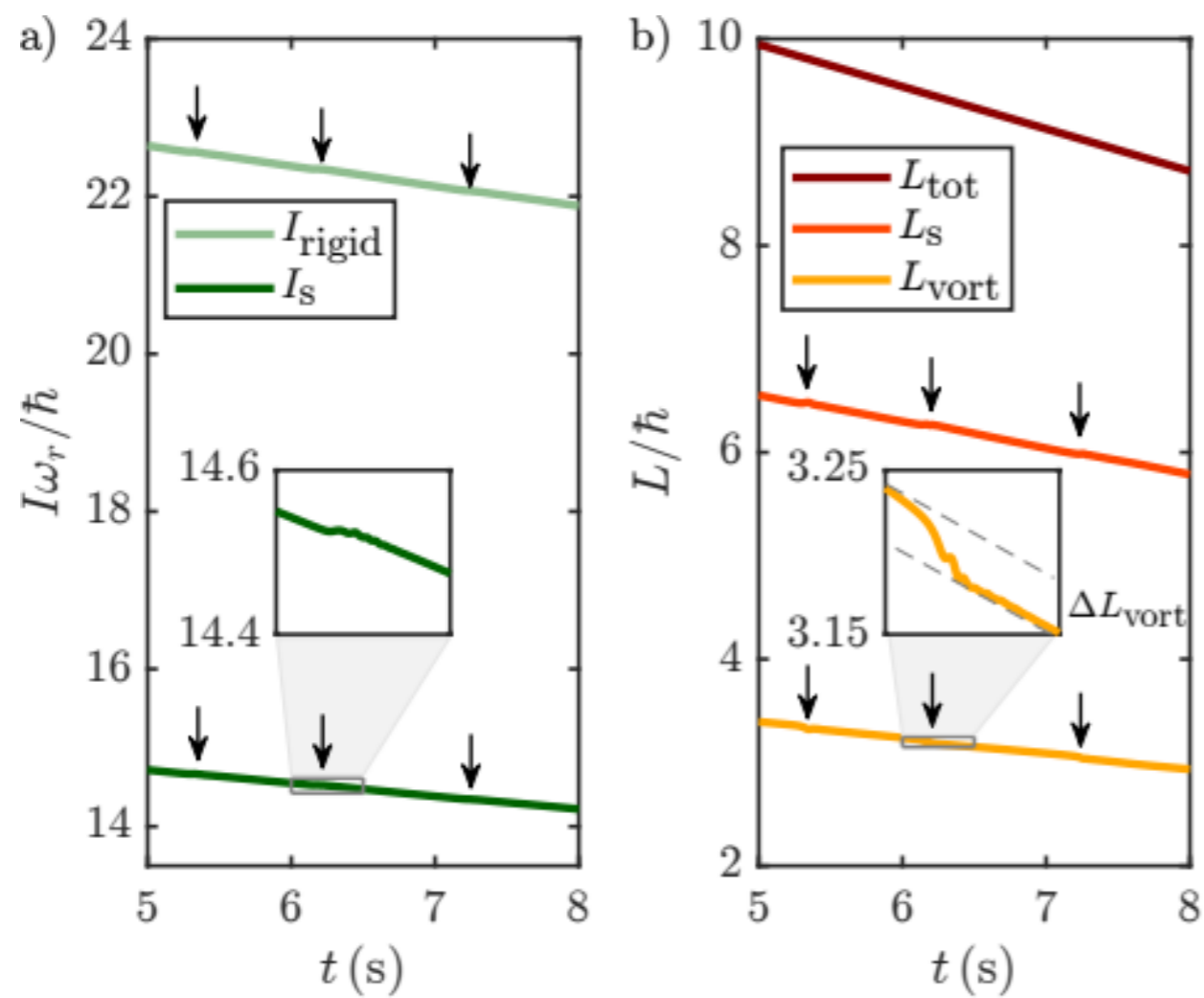


- Different values of γ mimic different coupling with the outer crust

- Parameters

$$N_{\text{em}} = 4.3 \times 10^{-35} \text{ kg m}^2/\text{s}^2, \quad a_s = 91a_0, \quad \Omega_{\text{init}} = 0.5\omega_r.$$

Testing the angular momentum decomposition



Outer crust

$$\rho \lesssim 4.3 \times 10^{11} \text{ g cm}^{-3}$$

Weak equilibrium works to produce the most stable isotope

Isotope	Z/A	$\rho_t(\text{g/cm}^3)$	μ_e (MeV)
^{56}Fe	0.464	7.96×10^6	0.95
^{62}Ni	0.452	2.71×10^8	2.61
^{64}Ni	0.437	1.3×10^9	4.31
^{66}Ni	0.424	1.48×10^9	4.45
^{86}Kr	0.419	3.12×10^9	5.66
^{84}Se	0.405	1.10×10^{10}	8.49
^{82}Ge	0.390	2.80×10^{10}	11.4
^{80}Zn	0.375	5.44×10^{10}	14.1
^{78}Ni	0.359	9.64×10^{10}	16.8
^{126}Ru	0.350	1.29×10^{11}	18.3
^{124}Mo	0.339	1.88×10^{11}	20.6
^{122}Zr	0.328	2.67×10^{11}	22.9
^{120}Sr	0.317	3.79×10^{11}	25.4
^{118}Kr	0.305	4.31×10^{11}	26.2

Neutron rich matter

many electrons

neutron drip

Haensel and Pichon
Astron.Astrophys. 283 (1994) 313

Density matters!

Energy density scaling

kinetic
(single particle)

$$\mathcal{E}_{sp} \propto n$$

Interaction
(mean field)

$$\mathcal{E}_{contact} \propto n^2$$

$$\mathcal{E}_{dipolar} \propto U_{dd} n^2$$

Quantum fluctuations

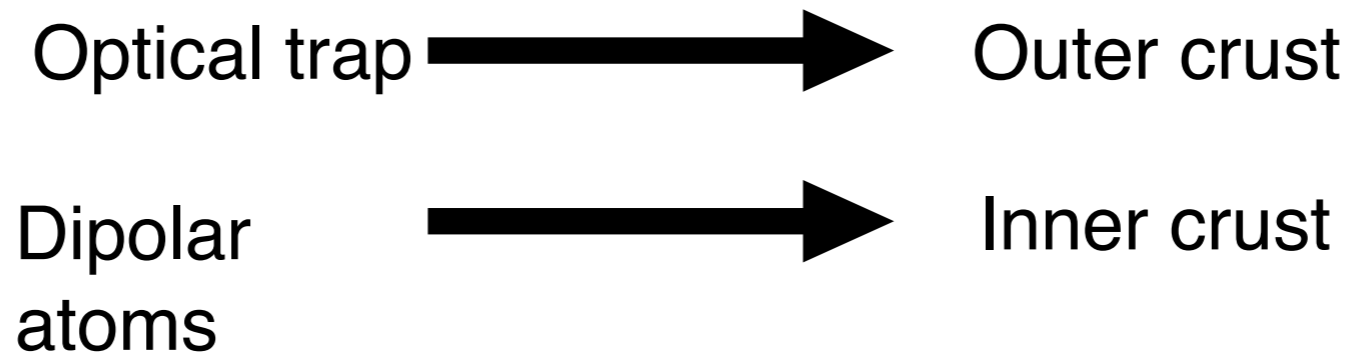
$$\mathcal{E}_{LHY} \propto n^{5/2}$$

Repulsive

Long-range inhomogeneous

“Interaction channels” change with density

Evolution



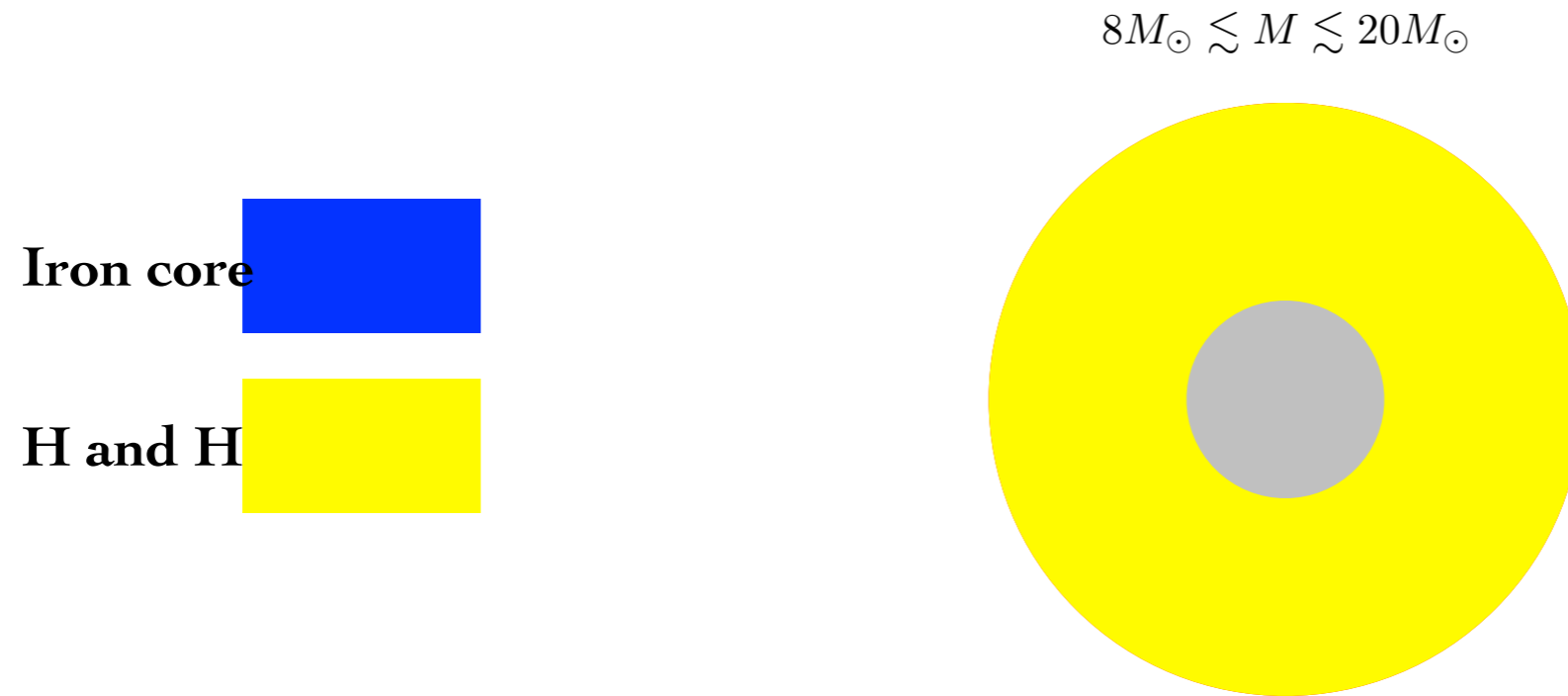
To emulate the NS spin down, we put a “break” on the optical trap $\dot{L}_{total} = -N_{em}$

System of equations solved recursively

$$I_{solid} \dot{\Omega} = -N_{em} - \dot{L}_{vortices} - \dot{I}_{solid} \Omega$$

$$i\hbar \frac{\partial \Psi}{\partial t} = (1 - i\gamma) \left[\mathcal{H}[\Psi; a_s, a_{dd}, \omega] - \Omega(t) \hat{L}_z \right] \Psi$$

Dawn of neutron



During the stellar contraction ions capture electrons forming neutrons

Matter falling towards the stellar center bounces back, because neutrons cannot be easily squeezed.
A shockwave is produced: a supernova!

Shear viscosity η

Diffusion between layers results in an effective **friction**

$$\eta \sim n p \lambda$$

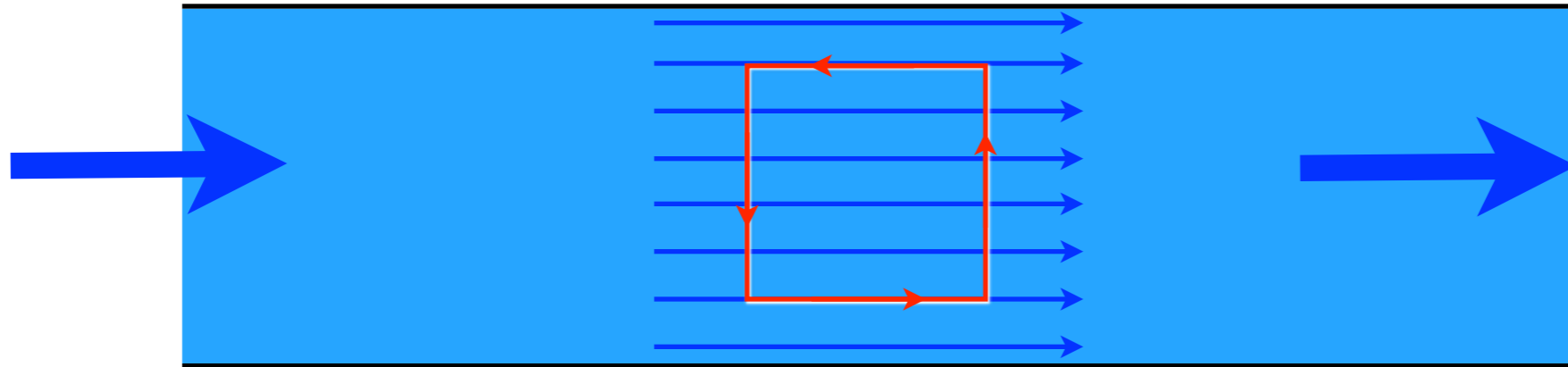
λ mean free path
 p average momentum
 n number density

From $p\lambda \geq \hbar$ it follows that $\frac{\eta}{n} \geq \hbar$

In relativistic systems **entropy** works better. Entropy density $s \propto k_B n$

$$\frac{\eta}{s} \sim p\lambda \geq \frac{\hbar}{k_B}$$

Unviscid (dry) fluid



Continuity equation $\frac{\partial \rho}{\partial t} + \nabla \cdot (\rho \mathbf{v}) = 0$

Euler equation $\frac{\partial \mathbf{v}}{\partial t} + (\mathbf{v} \cdot \nabla) \mathbf{v} = -\frac{\nabla p}{\rho} - \nabla \phi$

Vorticity $\Omega = \nabla \times \mathbf{v}$

Unviscid fluid $\Omega = 0$

91

The flow is permanently irrotational $\mathbf{v} = \nabla \phi$

Viscous fluid

$$\rho \left(\frac{\partial \mathbf{v}}{\partial t} + (\mathbf{v} \cdot \nabla) \mathbf{v} \right) = -\nabla p - \rho \nabla \phi + \eta \nabla^2 \mathbf{v} + \zeta \nabla(\nabla \cdot \mathbf{v})$$

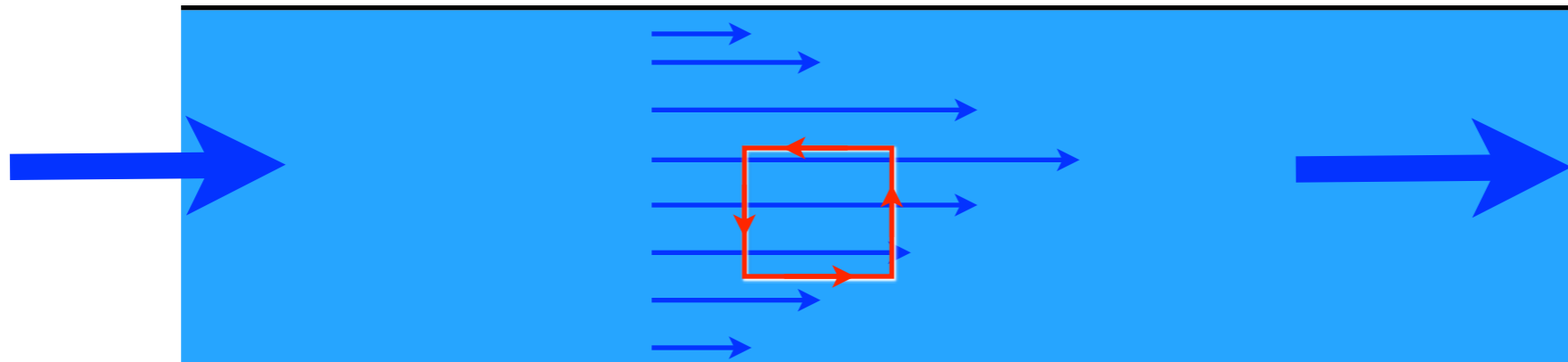
shear viscosity

bulk viscosity

Using the vorticity

$$\frac{\partial \Omega}{\partial t} + \nabla \times (\Omega \times \mathbf{v}) = \frac{\eta}{\rho} \nabla^2 \Omega$$

Vorticity is generated by the shear viscosity



Univiscid flow is not the characterizing property of a superfluid.

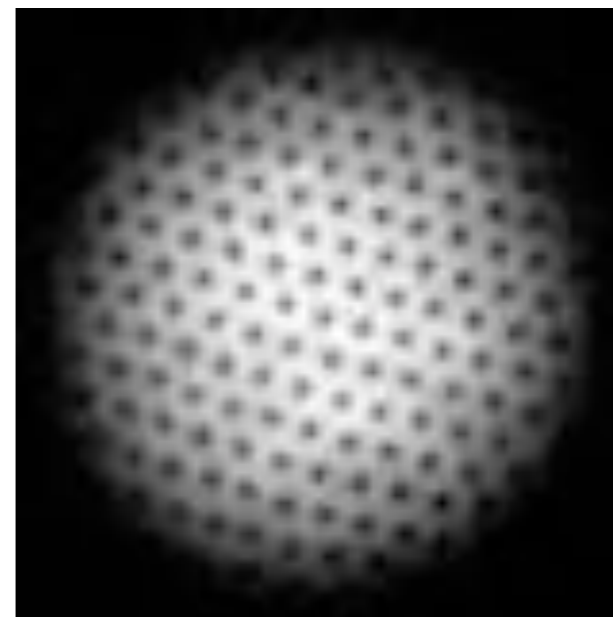
Consider a ballistic gas. It “flows” without dissipation. But it is certainly not a superfluid.

The characterizing property of a superfluid is potential flow
with quantized vortices when in rotation

$$\mathbf{v} = \nabla\varphi \rightarrow \nabla \times \mathbf{v} = 0 \text{ almost everywhere}$$

$$\oint_C d\mathbf{l} \cdot \mathbf{v} = \Delta\varphi = n\pi \text{ because } \varphi \text{ is a phase}$$

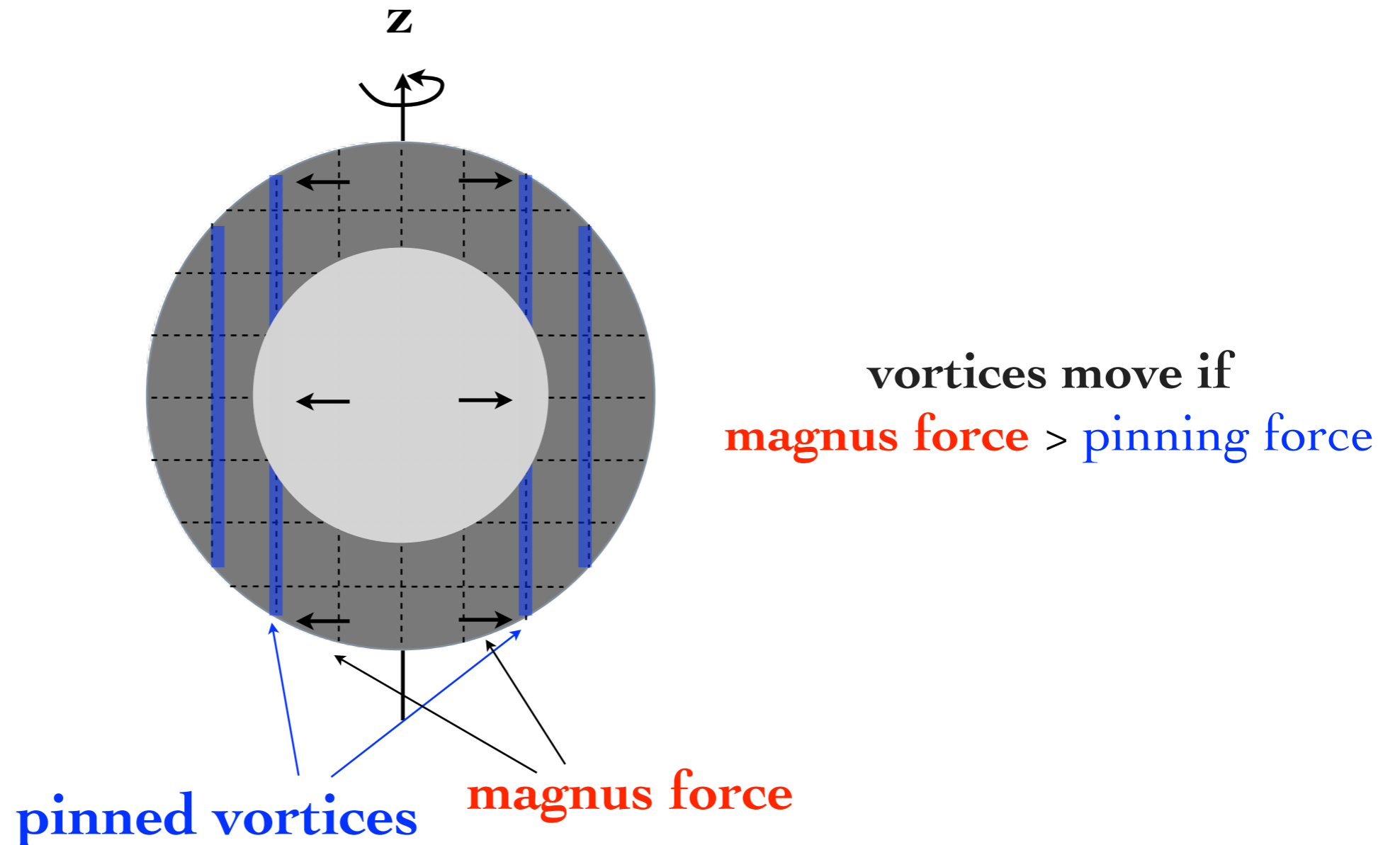
Since vortices repel they
form an Abrikosov lattice



Possible glitch mechanism

1) Superfluid vortices are initially pinned

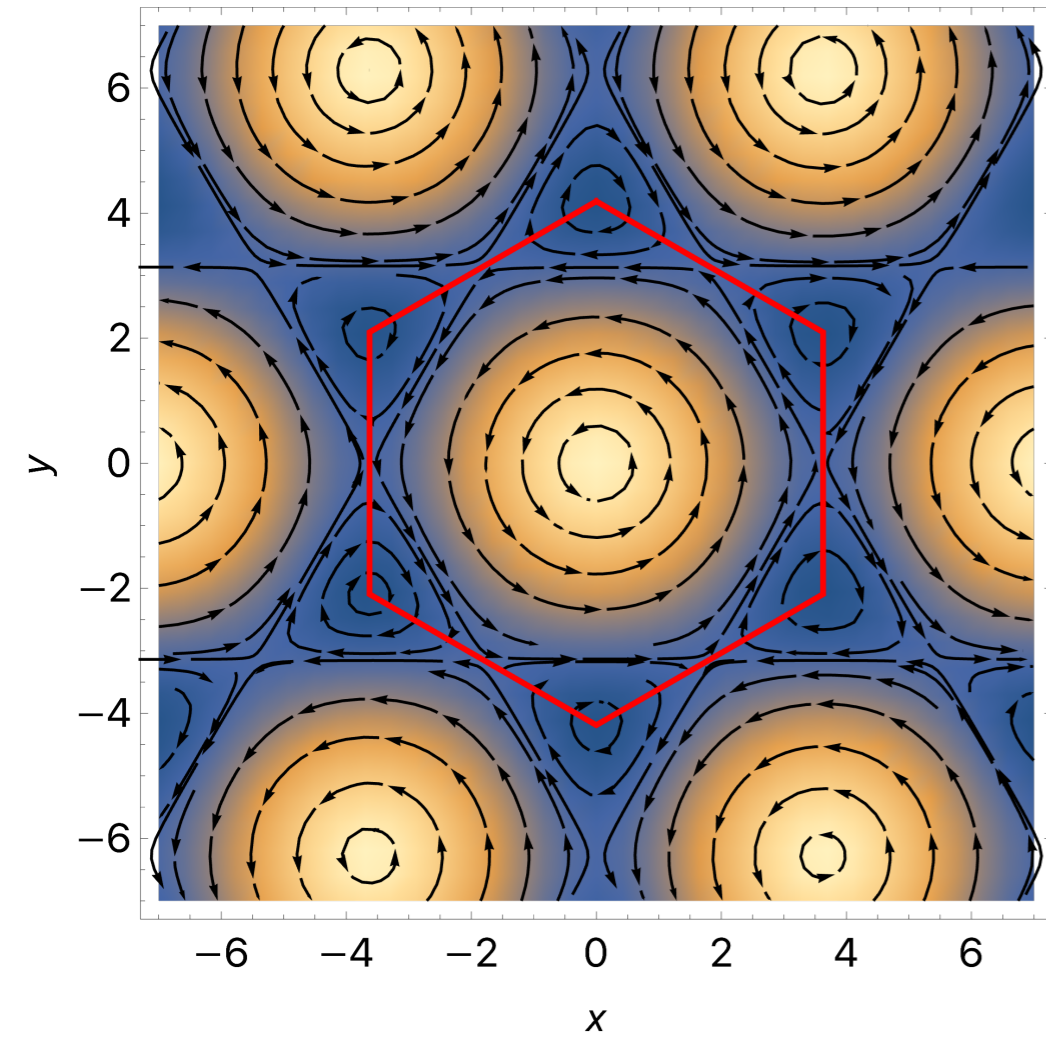
2) Superfluid vortices unpin and transfer angular momentum to the crust



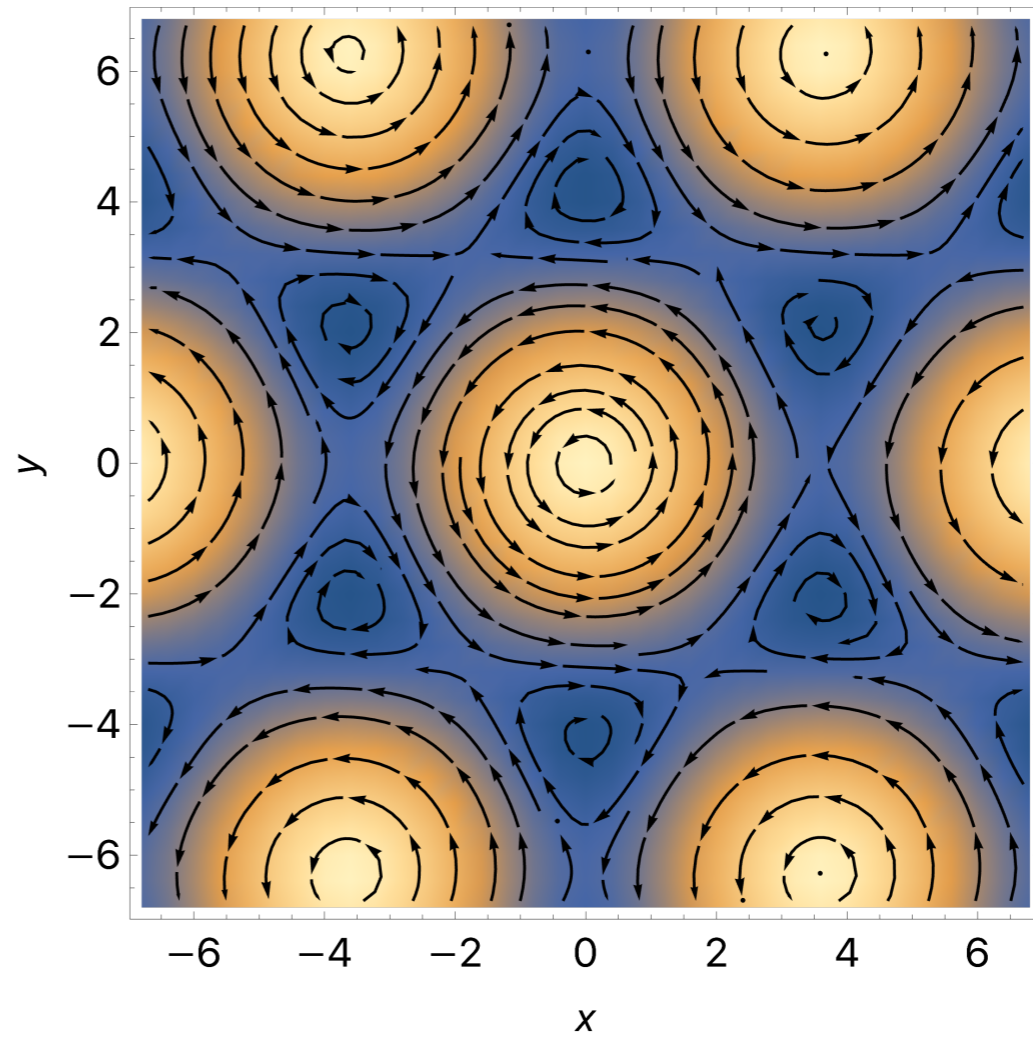
Vortex pinning

Vortex streamlines

Without dissipation

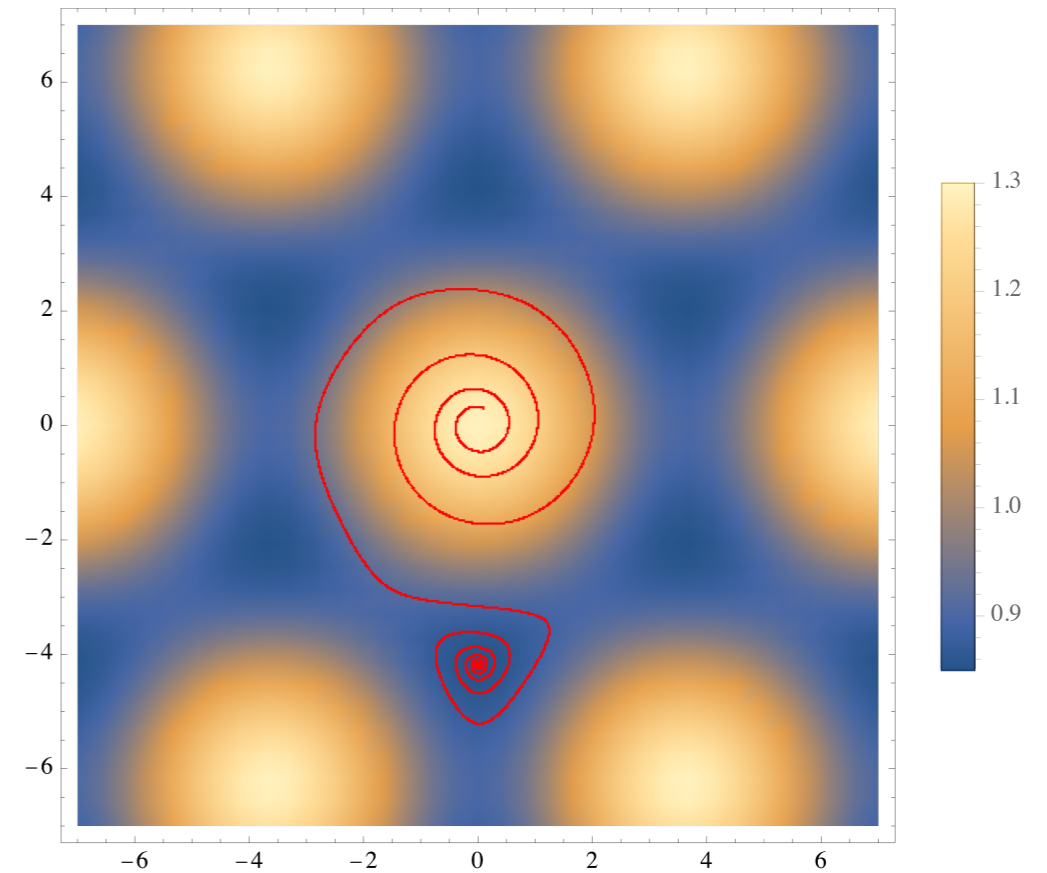
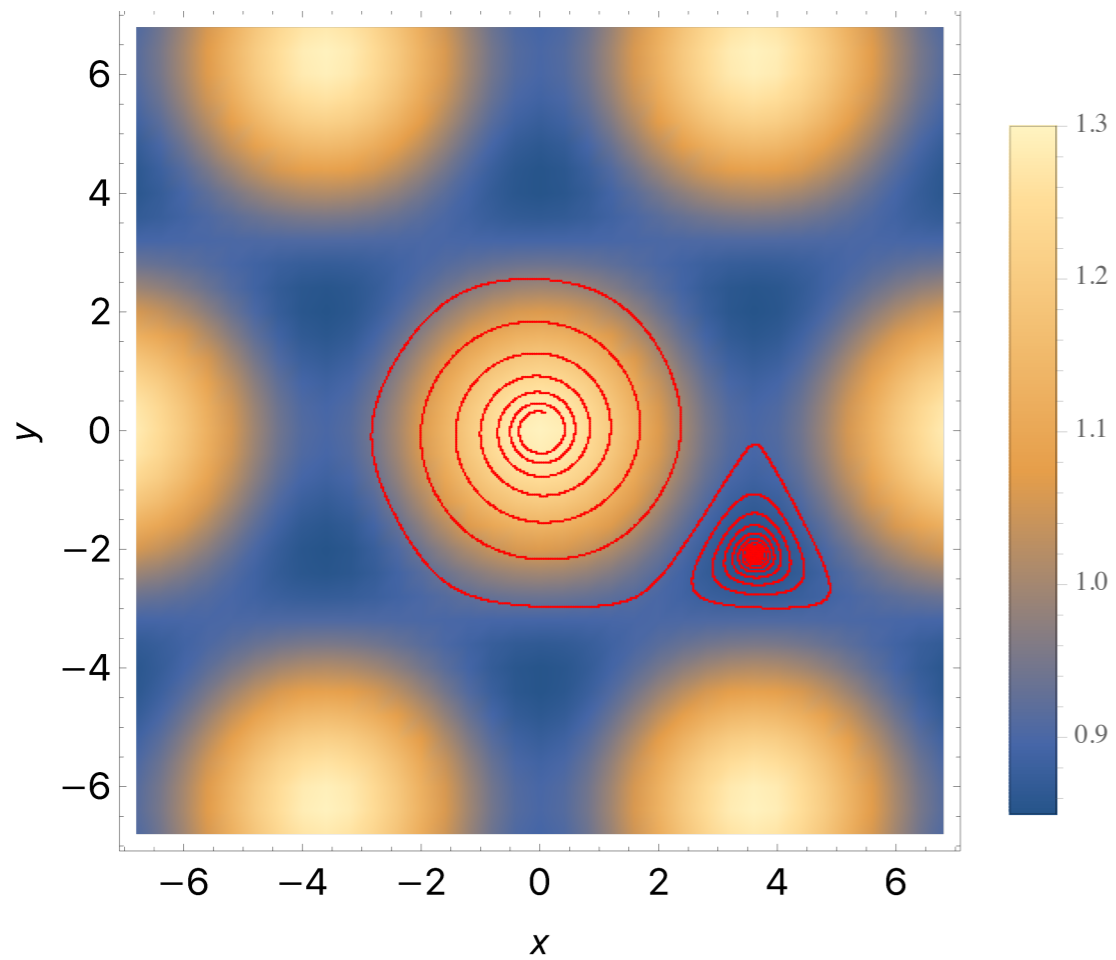


With dissipation



$$\mathbf{v}_v \simeq -\frac{\hbar}{m} \left\{ \gamma \nabla \log \sqrt{\rho} + \hat{\mathbf{z}} \times \nabla \log \sqrt{\rho} \right\} = \mathbf{v}_\perp + \mathbf{v}_\parallel$$

Vortex evolution with dissipation



$$\mathbf{v}_v \simeq -\frac{\hbar}{m} \left\{ \gamma \nabla \log \sqrt{\rho} + \hat{\mathbf{z}} \times \nabla \log \sqrt{\rho} \right\} = \mathbf{v}_\perp + \mathbf{v}_\parallel$$