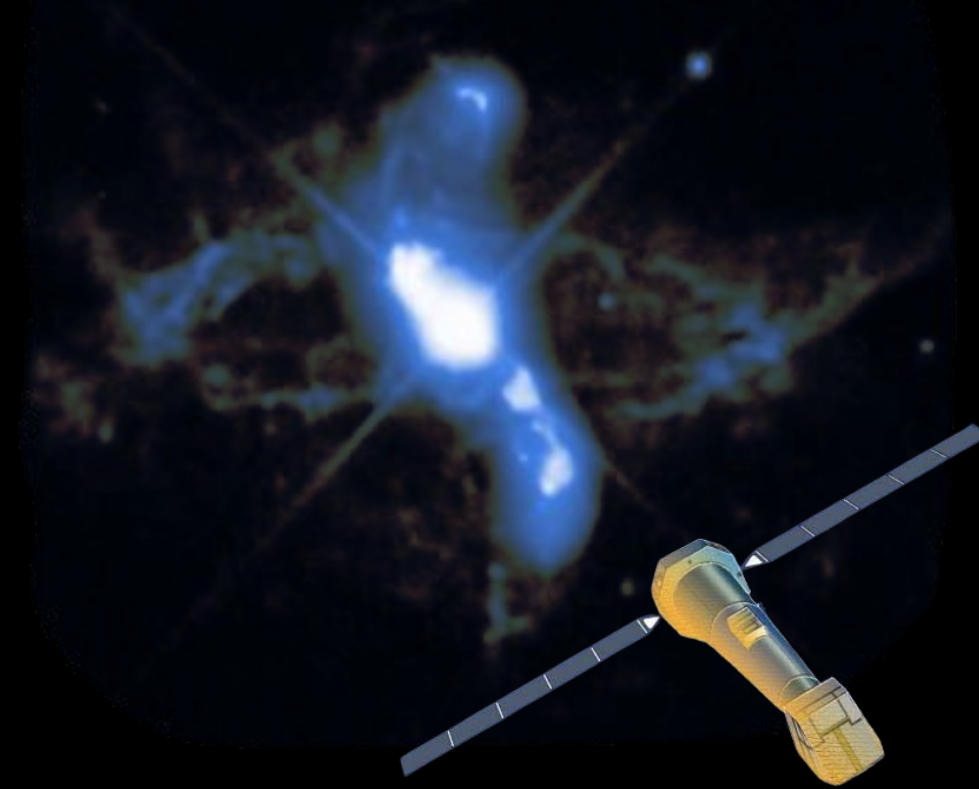


Expanding our view on symbiotic stars with NewAthena



Speaker: Jaime Alonso Hernández
Centro de Astrobiología (CAB, CSIC-INTA)
jalonso@cab.inta-csic.es

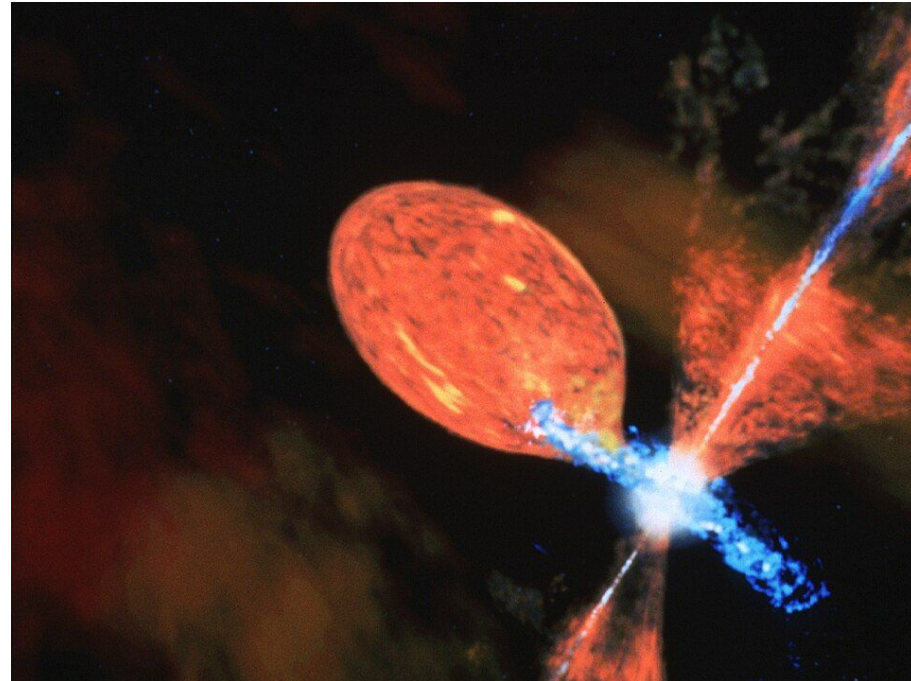


Introduction: Symbiotic stars, an overview

Definition of symbiotic star (or symbiotic system)

No clear definition, but binary systems composed of:

- A red giant star (RGB or AGB)
- Interacting companion (MS, WD, or NS)



Artistic impression of the symbiotic star R Aquarii (credit: Dana Berry)

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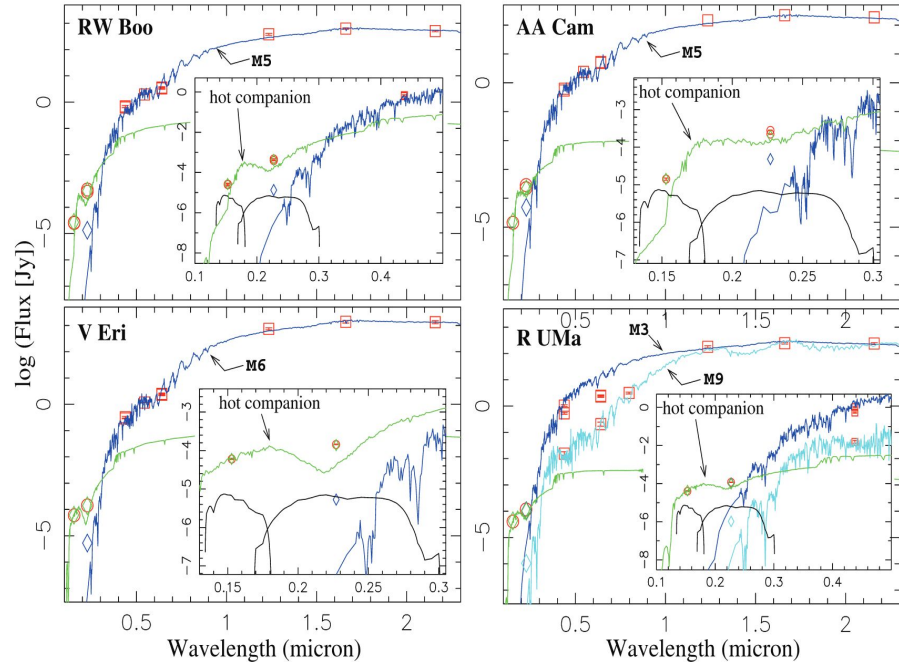
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The identification of symbiotic stars is a challenge due to the high luminosity and intrinsic variability of the red giant

Symbiotic may display (or not) certain phenomenology:

- **Intense UV excesses**



Spectral energy distributions of symbiotic star candidates ([Sahai+2008](#))

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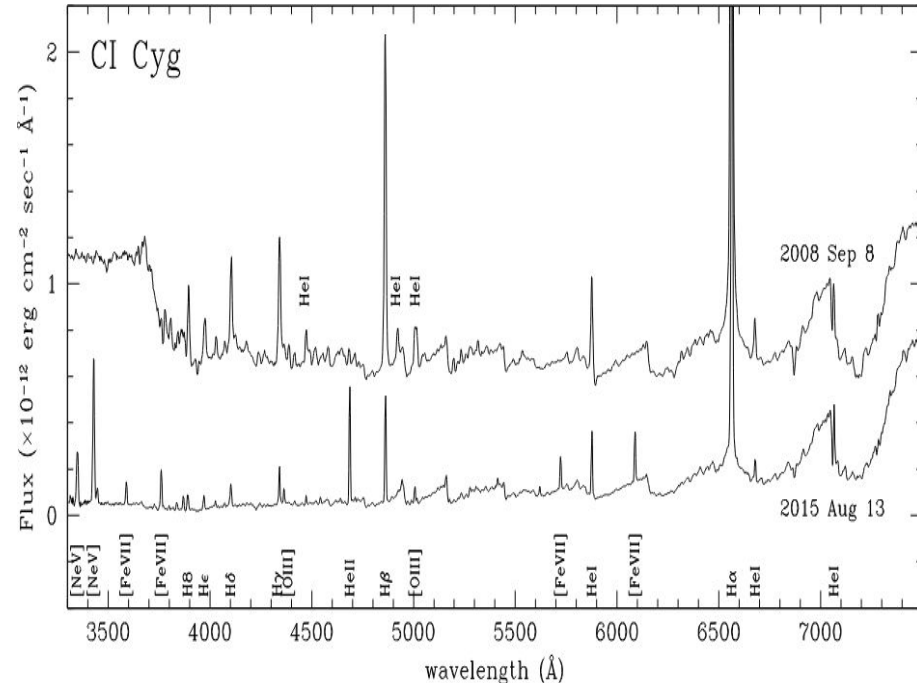
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Optical spectra of CI Cyg (credit: [Munari+2019](#))

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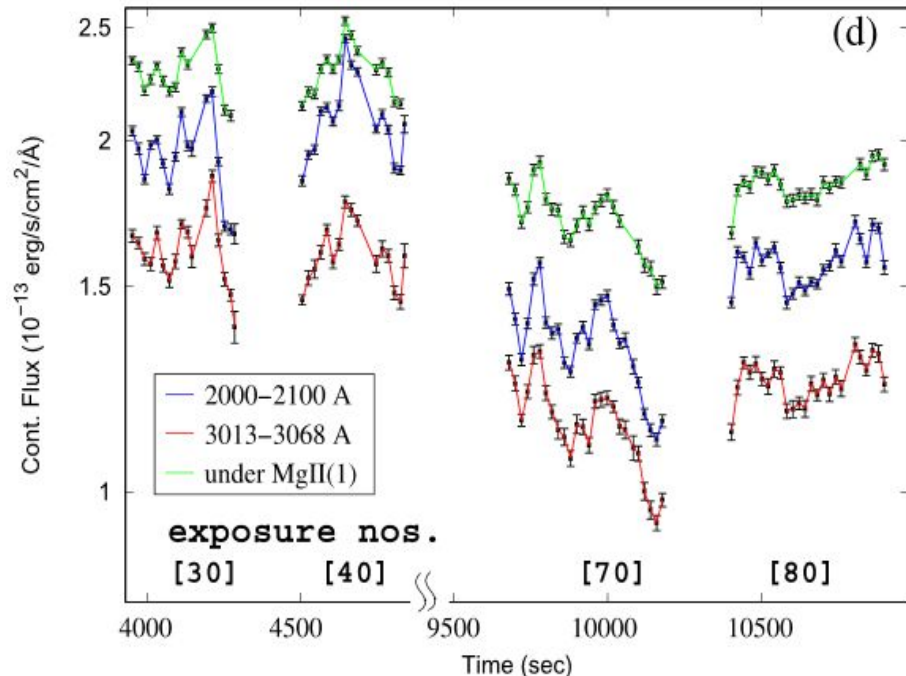
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HST/STIS lightcurves of Y Gem (credit: [Sahai+2018](#))

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XMM-Newton/EPIC-pn spectra of Y Gem (credit: Guerrero+2024)

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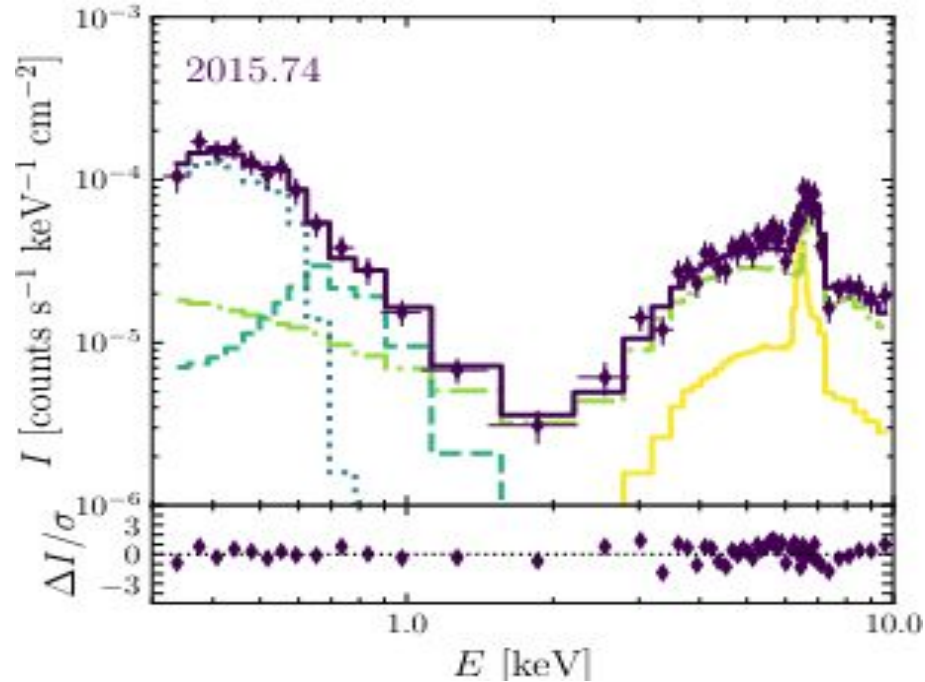
Symbiotic may display (or not) certain phenomenology:

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But depend on the accretion state...

20-40% of symbiotics stars detected in X-ray emission
([Merc+2019](#), [Akras+2019](#))

The typical symbiotic star: AGB donor + accreting WD

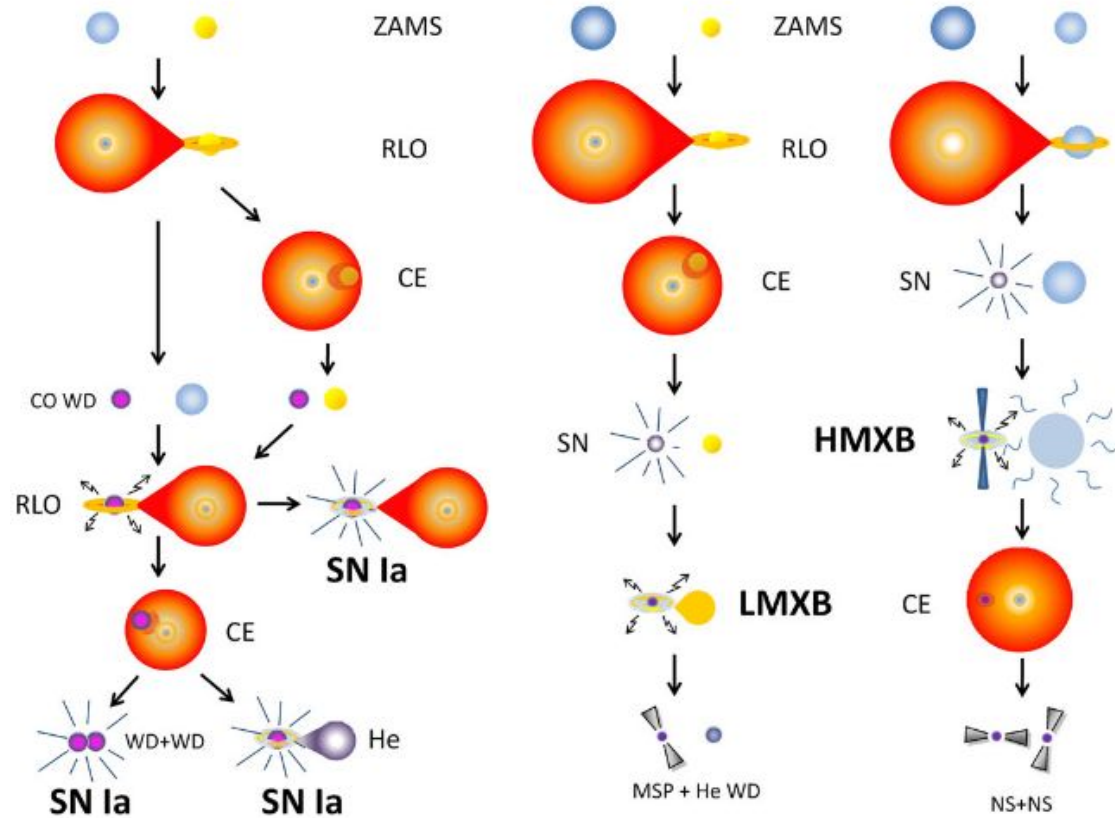


XMM-Newton/EPIC-pn spectra of Y Gem (credit: [Guerrero+2024](#))

Introduction: Symbiotic stars, an overview

Formation of Symbiotic stars

The symbiotic phenomena occurs in close binary (or multiple) stellar systems



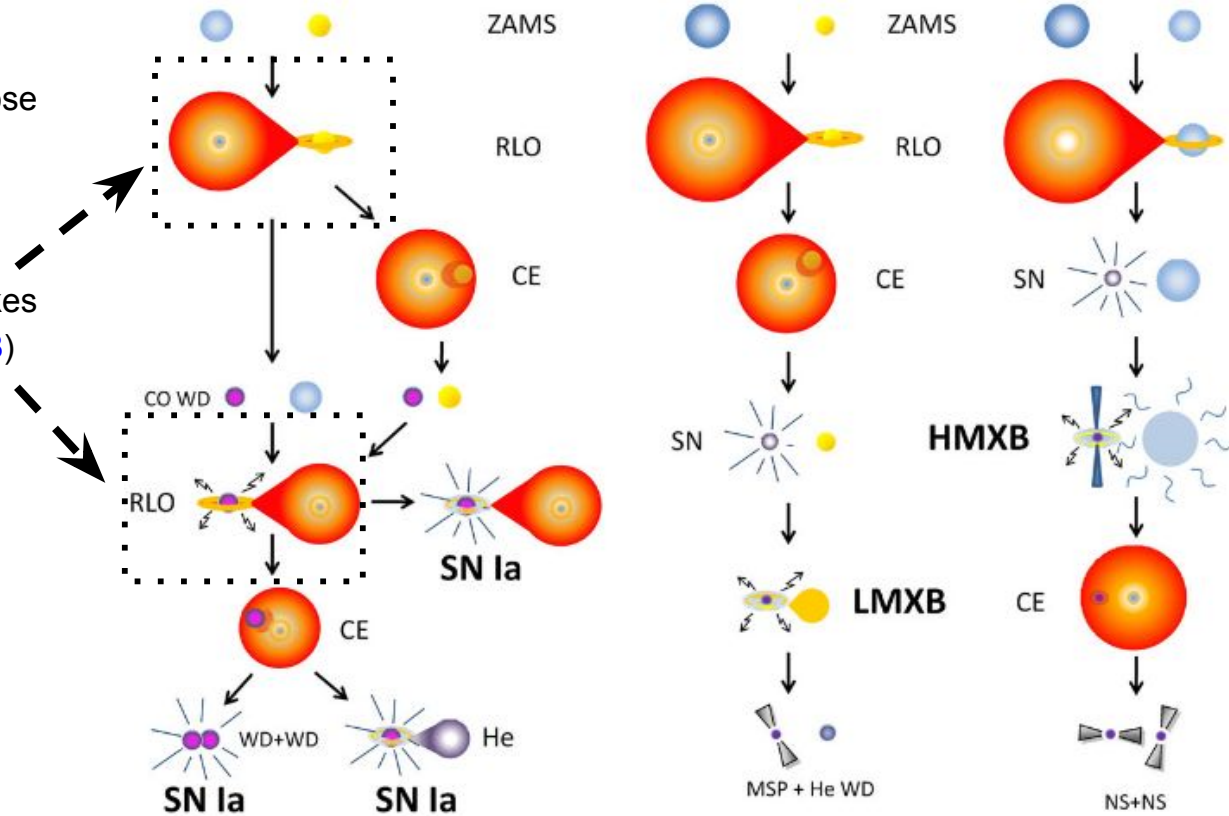
Schematic view of the evolution of different common envelope systems (Ivanova+2013)

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In low- and intermediate-mass binaries takes place in **two different stages** (Webbink 1988)



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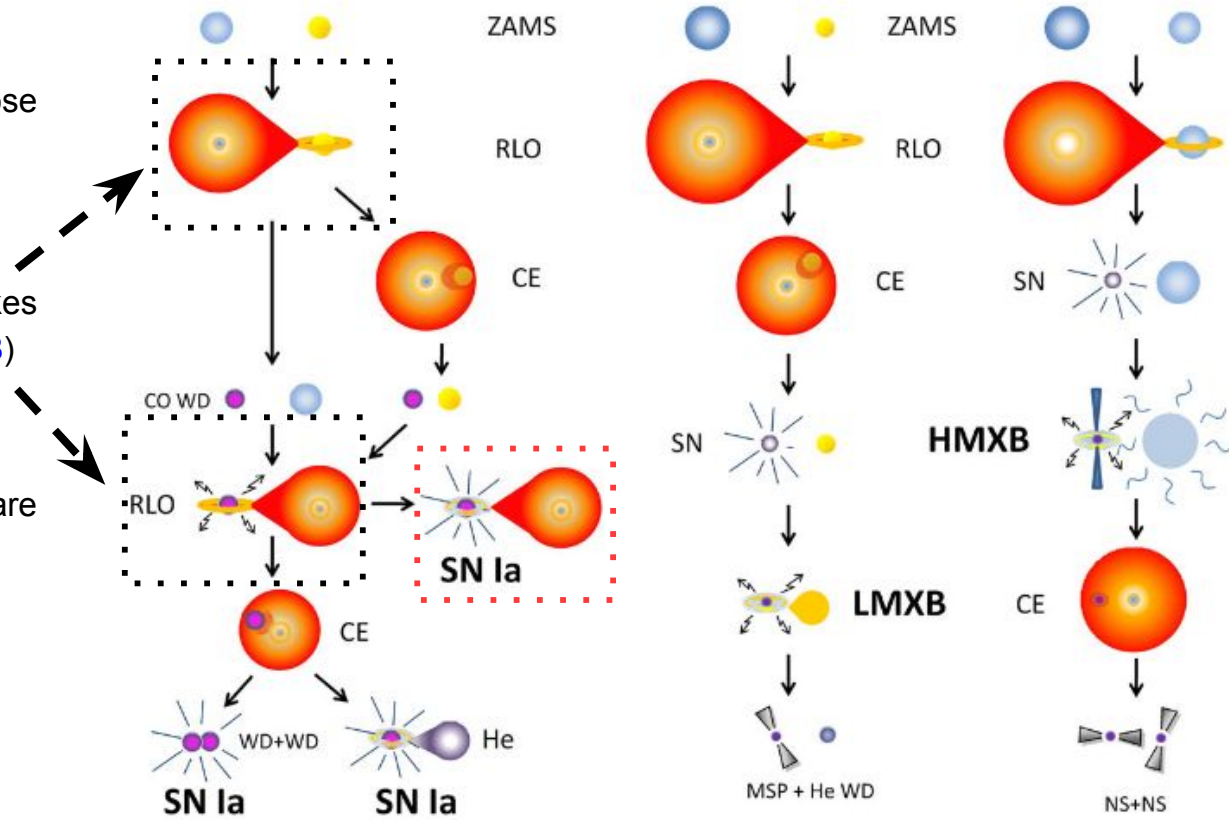
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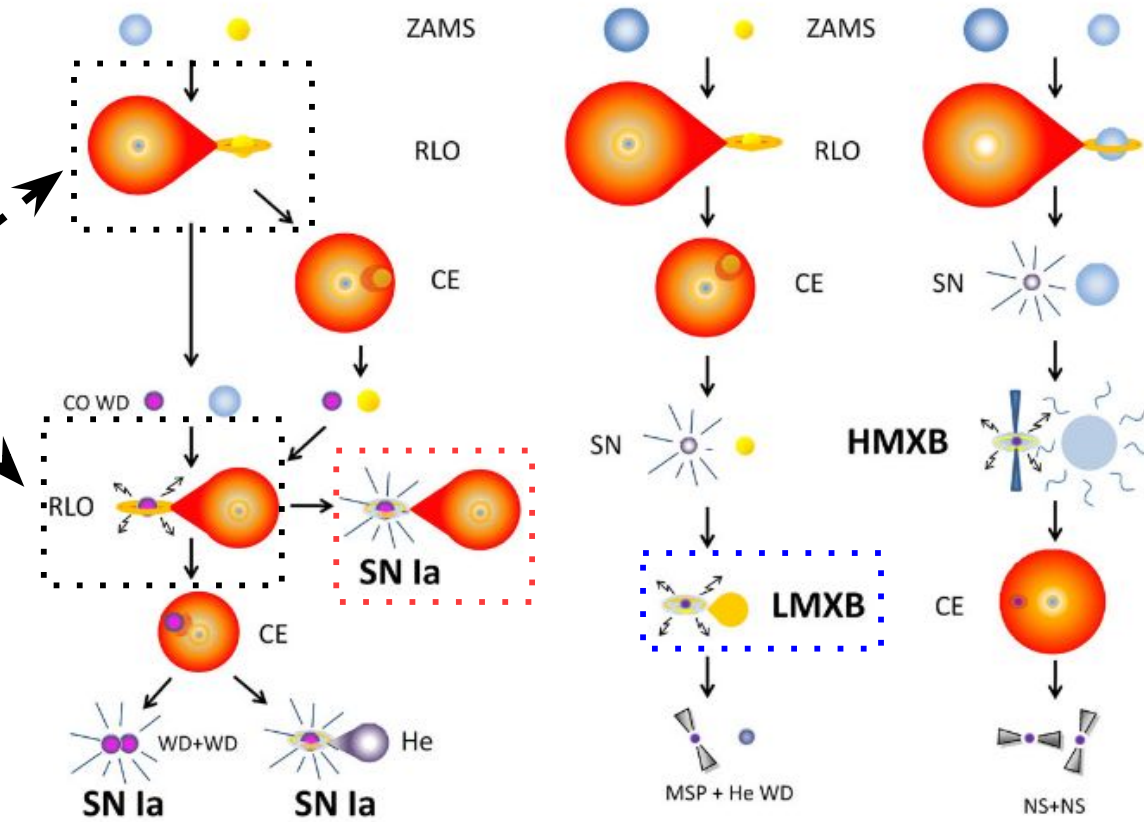
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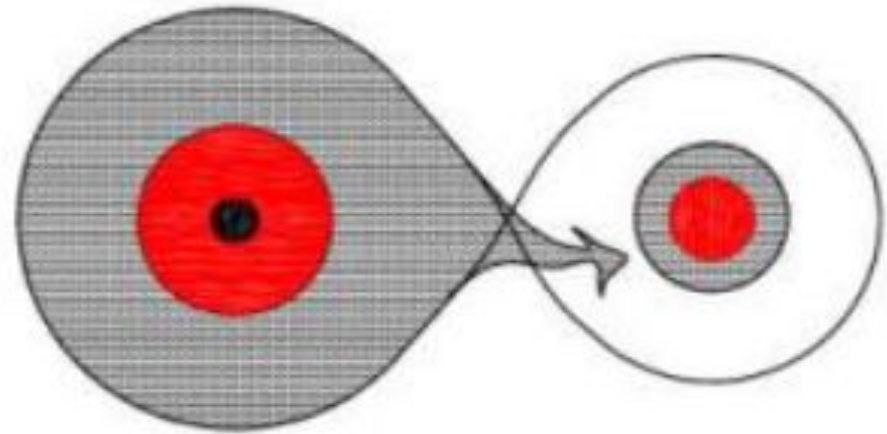
Some symbiotic stars with accreting NS are **symbiotic X-ray binaries**



Schematic view of the evolution of different common envelope systems (Ivanova+2013)

Mass transfer in symbiotic stars

Roche lobe overflow (RLOF) requires short distances ($<5 R_*$)



Schematic view of RLOF (credit: X.Chen)

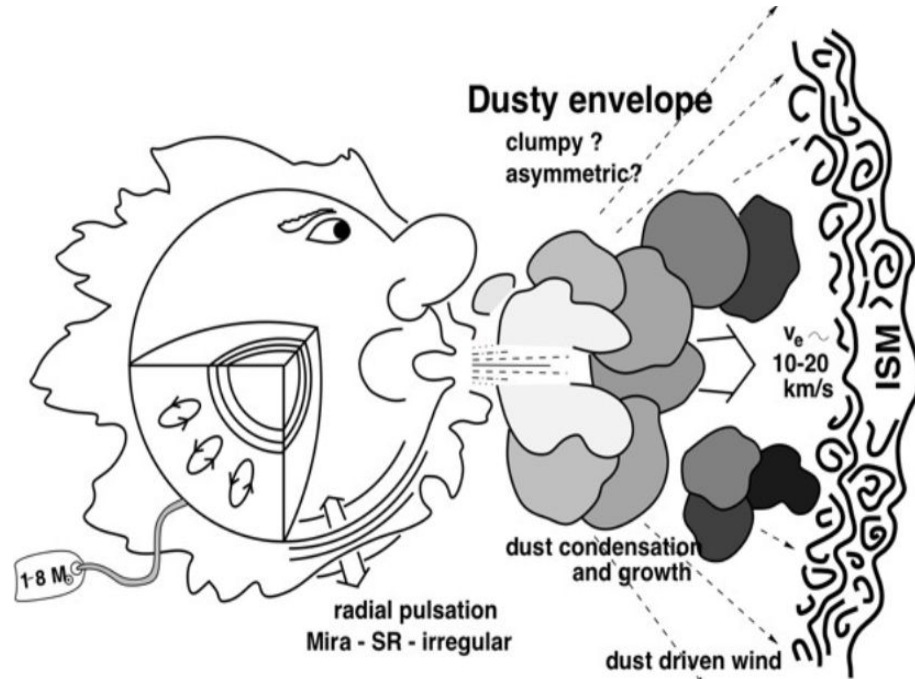
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Mass transfer in symbiotic stars

Roche lobe overflow (RLOF) requires short distances ($<5 R_*$)

RGB and AGB stars undergo intense mass-loss:

- Cool stars \rightarrow dust formation at a few stellar radii
- High luminosities \rightarrow Radiation pressure



Cartoon of the circumstellar envelope of an AGB (credit: Harvard University)

Mass transfer in symbiotic stars

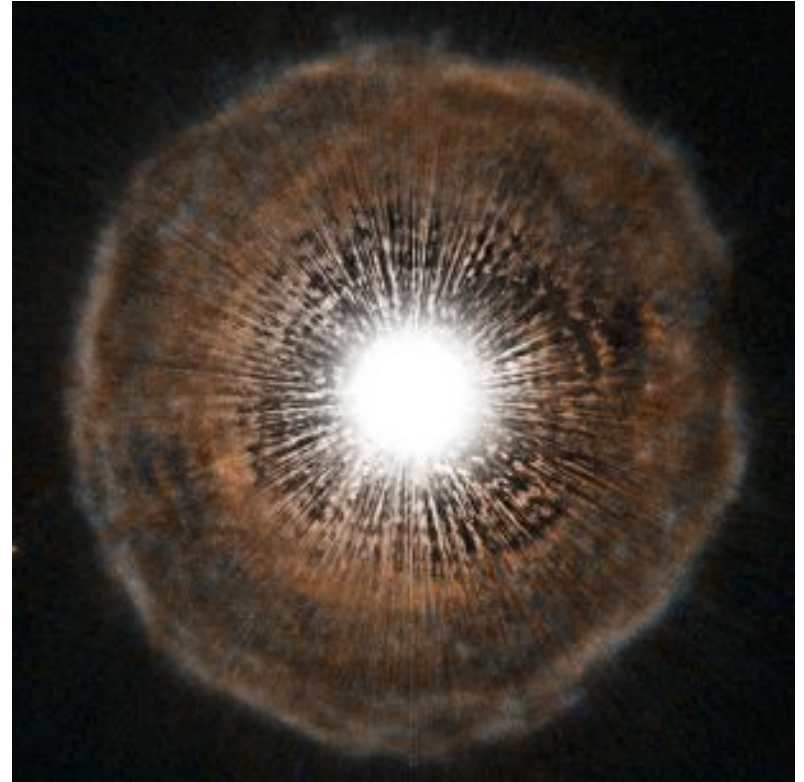
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Both stars become surrounded by a dense envelope

These envelopes are characterised by a rich dust and molecular chemistry (I will come back to this later!)



HST/WFC2 image of the AGB star U Cam (credit: NASA, ESA, and H. Olofsson)

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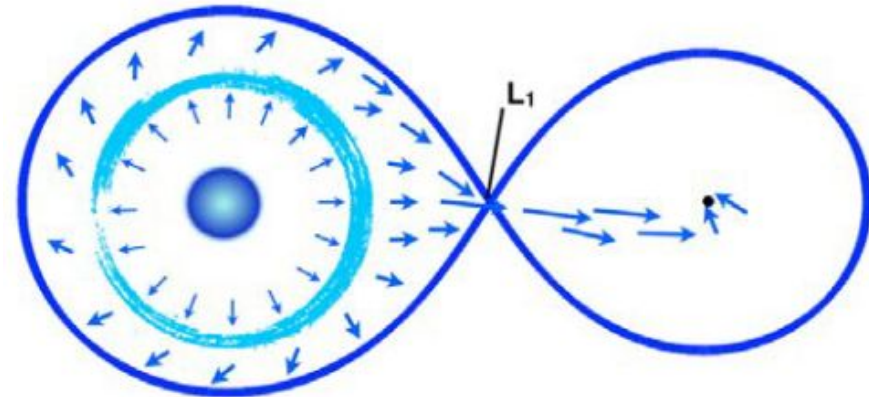
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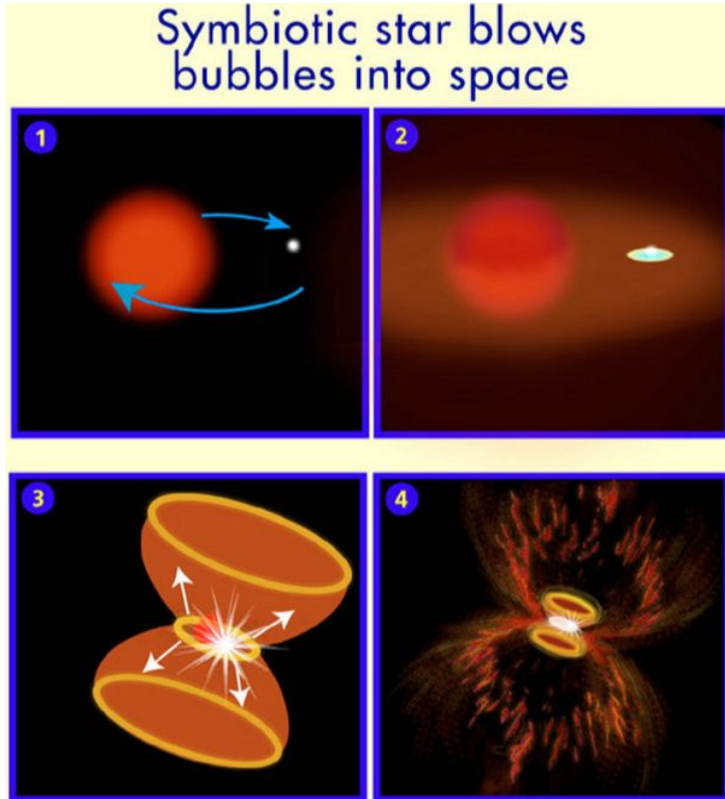
The material is bound to the star and focused towards the orbital plane (wind-RLOF, see [Mohamed & Podsiadlowski 2007](#))

The companion may accrete and shape the circumstellar material (effective for distances $<50 R_*$)



Schematic view of wind-RLOF ([Mohamed+2015](#))

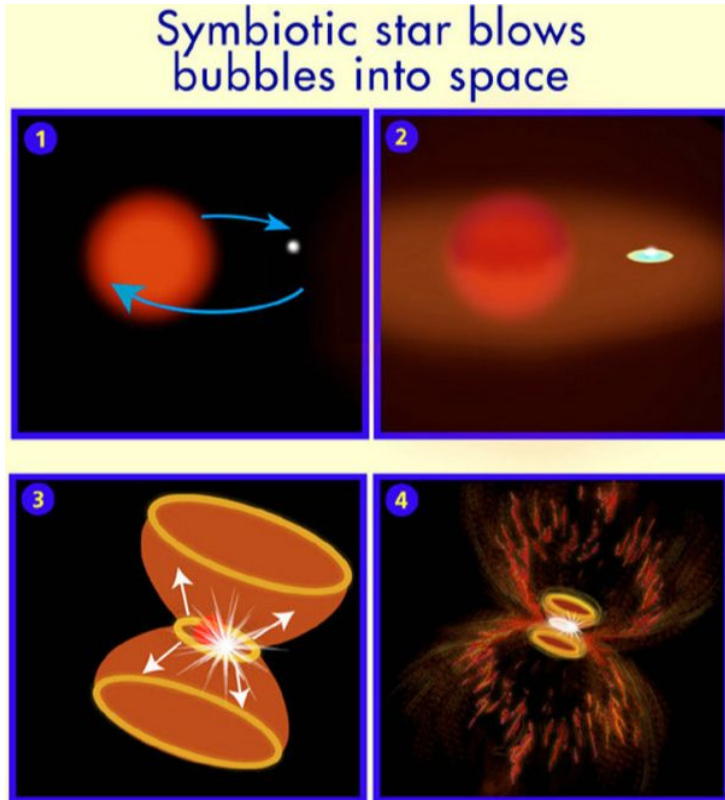
The shaping of symbiotic nebulae



Schematic view of the shaping of a symbiotic nebula
(credit: NASA & ESA)

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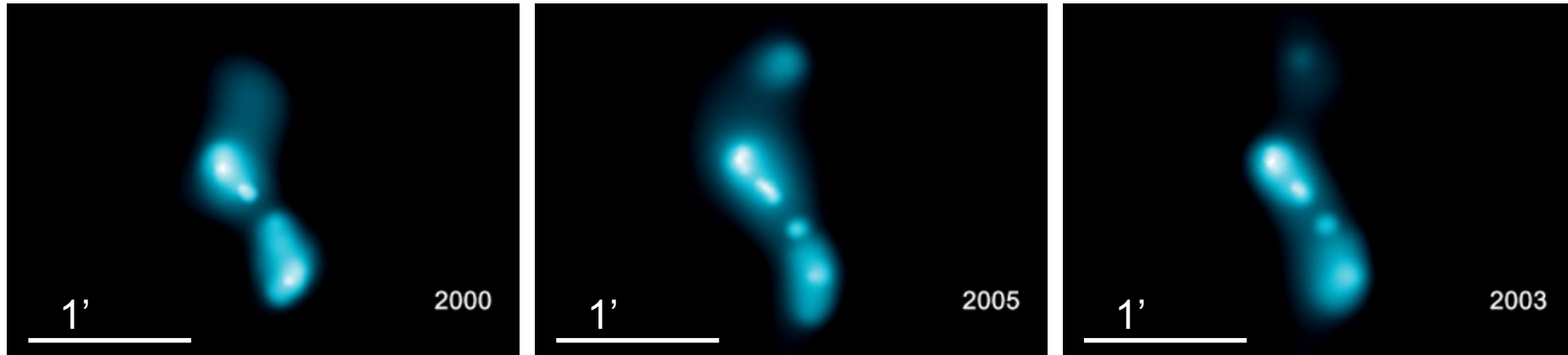
HST/WFC2 image of the Southern Crab
Nebula (credit: NASA, ESA, and STScI)

X-ray emitting symbiotic stars

How do symbiotic stars look like in X-rays??

R Aquarii is the nearest symbiotic star with a distance of 260 ± 27 pc ([Liimets+2024](#))

[Chandra](#) can resolved the “S”-shaped jet of R Aqr ([Montez+2017](#))



[Chandra/ACIS](#) images of R Aquarii at different epochs (credit: NASA)

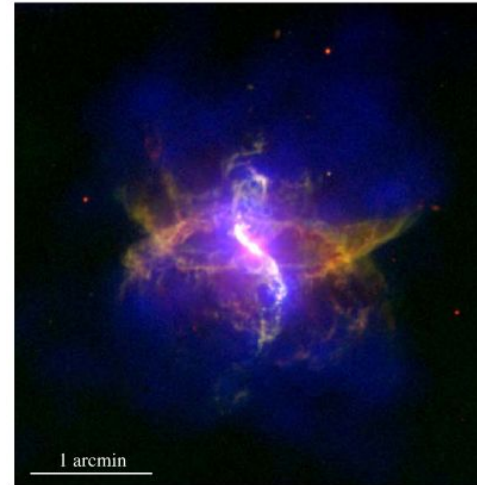
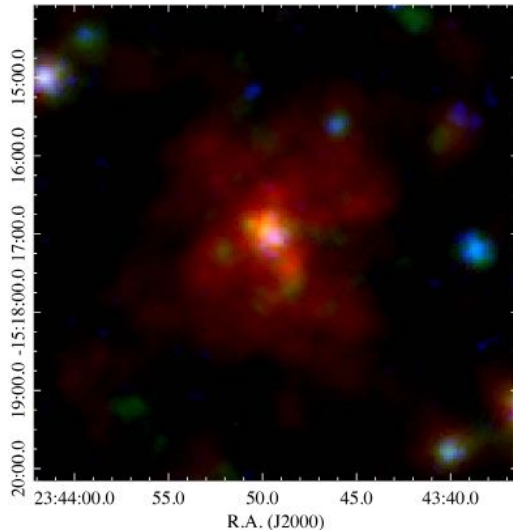
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XMM-Newton can detect a faint and extended X-ray nebula



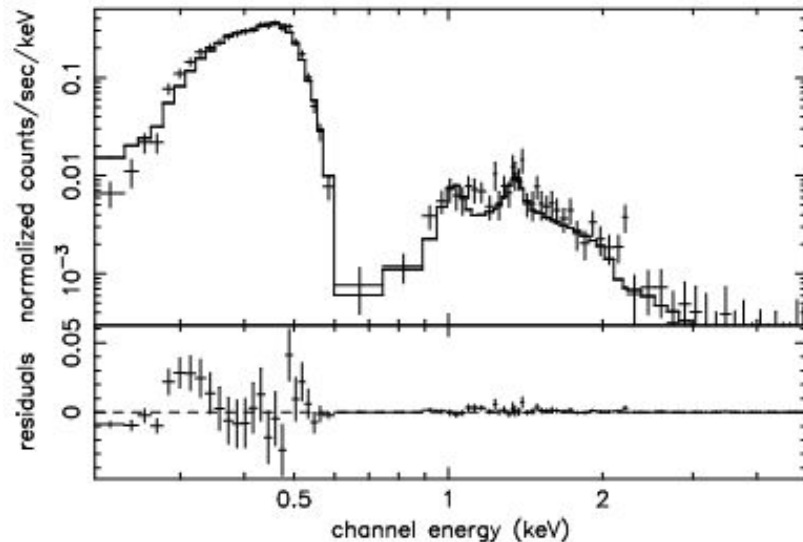
left: *XMM-Newton*/EPIC (MOS+pn) image of R Aquarii. Right: *XMM-Newton*+HST color composite (blue for X-ray, green for H α +N II, and red for OII) of R Aquarii ([Toalá+2022](#))

X-ray emitting symbiotic stars

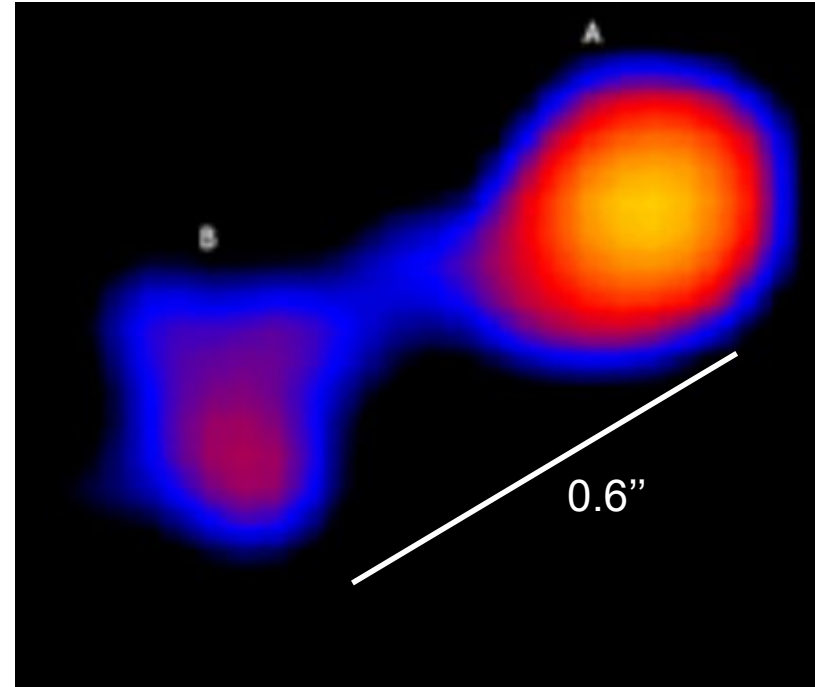
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Mira (Omi cet) is the closest symbiotic star with a distance of ~ 100 pc
([Van Leeuwen+2017](#))

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[Chandra/ACIS](#) spectra of Mira ([Karovska+2005](#))



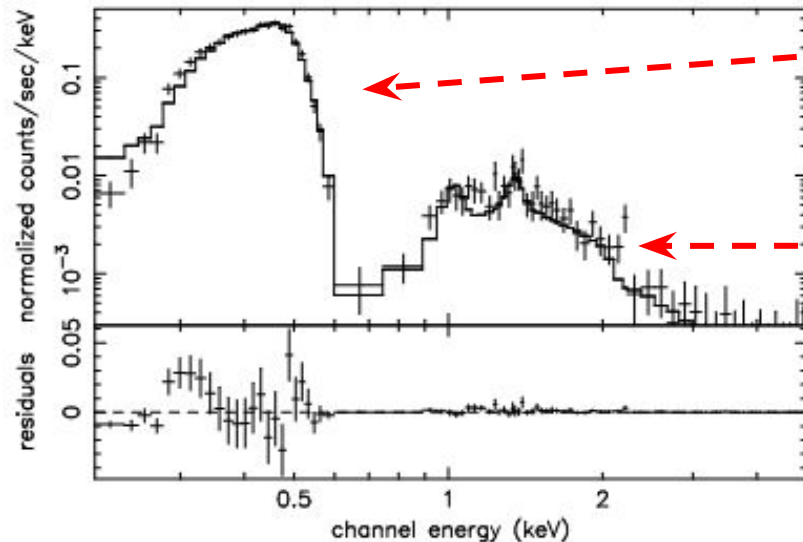
[Chandra/ACIS](#) image of Mira A and B ([Karovska+2005](#))

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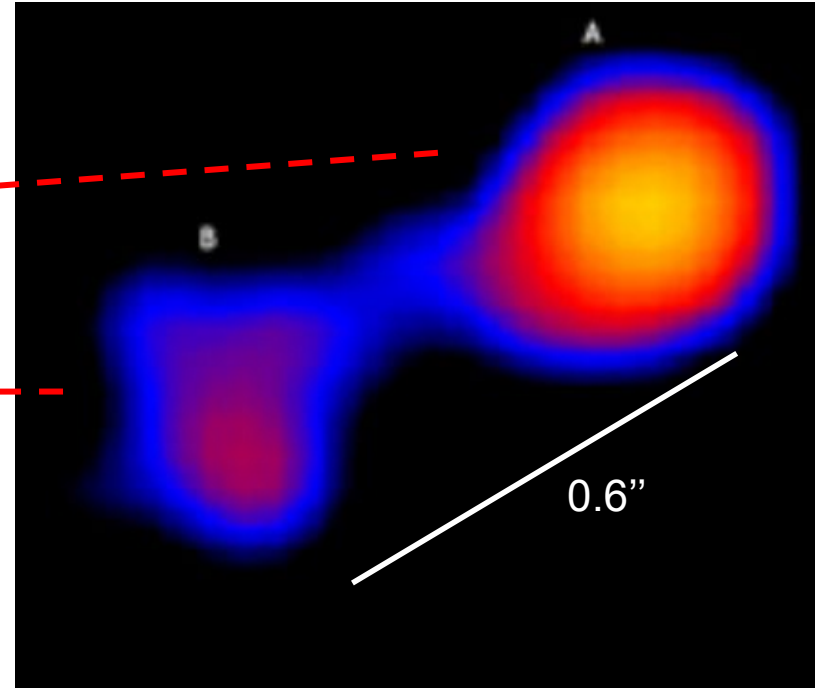
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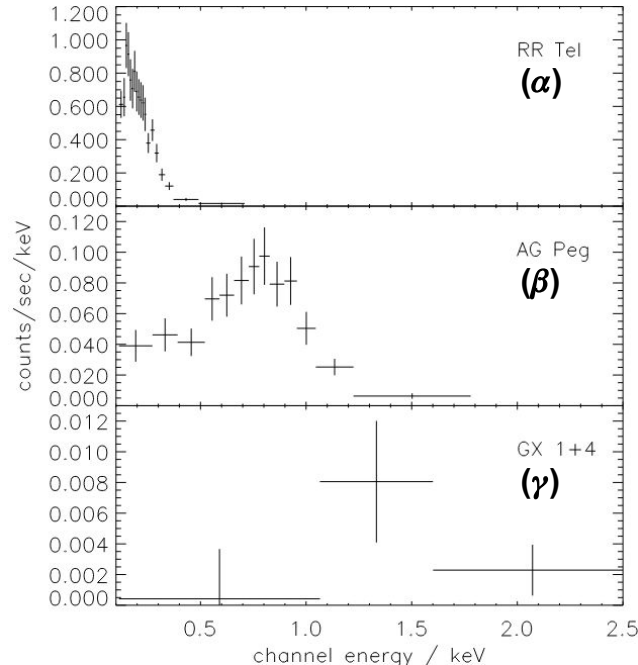


[Chandra/ACIS](#) image of Mira A and B ([Karovska+2005](#))

X-ray spectral classification

First classification proposed by [Mürset+1997](#)
based on [ROSAT](#) observations:

- α soft x-ray sources
 - Thermonuclear burning in a WD
- β Intermediate X-ray sources
 - Shocks from colliding winds
- γ Relatively hard x-ray sources
 - Accretion onto a NS??



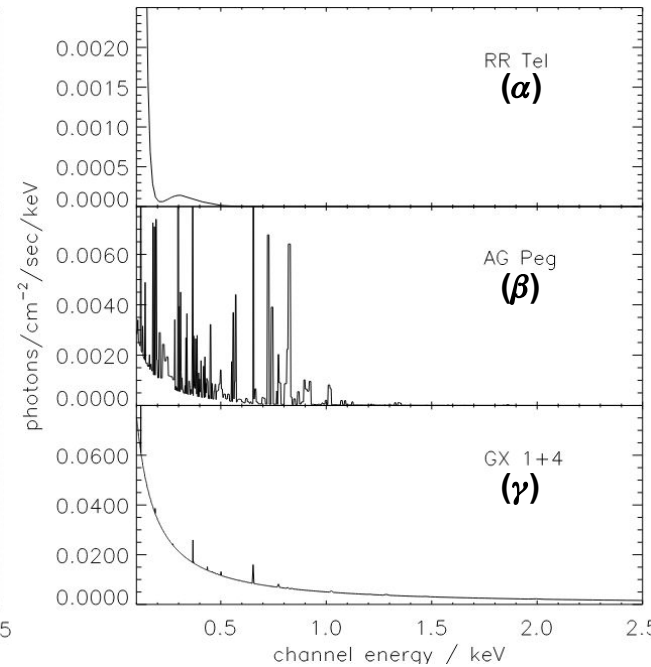
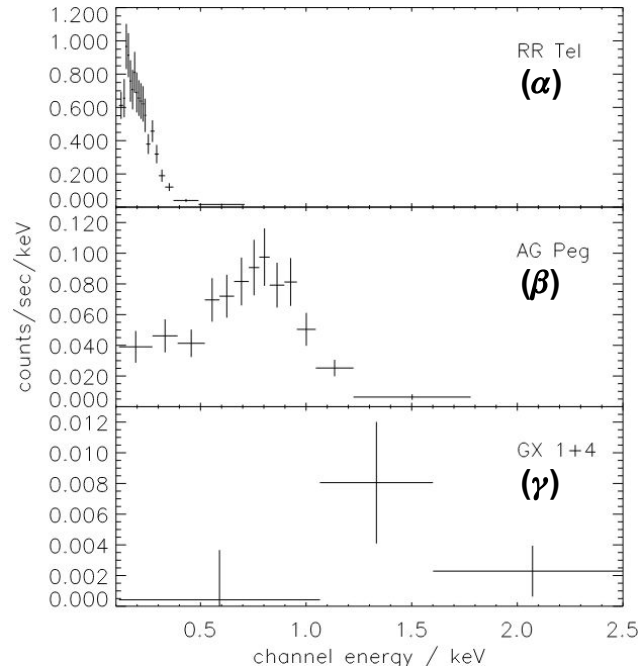
Examples of the three classes of X-ray spectra ([Mürset+1997](#))

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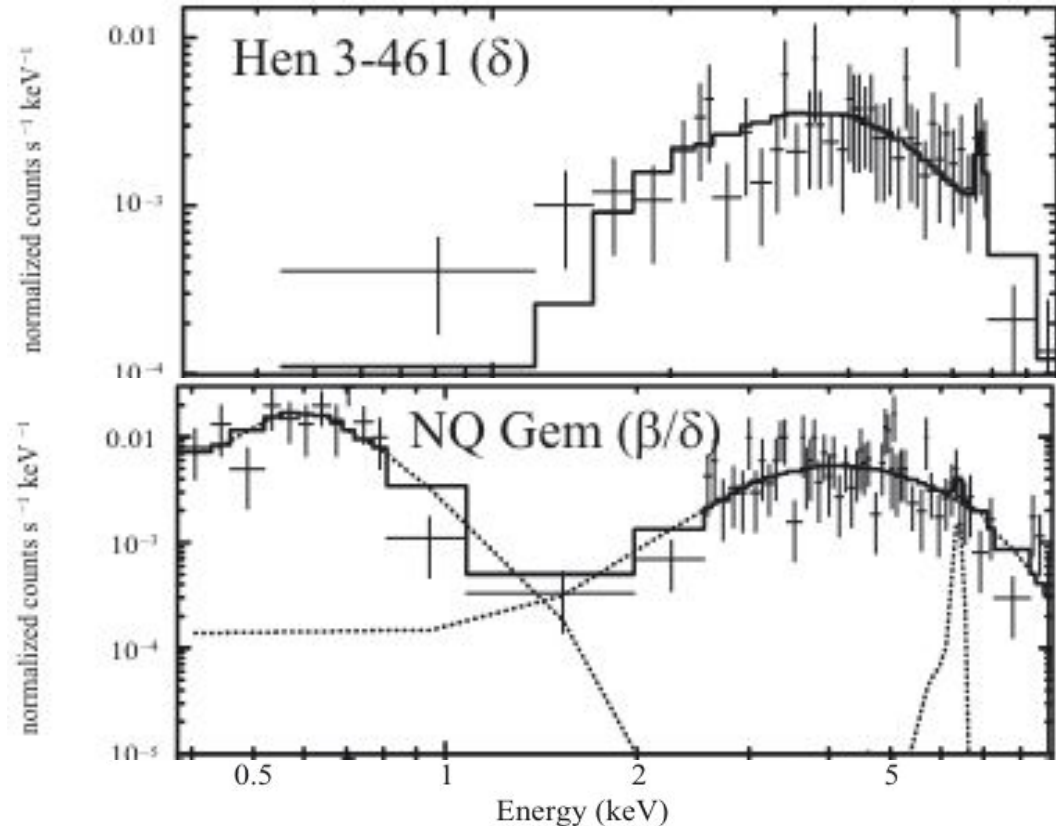


Examples of the three classes of X-ray spectra and proposed spectral models([Mürset+1997](#))

X-ray spectral classification

The classification was extended by [Luna+2013](#) based on [SWIFT](#) observations:

- α soft x-ray sources
 - Thermonuclear burning in a WD
- β Intermediate X-ray sources
 - Shocks from colliding winds
- γ Relatively hard x-ray sources
 - Optically thick Comptonized plasma
- δ Highly absorbed, hard X-ray sources
 - Boundary layer between WD and the disc
- β/δ Combination of both types
 - Combination of both physical processes

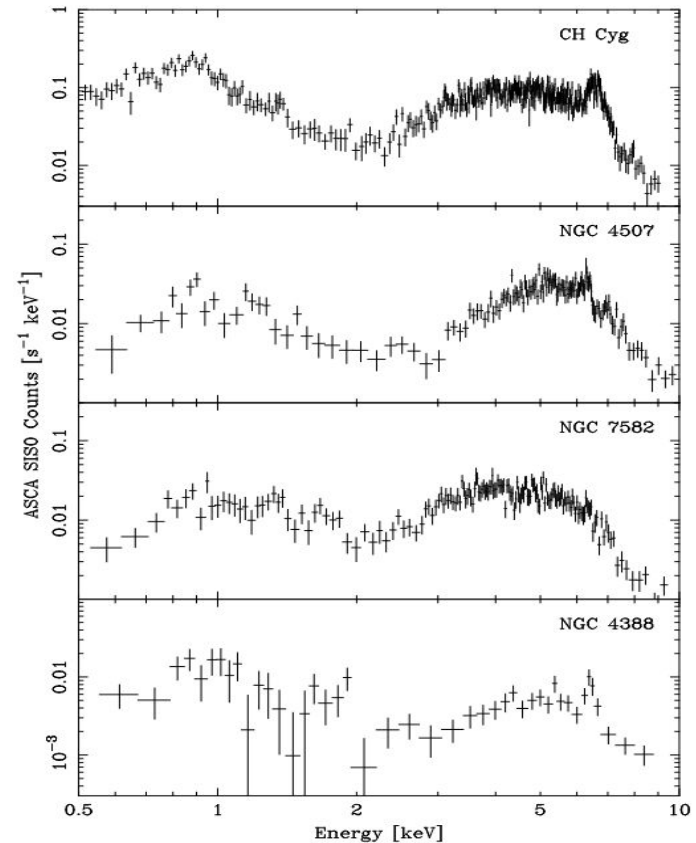


Examples of the two new classes of X-ray spectra ([Luna+2013](#))

X-ray spectral classification

Wheatley & Kallman 2006 noted similarities with the X-ray spectra of AGNs

A reflection component should be important!



Comparison between the X-ray spectra of CH Cyg and three AGNs (Wheatley & Kallman 2006)

X-ray emitting symbiotic stars

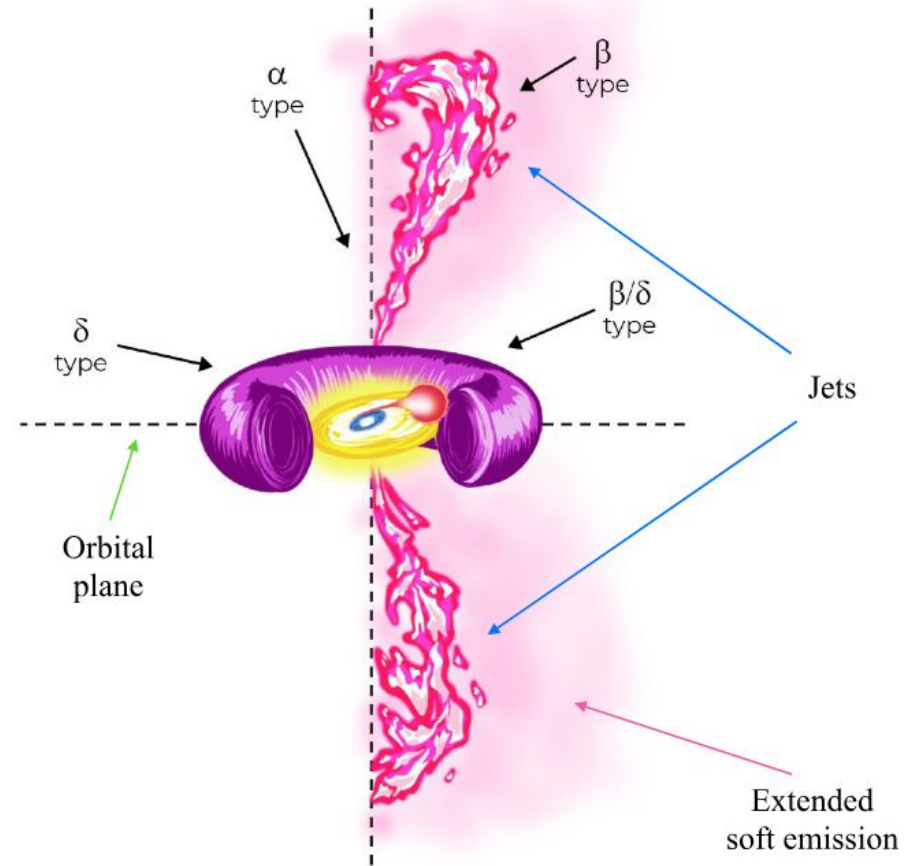
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[Toalá+2024,2025](#) presented an AGN-based model to explain the different classes of X-ray spectra:

- Plasma temperature
- Density structure of the disc
- Inclination angle



Schematic view of the different classes of X-ray spectra in symbiotic stars ([Toalá+2024](#))

X-ray emitting symbiotic stars

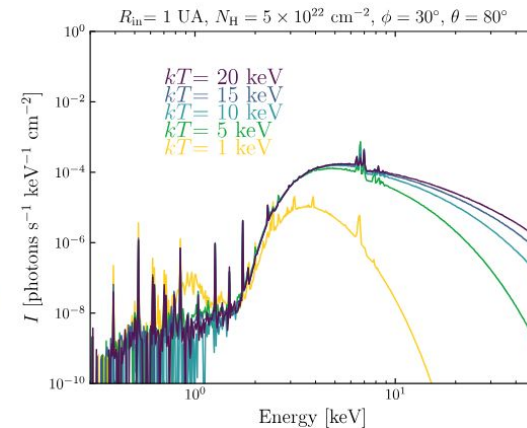
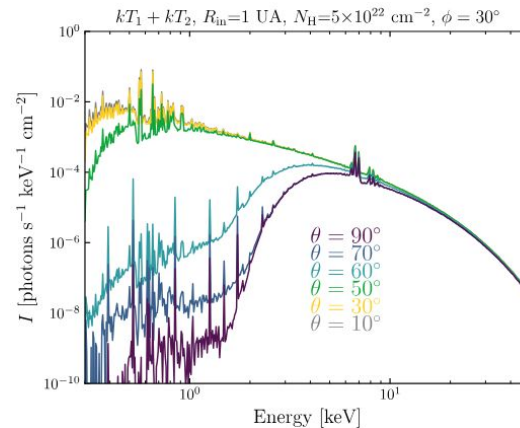
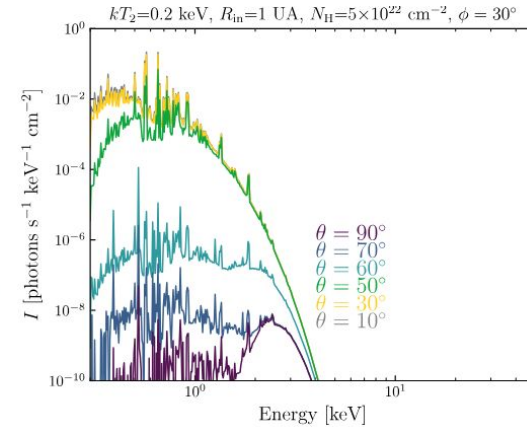
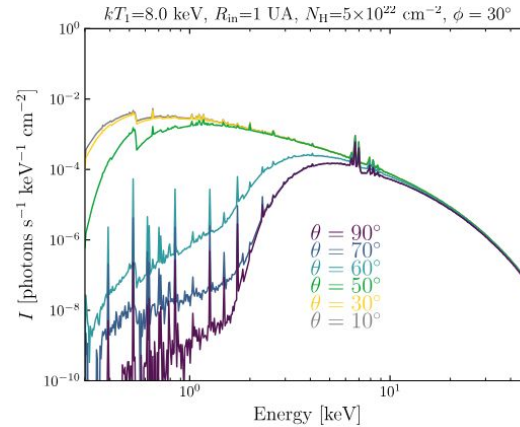
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Modelled X-ray spectra for four different classes of symbiotic stars (Toalá+2025)

X-ray emitting symbiotic stars

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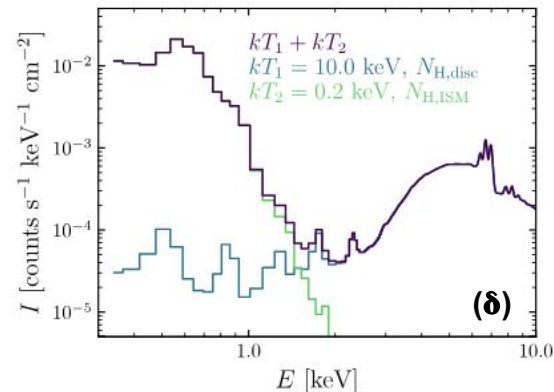
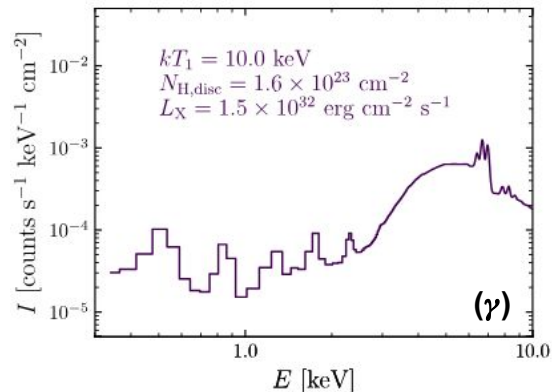
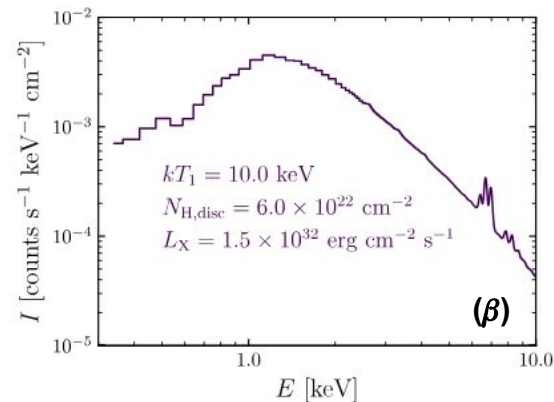
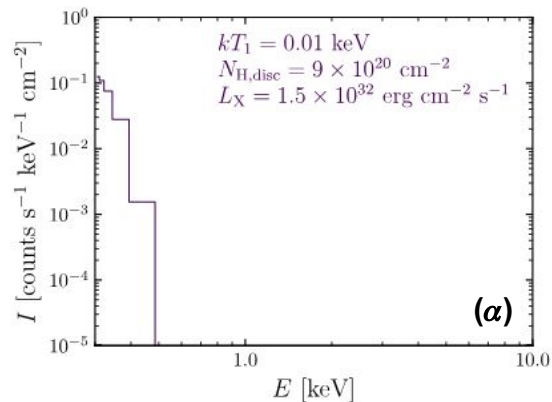
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Reproduce the observed X-ray spectra!



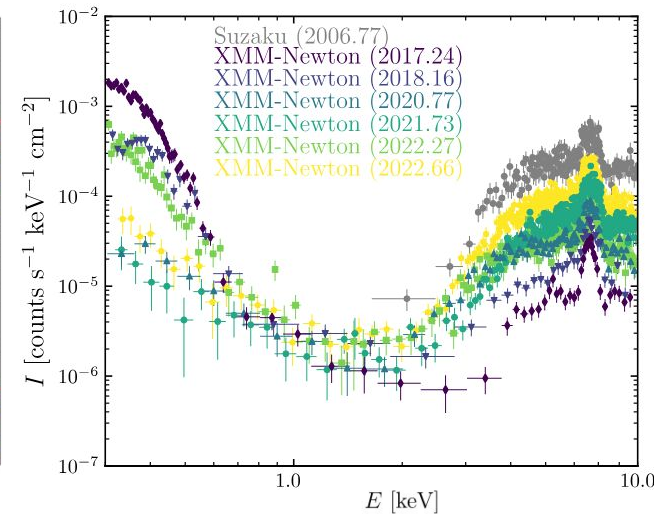
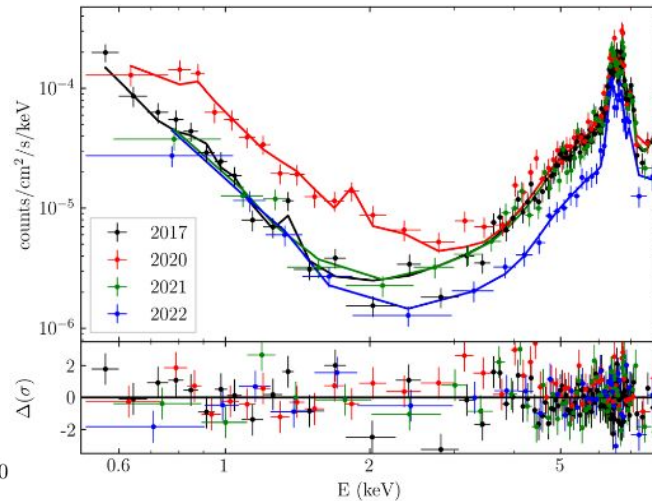
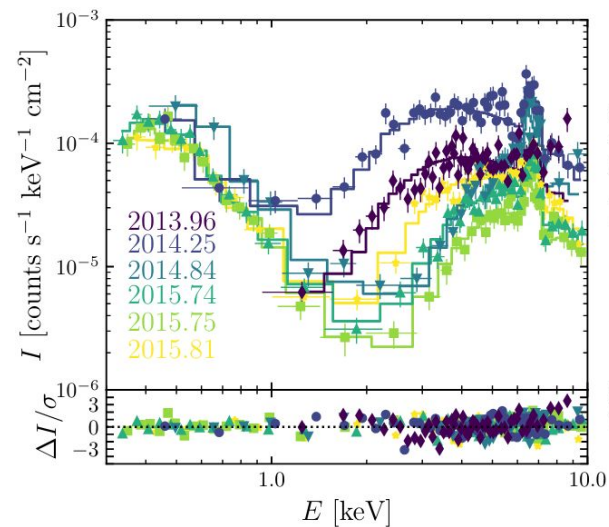
Modelled X-ray spectra for four different classes of symbiotic stars (Toalá+2025)

X-ray emitting symbiotic stars

X-ray spectral variability

Variability has been reported in the X-ray emission of some symbiotic stars (both L_x and spectral shape)

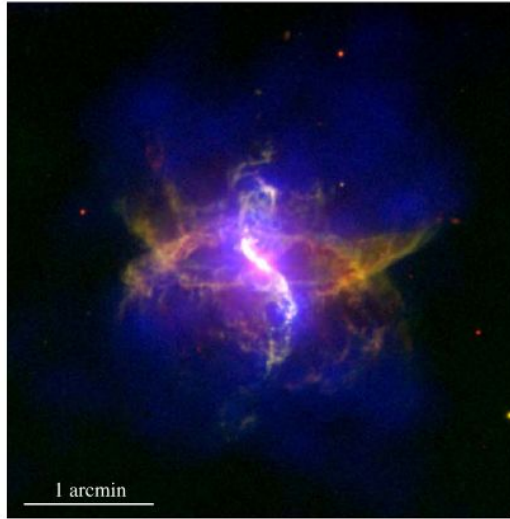
Intrinsic variability of the different physical parameters



Left: XMM-Newton/EPIC-PN spectra of Y gem (Guerrero+2025). Centre: Chandra/ACIS spectra of R Aquarii (Sacchi+2024). Right: XMM-Newton/EPIC-PN and Suzaku/XIS spectra of T CrB (Toalá+2024b)

Delving into the jet formation of R Aquarii

Synergy between sub-mm/X-ray observations

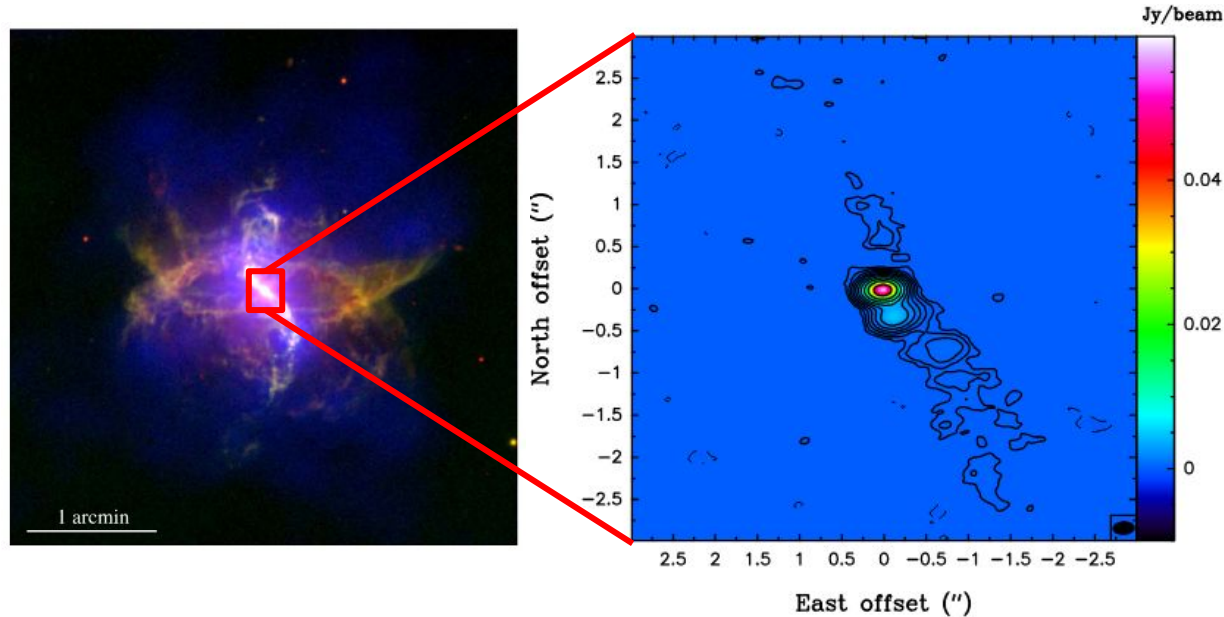


Multi-wavelength results and synergies

Delving into the jet formation of R Aquarii

Synergy between sub-mm/X-ray observations

ALMA can trace the sub-mm continuum emission of the jet down to au-scales

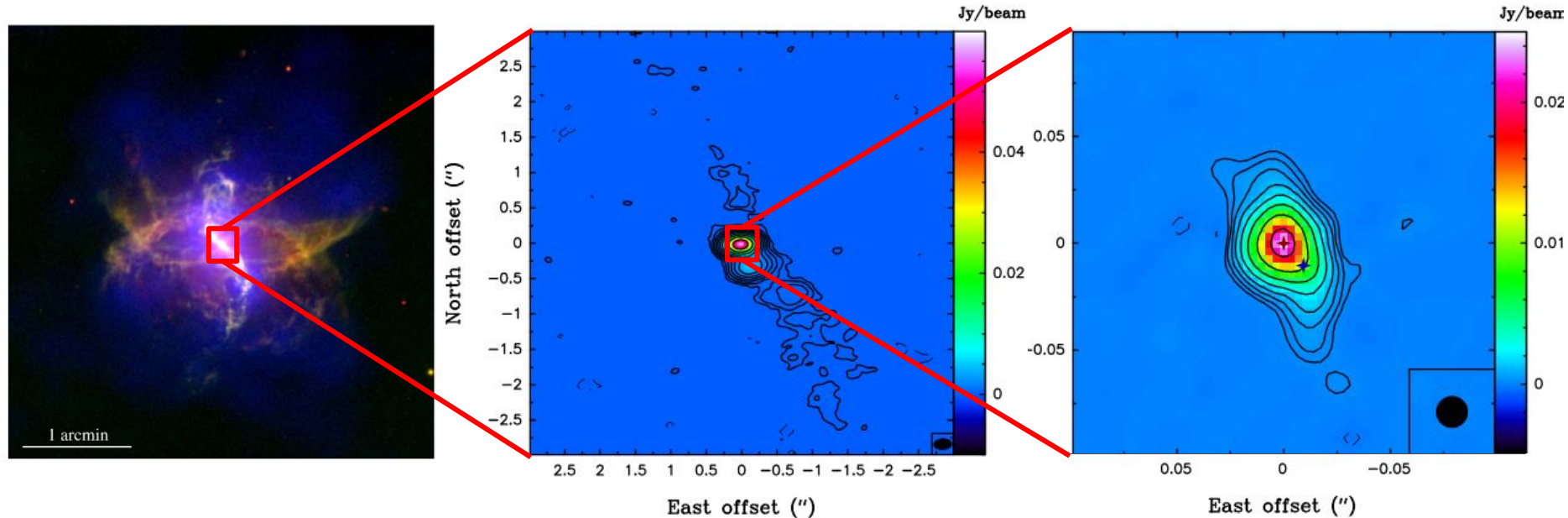


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Left: *XMM-Newton*+*HST* color composite (blue for X-ray, green for H α +N II, and red for O II) of R Aquarii (Toalá+2022). Centre-Right: ALMA 1.3 mm continuum images of R Aquarii at different angular scales (Gómez-Garrido+2024)

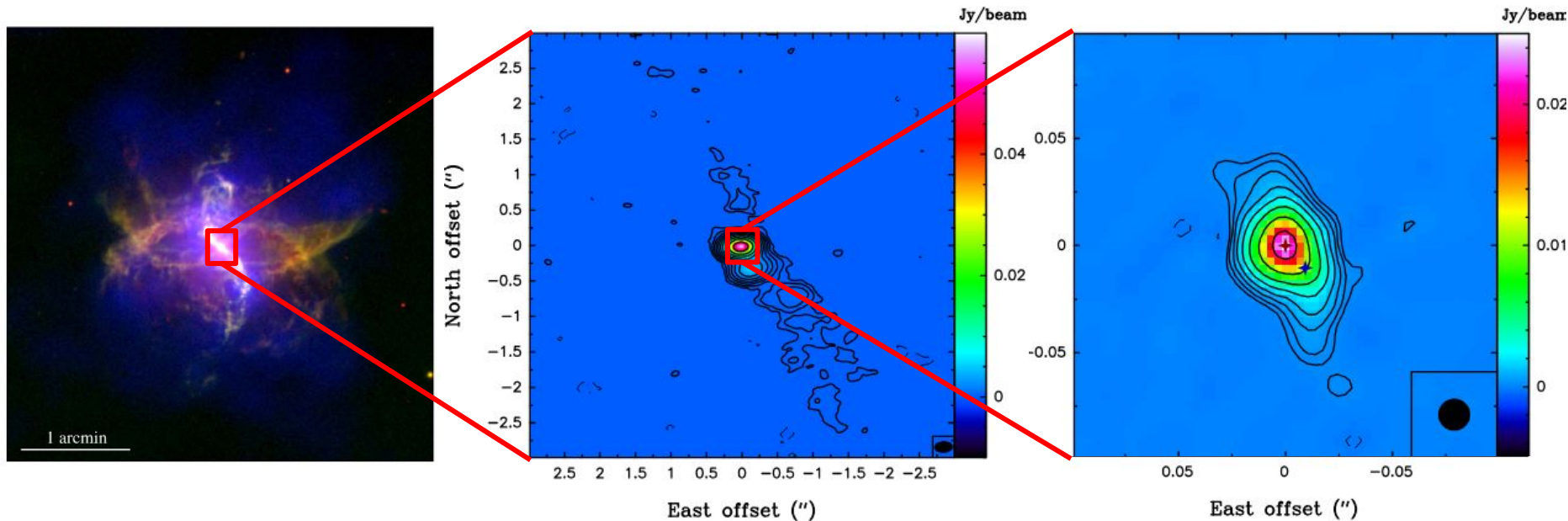
Multi-wavelength results and synergies

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Synergy between sub-mm/X-ray observations

Joint observations to monitor the physical properties of the jet at different spatial scales

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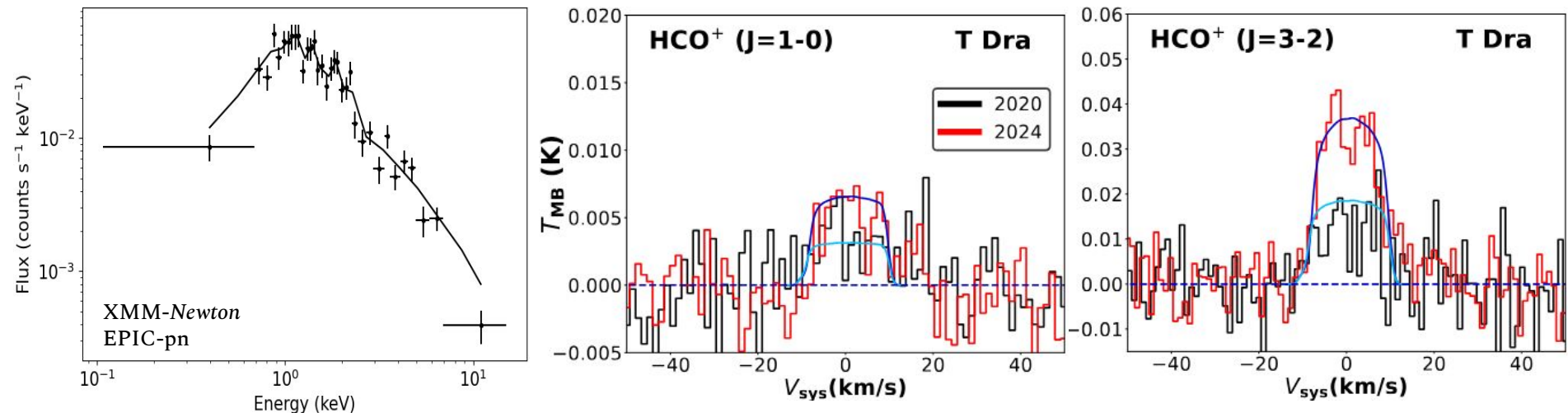


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Multi-wavelength results and synergies

X-ray impact on the circumstellar molecular chemistry of T Draconis

Synergy between sub-mm/UV/X-ray observations



Left: [XMM-Newton/EPIC-pn](#) spectra of T Dra. Centre-Right: HCO⁺ (J=1-0) and HCO⁺ (J=3-2) emission lines ([Alonso-Hernández+2025](#))

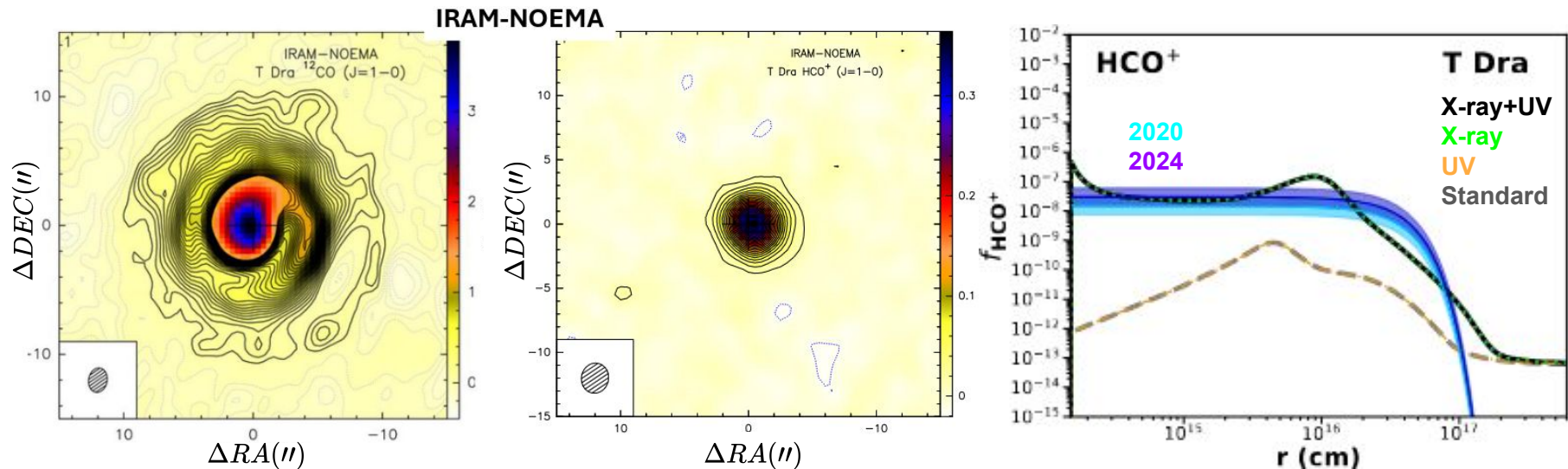
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X-ray impact on the circumstellar molecular chemistry of T Draconis

Synergy between sub-mm/UV/X-ray observations

The analysis includes chemical kinetics modelling (with UV and X-ray spectra)

The internal X-ray emission changes the molecular composition of the circumstellar environment!



Left: NOEMA CO(1-0) emission map. Centre: NOEMA HCO⁺(1-0) emission map. Right: HCO⁺ radial abundance (Alonso-Hernández+2025, in prep.)

Multi-wavelength results and synergies

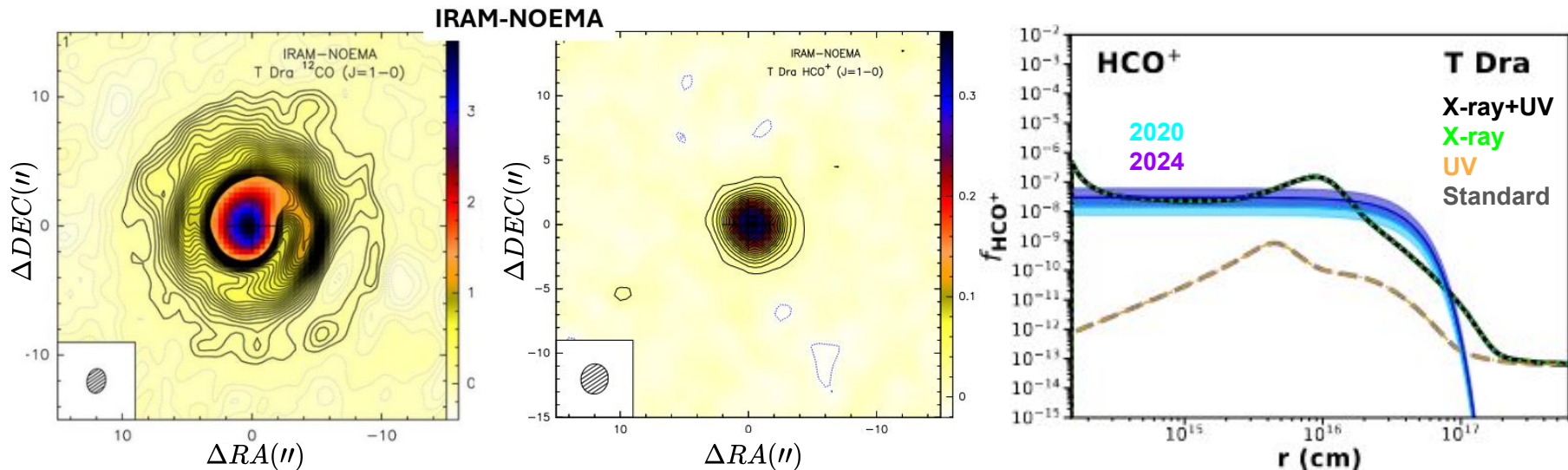
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The analysis includes chemical kinetics modelling (with UV and X-ray spectra)

The internal X-ray emission changes the molecular composition of the circumstellar environment!



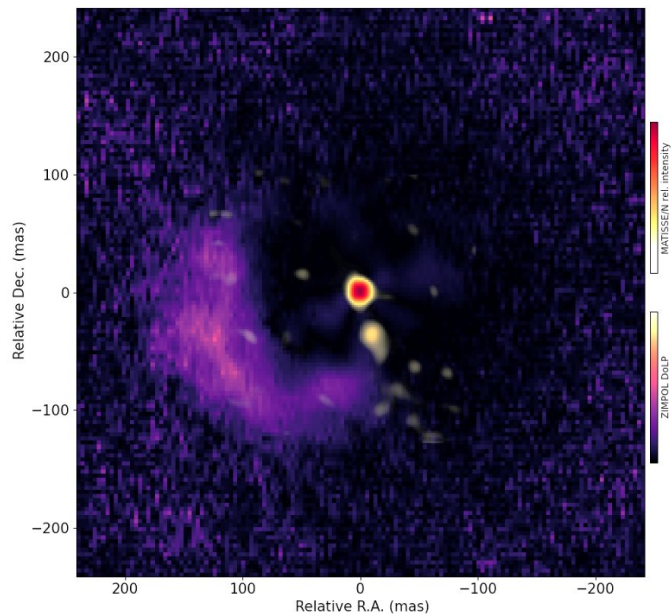
Left: NOEMA CO(1-0) emission map. Centre: NOEMA HCO+(1-0) emission map. Right: HCO+ radial abundance (Alonso-Hernández+2025, in prep.)

Multi-wavelength results and synergies

A portrait of mass transfer by VLT/MATISSE

Synergy between infrared/X-ray observations

VLT/MATISSE can map the gas and dust distributions around the stars and look into the mass transfer process in real time!



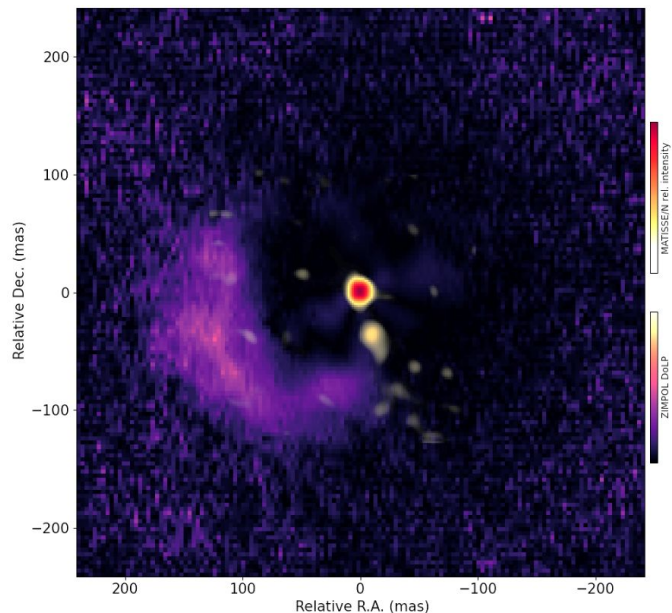
π^1 Gru system combining **VLT/MATISSE** at 11 μm and **VLT/SPHERE** at 645 nm ([Drevon+2026](#))

Multi-wavelength results and synergies

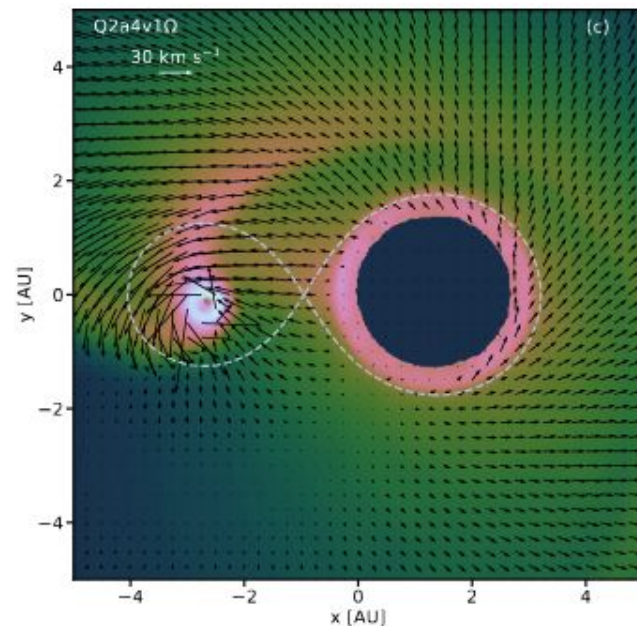
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Gas density in a wind-RLOF model of a binary AGB star ([Saladino+2019](#))

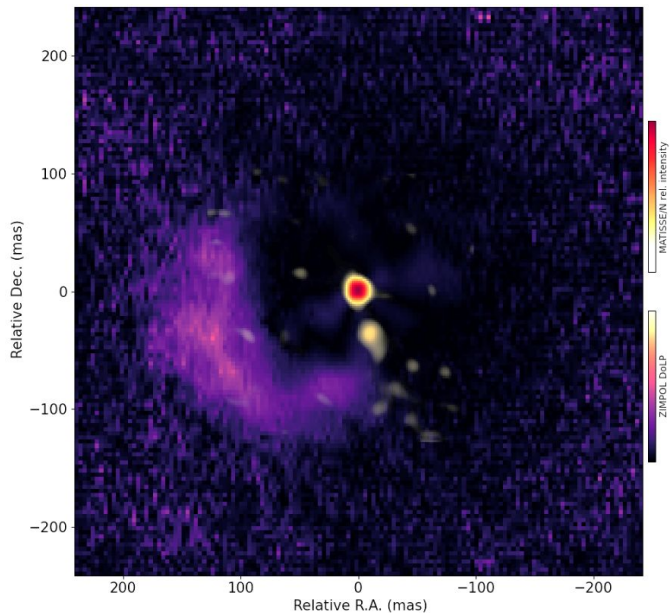
Multi-wavelength results and synergies

A portrait of mass transfer by VLT/MATISSE

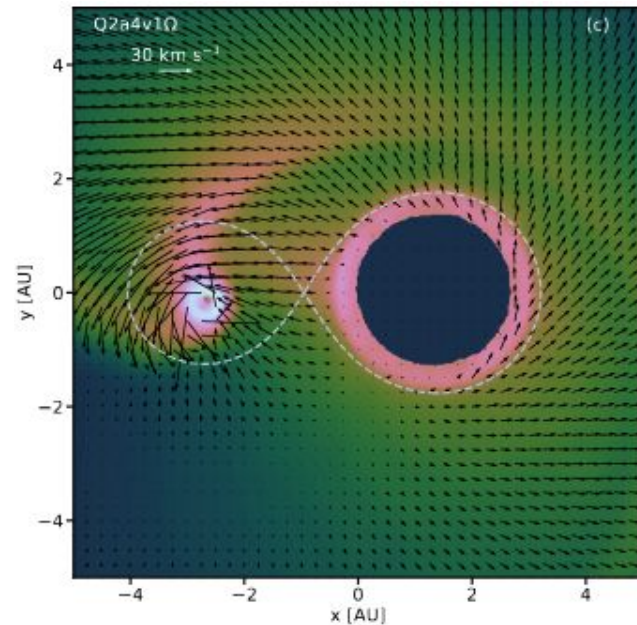
Synergy between infrared/X-ray observations

Joint observations to study the relationship between X-ray emission and mass transfer

VLT/MATISSE can map the gas and dust distributions around the stars and look into the mass transfer process in real time!



π^1 Gru system combining VLT/MATISSE at 11 μm and VLT/SPHERE at 645 nm (Drevon+2026)



Gas density in a wind-RLOF model of a binary AGB star (Saladino+2019)

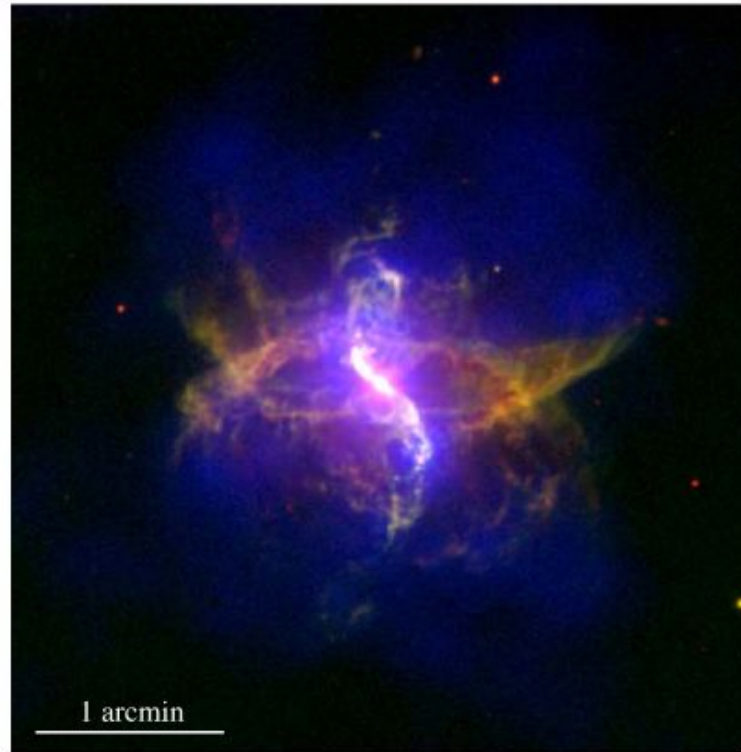
Probing the origin of the nebular X-ray emission

It is not clear whether the origin of the nebular emission is continuum or emission lines

NewAthena/X-IFU will provide:

- Sensitivity to detect the faint nebular emission
- Angular resolution to map it properly
- Spectral resolution to identify continuum and lines

NewAthena/X-IFU will probe its origin!



XMM-Newton+HST color composite (blue for X-ray, green for $H\alpha$ +N II, and red for OII) of R Aquarii (Toalá+2022)

High-resolution X-ray spectroscopy to test current models

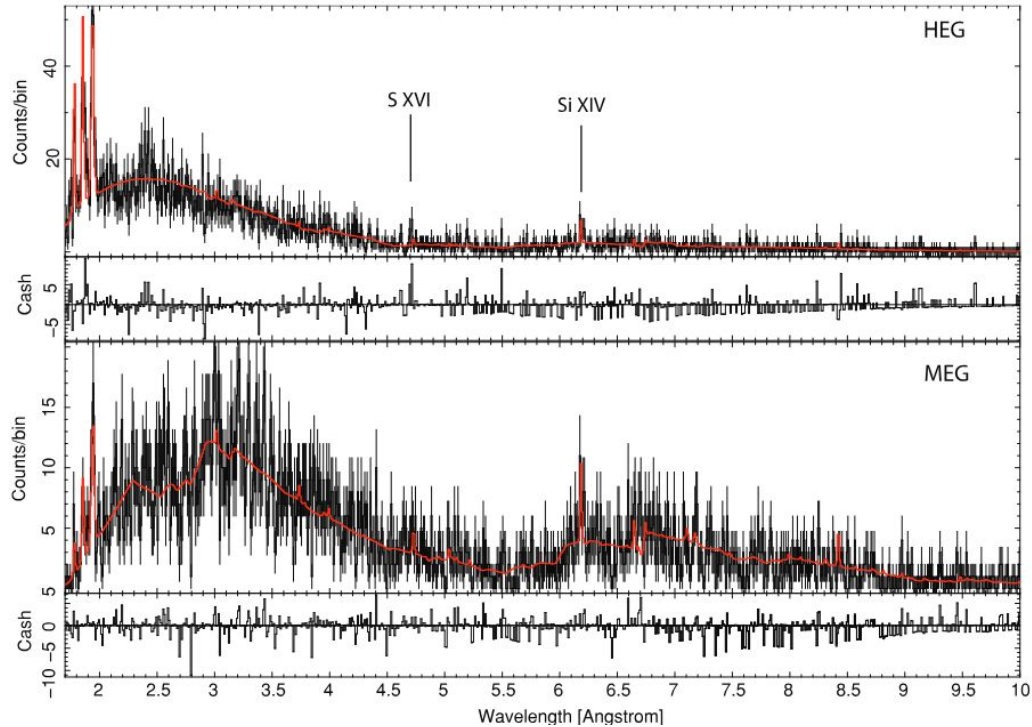
Symbiotic stars are typically weak X-ray emitters, only a few have high-resolution X-ray spectra.

However, the detection of more fluorescent lines is required to test current disc models in symbiotic stars

NewAthena/X-IFU will provide:

- Spectral resolution to identify the different lines
- Sensitivity to achieve good signal-to-noise ratio

NewAthena/X-IFU will test current models



Chandra/HETG spectra of SS73 17 indicating some detected lines (Eze+2010)

Take away messages

- **Symbiotic stars are ideal laboratories to study mass-transfer and jet formation (also nebular formation)**
- **The main properties of their X-ray spectra can be explained with an internal source and a reflection component**
- **Joint multi-wavelength observations will be key to achieve a comprehensive view of these systems**
- **NewAthena can confront the most important problems related with their X-ray emission**